



Students, teachers, friends, family, administrators, and advocates gathered April 27 at George Fischer Middle School in Carmel for the "Best Buddies Friendship Walk: Hudson Valley." It was a day to celebrate friendship, employment, leadership development, inclusive living, and family support for people with intellectual and developmental disabilities.

# **Carmel Embraces Diversity With Best Buddies Friendship Walk**



The day was filled with activities, games, arts and crafts, a DJ-led dance party, and more. Additional photos are on page 8. Photos by GFMS Reading Teacher Denise Santalis/dsantalisphotography.

# More Talk, Still No Action on County & Towns Revenue Share

### By Holly Crocco

The debate surrounding revenue sharing between Putnam and its towns/villages continues in the County Legislature, with some lawmakers backing a plan that differs from one the county executive and various supervisors and mayors proposed last month.

In the beginning of April, the Putnam Legislature voted to reduce the county's sales tax rate by a quarter of a percent – or \$5.3 million – since the county has collected more in sales tax revenue than it has budgeted over the past several years.

However, County Executive Kevin Byrne vetoed the matter, later joining with every town supervisor and village mayor in the county to propose an alternative plan that maintains the current sales tax rate and shares one-ninth of 1 percent with the local municipalities based on population. Under the agreement, the shared funds must be used for public projects such as infrastructure and capital needs, and not for payroll or general operating expenses.

If sales tax revenue remains consistent with last year, the total shared amount would be approximately \$2.44 million.

The many legislators don't like that plan.

During the April 28 Audit Committee meeting, Legislator Amy Sayegh, R-Mahopac Falls, introduced a resolution that instead calls for the county to share \$3 million of its fund balance surplus with the towns, based on population per the 2020 census. Distribution would be at the discretion of the Legislature once an intermunicipal agreement has been enacted between the county and the municipality, and – just like Byrne's proposal – would need to fund infrastructure and/or capital improvements, or essential services, and not payroll.

"We all know how up and down sales tax is – it's difficult for anyone to budget based on sales tax," said Sayegh. "I've said all along that I am not in favor of sharing county funds based on sales tax. I think those are two separate items. I think that if we want to share with our towns... It's prudent to base that on a fixed amount so they know exactly what they're going to get."

Legislator Toni Addonizio, R-Kent, not only supported the resolution, but suggested amending it to allocate \$5 million in shared fund balance over two years, saying the towns will then have a clearer number of what they will be getting, as opposed to whatever one-ninth of 1 percent ends up being that quarter.

She said Putnam Valley, for example, would receive \$293,300 a year if it receives a portion of the sales tax under the county executive's proposal, or \$600,000 if the county shares \$5 million in fund balance.

"Given the long-term benefits to our community, I strongly recommend this proposal be approved and it be this year, for 2025," she said. "I don't see why it has to be tied to anything but our fund balance, which we have \$19 million right now."

Legislator Greg Ellner, R-Carmel, agreed with Addonizio's amendment.

"It's a finite amount," he said Continued on Page 11

# Northwell-Nuvance Health Merger Now Complete

Northwell Health and Nuvance Health have officially joined together to form a new integrated regional health system to serve communities across greater New York and Connecticut, serving a population of more than 13 million.

Northwell Health is the state's largest healthcare provider and private employer, and with a combined \$22.6 billion operating budget, the integrated system now encompasses more than 104,000 employees, a network of 22,000 nurses and 13,500 providers at 28 hospitals, more than 1,050 ambulatory care, and 73 urgent care locations.

"This partnership opens a new and exciting chapter for Northwell Health and Nuvance Health to take patient care and services to an even higher level," said Michael Dowling, president and CEO of Northwell Health. "We already had similar missions in providing high-quality care for patients in the communities we serve, and we look forward to building on the world-class care that Nuvance Health's staff members and providers deliver every day."

The New York State Department of Health and Connecticut Office of Health Strategy, along with the attorneys general of each state, approved plans for the integrated health system, which received final clearance after the board of trustees from both organizations voted to move forward.

As part of the agreement, Northwell will invest at least \$1 billion in Nuvance hospitals - including Putnam Hospital in Carmel.

"At Nuvance Health, we have always been deeply committed to delivering high-quality, compassionate care to our communities," said Dr. John Murphy, president and CEO of Nuvance Health. "Joining forces with Northwell Health strengthens our ability to meet the evolving needs of patients and ensures we can provide exceptional care for generations to come."

With increased capacity to invest in medical advancements and innovation, administrators say the integrated system will better serve patients in their respective markets and communities. Patients will have enhanced access to coordinated care in their *Continued on Page 10* 



Northwell Health President and CEO Michael Dowling and Nuvance Health President and CEO Dr. John Murphy celebrate the new integrated regional health system.

### PUTNAM COUNTY PRESS/TIMES

# **Letters to the Editor**

### In Memory of Pope Francis

Dear Editor:

PAGE 2

Our Pope Francis was a man of faith, loved by all around.

He might have been of the Catholic faith but he had respect for all, as did our Lord.

No one could ever take his place. With Jesus, our savior, he tried to do things with kindness, love, and compassion, as did our Lord above.

Jesus tried to heal Pope Francis here on this earth, but now he is with Him in peace. Even though there is much grief in our hearts because he is gone away, we realize that our Dear Lord above will keep him forever with his love.

Elizabeth Joshi Mahopac

### We Need a New Representative

Dear Editor:

NY-17 Representative MAGA Mike Lawler introduced HR 1128, "Endowment Accountability Act," Feb. 2, to increase the rate of tax on college and university funds from 1.4 to 10 percent.

A recent article noted that Johns Hopkins University will be

using some of its endowment fund to fund medical research that has lost federal funding from grants to fund this research.

Why does MAGA Mike now want to go after our higher education institutions? He won't support raising taxes on the richest people in the country or greedy corporations. He supports convicted felon Trump's tax reductions, which added \$8 trillion to our national debt during Trump's first term.

Mike does nothing to benefit NY-17. Why doesn't he try to stop Trump's deregulation of our fresh water? Does he want to see the Hudson River become a cesspool again? Or how about the gutting of the Centers for Disease Control and Food & Drug Administration?

Mike holds town halls where all the questions are curated and he won't let constituents speak. Time to move on and get a representative in 2026 that actually cares about NY-17. Donna Relyea

Brewster

### Commends Sales Tax Sharing Plan

Dear Editor:

It is so gratifying to witness County Executive Kevin Byrne



is available at the following locations EVERY WEEK, and prints the OFFICIAL NOTICES for PUTNAM COUNTY, the towns of CARMEL, PATTERSON, SOUTHEAST, KENT AND BREWSTER VILLAGE

**BREWSTER** Brewster Library Southeast Town Hall **MAHOPAC** Red Mills Market Carmel Town Hall and all the town and village boards work together for the benefit of all our Putnam County taxpayers. For the first time, every village mayor and town supervisor in Putnam County are unified behind a bipartisan plan to extend the current sales tax rate and share a modest portion to support much-needed local public projects for roads, bridges, sidewalks, and other public projects.

It is my understanding that the plan resulted from a historic compromise between state, county, town, and village governments to rely less on property taxes, providing tax relief where it matters most.

As the former Carmel town supervisor and deputy county executive for Putnam County, I fully support this plan. I urge the County Legislature to get behind this plan that would clear the way for people who live here to receive a new major cut to their property taxes at the county level and supports public projects at the town and village levels.

As a taxpayer in my community, I share my neighbors' desires for tax relief and better infrastructure. Even if this compromise wasn't the county legislators' first choice, it's undeniably better than the present alternative, which would do nothing but cause the county's local sale tax rate to default to 3 percent, losing over \$20 million in sales tax revenue and forcing to shift that burden onto our property taxes.

Now is the time to embrace this compromise plan and move Putnam County forward. I commend all our elected officials for their care and concern, knowing it is not their money, after all, but ours.

> Frank Del Campo Mahopac

## We Will Miss

### Brewster

Rose Marie Maragni, 97, April 27. Beecher Funeral Home, Brewster, NY, (845) 279-3615. Russell John Snyder, 68, April 28. Beecher Funeral Home, Brewster, NY, (845) 279-3615.

### Carmel

Kathleen A. Coulter, 82, May 3. Cargain Funeral Home, Carmel, (845) 225-3672.

### **Cold Spring**

Jean M. Roberts, 97, April 30, Clinton Inc Funeral Homes, Cold Spring, (845) 265-3333.



# To Punish or Not to Punish?

A few Fridays ago Mikey got off the bus in a wonderful mood, as usual, and we started shooting some hoops like we would any other day.

A little while later I noticed I had a missed call and a voicemail from his school. It was the vice principal informing me that Mikey was one of a handful of students involved in a little scuffle at recess. I returned her message with one of my own and went to see if I could get any intel out of the 7-year-old.

Going for nonchalance, I took a turn shooting a basket, then casually mentioned, "Oh, Mikey, I got a call from your school."

"Yes," he said immediately, then changed his tone to, "Oh, yeah?"

"Do you know what it was about?"

"Uh ... yeah."

Silence.

"Care to share," I asked.

Through a painful back and forth during which the child strategically released drips and dribbles of the altercation, he informed me that he and two friends got into a pushing match because, he claims, one boy made fun of him when he blocked a ball from hitting his face and that hurt his feelings.

The pushing went on for a bit until Mikey hit one of the kids in the stomach.

At about that point in the story, my phone rang again and it was the vice principal returning my call. Fortunately, her story matched what Mikey told me.

She was also able to tell me that, after looking at the video camera from the playground, it looked like Mikey didn't start it, "but he did finish it" (her words, not mine) when he hit a kid in the stomach and a monitor then broke up the kerfuffle.

She was gracious in explaining that it was not only Mikey but a handful of boys being pushy, which is not uncommon for their age, and that no one walked away with any injury. However, she wanted to inform me that Mikey was the only one who had to go to her office because, even though they were all in the wrong to put their hands on each other, Mikey's offense was worse because he actually struck out instead of just pushing back. I stopped her right there and told her she doesn't have to defend that decision. First, Mikey's consequence stands regardless of whether others get one as well. Second, he got caught, and that's a cost of acting out. Third, life's not fair. The administrator added that Mikey was "very upset," so she just wanted to give me a heads up in case I wondered why Mikey was upset when he got home.

hidden the entire event from me had she not called.

However, I asked what she meant when she said Mikey was "upset" – was he mad, sad, embarrassed, ashamed? – to which she said he seemed to think it was unjust that only he had to go to the principal's office when the others didn't, especially since he didn't start the brouhaha.

He's not wrong.

After hearing all the administrator had to say, I first asked if the child Mikey hit was OK, to which she said he was absolutely fine. Mikey was forced to apologize, then was allowed to go back to class, and in no time all three of the boys involved in the scuffle were friends again and all was right in the world.

Boys!

Now, I have always had a problem with the forced apology because I feel like it's very much similar to forcing the kid to try the vegetable on his plate before he can leave the table – you may win the battle, but you by no means with the war. He fulfilled his requirement to get on with life, but he didn't truly gain empathy and put himself in the shoes of the person who was hit, and regret his actions.

But, I also get it ... the teachers are trying enforce a standard.

I talked with Mikey about what had happened with the goal of making sure he understood why he was the one punished why others weren't, really driving home that the best way to not get caught putting your hands on someone when you shouldn't, is by not doing it in the first place.

When my husband came home I relayed the story to him, and I could tell as I was doing so – just by his facial expression and his shrug – that he felt Mikey had done nothing wrong. "They poked the bear," he said of the kids who started pushing and shoving.

Ultimately, Mikey did not receive a punishment or consequence on our end. Is that fair, or "proper parenting?" I'm not

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### CARMEL

Shoprite Supermarket County Office Building TOPS Supermarket Sheriffs Office Reed Memorial Library

### KENT

Kent Town Hall Deli Land - 508 Rte. 52 Kent Library Kent Liquors - 1078 Rte. 52 Lake Carmel Pharmacy Stop & Shop Supermarket Mahopac Library Olympic Diner

### PATTERSON

Patterson Library Putnam Diner Patterson Town Hall Route 311 Deli Putnam Lake Market Putnam Lake Pizza Patterson ACME

### PHILIPSTOWN

Nelsonville Town Hall Desmond Fish Library Butterfield Library Foodtown Supermarket

### **PUTNAM VALLEY**

Putnam Valley Town Hall Putnam Valley Library Anita's Deli & Grocery Michael Patrick Klubnick, 76, May 1, Clinton Inc Funeral Homes, Cold Spring, (845) 265-3333.

**Benjamin J. Sarconi Sr**, 84, May 5, Clinton Inc Funeral Homes, Cold Spring, (845) 265-3333.



With a chuckle, I informed her that my little master manipulator would have successfully sure.

I asked my husband not to encourage the behavior any further by going into a whole "if it's self-defense it's acceptable" shpiel. Let's save that for when Mikey is a bit older, and not just striking out because he can't control his emotions.

But otherwise, we let it go. He was punished by the school, we talked about it, and we got over it.

Speaking with some family and other parents, we've gotten mixed opinions regarding how they would have handled the situation and it leaves me wondering if we will ever be confident in our parenting decisions.

Holly Crocco is editor of the Putnam County Press/Times and mother of a 7-year-old boy. She can be reached at editorial@ putnampresstimes.com.

### WEDNESDAY, MAY 14, 2025

### PUTNAM COUNTY PRESS/TIMES



Carmel Cinema has announced that its last day will be May 29.



Protestors gather outside a recent town hall hosted by Rep. Mike Lawler in Somers. Photo provided by Empire State Voices.

# Carmel Cinema Set to Close

Hundreds of community members have signed a Change. org petition urging Regency Centers to renew the lease for Carmel Cinema – the last remaining movie theater in Putnam County.

The petition, started by concerned residents, comes after confirmation that the theater is set to close, reportedly due to the landlord's decision not to renew its lease.

"The theater is a lifeline for everyone in Carmel, giving us something to do on rainy days and hot summer evenings," states the petition. "It's a popular hub every weekend and Tuesday for our children and our senior citizens. It provides school trips and children's birthday parties."

Last week on Facebook, Carmel Cinema – located in the Shop-Rite plaza on Route 52 – confirmed the dreaded rumor, announcing that its last day will be Thursday, May 29.

Comments flooded the announcement, including: "You provided a warm location for family and friends to meet and have fun and make memories in our community," and "this is so disappointing to hear, it was such a nice simple local theater for the kids to go to."

For decades, Carmel Cinema has been a vital gathering space for locals, hosting everything from school field trips to \$5 senior nights. Residents fear its closure will not only erase a beloved cultural space, but also harm the surrounding plaza businesses that rely on its foot traffic.

Petition signers are calling on Regency Centers to preserve one of the town's last sources of accessible entertainment.

To sign the petition, visit www.change.org/CarmelCinema.

# Frustrations Boil Over at Lawler Town Hall

Congressman Mike Lawler, R-Rockland, once again faced an angry crowd at a packed town hall event in Somers last week, as even more frustrated constituents took to the streets outside the venue to make their voices heard.

Led by Empire State Voices, Indivisible Westchester, Northern Westchester Indivisible, Indivisible Yorktown, and Communications Workers-America District 1, protesters waved signs and banners expressing their concerns over their representative's "continued complicity with the Trump agenda."

"Rep. Lawler should keep his hands off our benefits," said Flo Bradley, a retired public school teacher from Somers. "It's something we've paid into. He speaks well but votes with the wealthy."

Inside the venue, frustrations boiled over as Lawler defended his votes, and some constituents were removed from the venue. "Mike Lawler showed that his claims of being someone who is open and available to constituents on both sides are a lie," said Jennifer Cabrera, chairwoman of the Westchester-Putnam Working Families Party, who was also removed by law enforcement for filming the event. "His undemocratic rules for attending town halls are simply a way to silence those constituents with whom he disagrees."

Last month, Lawler voted to advance the Republican budget plan, which authorized a more than \$5.3 trillion extension of tax cuts primarily benefiting the wealthy while slashing \$1.5 trillion in funding for critical federal programs and services.

According to Empire State Voice, while Lawler maintains that he will not support any cuts that would undermine programs like Medicare or Medicaid, the nonpartisan Congressional Budget Office has found that the goals of the GOP plan will be impossible to achieve without severe cuts.

"Rep. Mike Lawler has voted twice to cut \$880 billion out of the Energy & Commerce Committee's programs - the vast majority of which will have to come from Medicaid," said Joe Mayhew, secretarytreasurer for CWA 1103. "Today, hospitals receive less than a 70 percent reimbursement for Medicaid patients. Such severe cuts will surely lower that reimbursement rate even further, leading hospitals to cut staff and services and increase costs charged to private insurance. Rural hospitals that serve large populations of Medicaid recipients could even be forced to shut down entirely. Cuts to Medicaid are everyone's problem."

Empire State Voices is a multi-year campaign "fighting for economic policies that make life more affordable for constituents and holding members of Congress across the state accountable when they fail to do the same." To learn more, email press@empirestatevoices.org.

# Grants Available for Elder Care Services

The Field Hall Foundation in Cortlandt Manor is now accepting letters of inquiry for its fall 2025 grant cycle.

The deadline to submit an inquiry is Thursday, June 5, and applicants will be notified of funding decisions by the end of September.

The foundation funds programs and projects that improve the lives of vulnerable older adults and their caregivers. Priority will be given to initiatives that address seniors' most pressing needs including food insecurity, homebased care, and aging-in-place services including programs that reduce social isolation, respite and support services for unpaid caregivers, safety/security and prevention of elder abuse, social work and case management including emergency relief assistance, and transportation for older adults, caregivers, and home health aides.

Grants typically range from \$5,000 to \$50,000 or more, with funding also available for small capital projects up to \$15,000.

For eligibility guidelines, examples of past grants, and downloadable forms and instructions (for both small and full grant requests), visit www.fieldhallfoundation.org.

Due to the volume of organizations the foundation supports,



previous grantees are generally not considered for another grant until approximately two years after receiving one.

For more information, contact Patti Lavan Horvath, program officer, at 914-813-9103 or phorvath@fieldhallfdn.org.



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### WEDNESDAY, MAY 14, 2025

# **Grand Larceny Charges**

A Peekskill man was arrested last month by Putnam County sheriff's deputies after allegedly burglarizing a Cold Spring building.

According to Sheriff Kevin McConville, investigators were dispatched April 1 to assist Cold Spring Police Department with a burglary investigation, when it was reported that sometime during the overnight hours someone had forced entry into a Main Street building and taken items including jewelry, and spray-painted graffiti on the interior and exterior walls and a couple of street signs.

Through review of video surveillance and working with other law enforcement jurisdictions, investigators were able to develop a suspect.

On April 28, Jason Blume, 46, was arrested and charged with both third-degree burglary and grand larceny, class D felonies; and making graffiti, a misdemeanor. He was arraigned in Nelsonville Village Court before the Hon. Dennis Zenz and released pending a future court date in the Village of Cold Spring.

at about 12:45 a.m. May 4 to a business/residence on Route 9 in Philipstown for a possible burglary in progress. Owners said they were awakened by someone banging on their door and when they went to check, saw a subject run away from the area. The front glass door to the business was smashed and the door to a car on the property was open.

Additional officers arrived and began checking the area. A thermal imaging instrument was utilized to check the surrounding wooded area, and detected the heat image of a subject crouched down in the bushes.

Luis Sanchez, 53, of Fishkill, was arrested and charged with both third-degree attempted burglary and attempted grand larceny, class D felonies; as well as third-degree criminal mischief, a class E felony. Sanchez was arraigned in Philipstown Town Court and released pending a future court date.

A former Mahopac resident was recently arrested after allegedly issuing a bad check and

Deputies were dispatched not repaying a loan to an area business.

> According to McConville, in January, a victim contacted investigators to report that he made numerous attempts to collect more than \$8,600 for services rendered and an additional \$5,000 for a personal loan he had made to the suspect.

In March, when the debt had still not been repaid, investigators obtained an arrest warrant for the suspect who was believed to be living in New Jersey and Florida. On April 23, investigators were notified that Michael Salzman, 49, of Montvale, N.J., was arrested in Bergen County, N.J., on the sheriff's office warrant.

Salzman was brought back to Putnam County where he was charged with third-degree grand larceny, a class D felony; and issuing a bad check, a class B misdemeanor. He was arraigned before the Hon. Anthony Mole in Putnam County Court and released with the stipulation that he check in weekly with Putnam County Probation.



- Minutes of the Monthly Legislative meetings
- Foreclosure Notices, property sales, dates & times
- County hearings for new laws, dates & times

## **Nutrition Corner By Allison J. Stowell**

MS, RD, CDN



# **Nutrition for Women**

The dietary recommendations we make for women are meant to reduce risk of heart disease, support strong bones, encourage muscle mass, and improve overall health. These dietary approaches are impactful because of the micronutrients they provide. Let's focus on these micronutrients (vitamins and minerals) that benefit women's health, especially at specific life stages or when certain (common) medications are being used.

Magnesium: Magnesium is essential for women's health. Magnesium supplementation is recommended to manage both premenstrual and menopausal symptoms. Due to its helpful role in glucose metabolism, magnesium is also recommended for women living with PCOS. Lastly, magnesium also plays a role in maintaining bone density, making it important for preventing bone loss (especially among postmenopausal women). It's important to note that medications (like those used to manage acid reflux or GERD) can negatively impact magnesium absorption and status.

B Vitamins: Diet, medications, and health conditions impact vitamin B status. For example, medications that influence estrogen levels can interfere with vitamin B metabolism, which increases daily needs. You'll primarily find vitamin B in dairy foods, making it a concern for vegan individuals. Pay particular attention to vitamin B12 status and add a supplement if needed. During pregnancy it's essential that vitamin B (folate) remains adequate to reduce the risk of neural tube defects. Folate also reduces the risk of heart disease. Find this essential B vitamin in green leafy vegetables, asparagus, avocados, and Brussels sprouts. Some foods (like cereals and breads) are fortified with folic acid, a synthetic form of folate, to help us maintain adequate intake. You can also utilize a folic acid supplement. If you're planning to become pregnant or are pregnant, folic acid supplementation is strongly encouraged. deficiency, making it the most cashews and serve immediately.

prevalent deficiency among females (especially for menstruating and pregnant women). While supplementation may still be necessary, Guiding Stars earning iron-rich foods are recommended. Go for very lean red meat, shellfish, beans, lentils, dark leafy greens, dried fruit, nuts, seeds, and fortified grains (note: plant-based iron sources are not absorbed as easily).

Allison J Stowell MS RD CDN serves as the online dietitian for Hannaford Supermarket. To learn about FREE, virtual nutrition classes and more, visit Hannaford.com/dietitians. For more on the Guiding Stars nutrition guidance program, visit GuidingStars.com.

### Thai Mango and **Cucumber Salad** (2 Guiding Stars) Hannaford.com

Fish sauce adds depth to this tangy lime dressing, balancing the sweetness of mango and the crunch of cashews. For the best flavor, use ripe mangoes and toss the salad just before serving to keep it fresh and vibrant. (Tip: If you need to substitute fish sauce, try soy sauce, tamari, seaweed, vegan fish sauce, or coconut aminos.)

Ingredients:

- 3 ripe mangoes
- 2 Tbsp. rice vinegar
- 3 Tbsp. lime juice
- 1 tsp. fish sauce
- 1 tsp. sugar

1/2 small red onion, thinly sliced

1 English cucumber, halved and thinly sliced

1/4 cup mint leaves, coarsely chopped

- 1/2 cup cilantro leaves
- 1/2 cup chopped cashews

### Directions:

Peel and cut mangoes into chunks, aiming for around 4 cups. To a large serving bowl, add vinegar, lime juice, fish sauce and sugar, stirring to combine and dissolve sugar.

To bowl, add mangoes, red onion, cucumber, mint and ci-Iron: About 1 in 10 women lantro. Toss to combine. Season aged 12-49 years have an iron with salt and pepper. Top with

- New laws enacted by the County Legislature
- Bonds sold by the county
- Tax Notices of Pending Foreclosures
- Landsale of foreclosed properties
- Bids for purchases by the county
- Notices of formation of Limited Liability Companies
- Name Changes

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## **Strawberry Oatmeal Smoothie**

(Family Features) **Strawberry Oatmeal Smoothie** 

> **Ingredients:** 1/2 cup rolled oats 1 banana 14 frozen strawberries 1 cup soy milk 1 1/2 teaspoons sugar 1/2 teaspoon vanilla extract

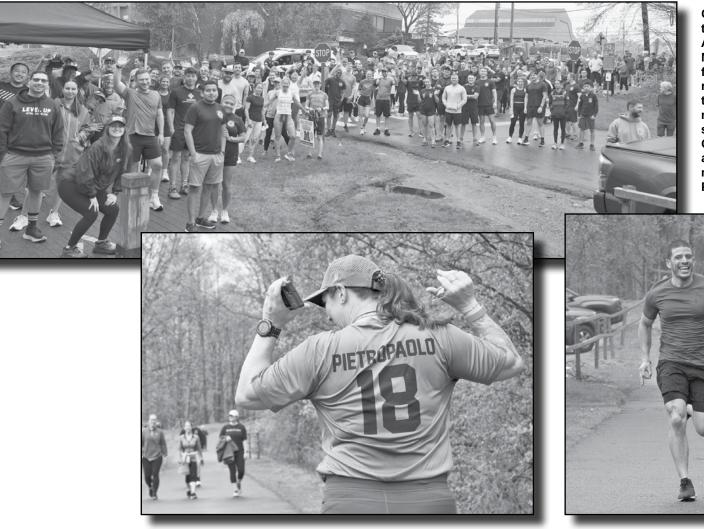
### **Directions:**

In blender, grind oats. Add banana, strawberries, soy milk, sugar and vanilla extract then blend until smooth. Pour into glass or to-go container and serve.

Source: Family Features



# **Carmel P.D. Honors Fallen Officer at Memorial 5K**



Carmel Police Department and the Carmel Police Benevolent Association held its Gary Pietropaolo Memorial 5K recently, when family, friends, colleagues, fellow first responders, elected officials, and the community showed up to raise more than \$26,000 to support scholarships for students from Carmel and Mahopac schools who are college bound, in honor and memory of the fallen police officer. Photos by John Kenny.

# **Putnam Valley Ambulance Corps Open House**

The Putnam Valley Volunteer Ambulance Corps will hold an open house Saturday, May 17 from noon to 4 p.m., at 218 Oscawana Lake Road.

This free event offers an opportunity for residents of all ages to tour the facility, meet local first responders, and learn more about emergency medical services in Putnam Valley. A highlight of the event will be a medical helicopter landing on the front lawn of the building, offering a rare chance for attendees to see the aircraft up close and speak with the flight crew. The landing is subject to weather conditions and operational availability.

Additional activities will include demonstrations of medical and rescue equipment, a New York State Police rollover simulator, distribution of Child Safe ID kits, car seat safety checks, Narcan training and distribution, and educational resources and information from community partners.

"Our open house is a great way for the public to see what we do, ask questions, and explore opportunities to get involved," said Cole Caulfield, second lieutenant of PVVAC. "Whether you're interested in volunteering, want to learn how to respond in an emergency, or simply want a fun and educational afternoon with your family, we welcome everyone to attend."

The event will also feature participation from several community organizations, including the Putnam County Sheriff's Office, LifeNet of New York, NYSP, Guardian Revival, the Prevention Council of Putnam, CoveCare Center, and Putnam Valley Fire Department. For more information, email

2ndlt@pvvac.org or visit PV-VAC.org.



# **'Putnam On Demand' Debuts**

Putnam County and TransitTech provider Via on May 12 launched Putnam On-Demand, bringing flexible, app-based public transit to the Patterson, Southeast, and Carmel areas.

Putnam On-Demand is expected to increase the convenience, coverage, and accessibility of local public transit. Residents can book on-demand rides for \$2.50 or less and receive doorto-door service (versus using traditional schedules or bus stops). Upon booking a ride, Via's technology matches riders headed in the same direction into nimble minivans, creating efficient shared trips. Multiple vehicles in the new micro transit fleet will also be wheelchair accessible. The program can be used to reach destinations like Metro-North stations, local bus stops, jobs, healthcare, shopping, restaurants, and more. It is designed to complement and expand the county's existing public transit network. "Access to public transportation traditionally has been a challenge in a county like ours that is dominated by suburban communities, narrow and winding local roads, and a lack of major

metro areas," said Putnam County Executive Kevin Byrne. "This is a creative, accessible solution for residents that we couldn't be more excited to launch."

The arrival of Putnam On-Demand comes at the same time that the PART Route 3 and PART paratransit service are being discontinued due to low ridership and inefficiency. The county is working closely with riders to ensure a smooth transition to the new transit option. Google Play) or by calling 845-475-0557. Rides are available Monday to Friday from 8 a.m. to 6 p.m., and Saturday from 9 a.m. to 3 p.m.

"Via is proud to partner with Putnam County to bring a new era of public transit to this community," said Mike Vaccarino, senior vice president of partnerships at Via. "Putnam County's decision to adopt microtransit underscores its commitment to opening new pathways and creating a more connected future for its residents." For more information, visit http://city.ridewithvia.com/putnam-county



Anyone within the designated service zone can book a ride through the Putnam On-Demand app (available in the App Store or

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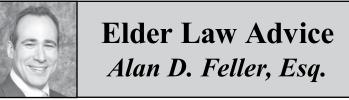
Call/Text: 917-699-2496 email: smileLP@aol.com Rescue workers carry an injured hiker off the Breakneck Ridge trail in Hudson Highlands State Park on May 3. Photo provided by NYSDEC.

An unconscious hiker was rescued from Hudson Highlands State Park in Cold Spring on May 3, after he was struck by a falling tree.

At about 2:30 p.m., the man's hiking partner called 911 from about a mile and a half up the Breakneck Ridge trail to report the injury.

New York State Department of Environmental Conservation forest rangers, along with staff from NYS Office of Parks, Recreation & Historic Preservation and local paramedics and volunteer firefighters were called to the scene and began providing care.

The 28-year-old from Manhattan had regained consciousness, but was suffering from a skull fracture and broken leg. He was secured in a wheeled litter for transport to an ambulance by about 4:10 p.m., and resources were clear by 6 p.m.



# **Medicaid Warnings**

Nursing home owners have had enough – and you should take notice.

For decades, elder care attorneys and nursing home business offices maintained an uneasy peace. Both groups attempted to achieve a balance, acknowledging the reality that a family was trying not to lose hundreds of thousands of dollars while competently securing a Medicaid solution for costs of care.

Today, that peace is starting to fray. With costs soaring, nursing home operators are wary of Medicaid planning that originated out of their control. Delays in pick-up dates, penalties, denials, and miscommunications have caused nursing homes to take a financial hit.

Nursing homes are increasingly demanding control over the entire process before a resident can transition smoothly into their new living arrangement. While that is a logical reaction, the increased pressure on families simultaneously dealing with an ill loved one and the complex legal landscape for long-term care is a recipe for disaster.

Experienced professionals on both sides of the process have a shared language and shorthand that can dispense with most issues quickly and efficiently. Each side having their own representation ensures consideration is given to all agendas. Removing these buffers, limiting proper advocacy, and forcing families to deal directly with the nursing home will create more difficulties.

What should be the primary focus – a loved one's care during a period of decline – is often overshadowed by the overwhelming financial obligations associated with nursing home care. A hospital patient's discharge to a rehabilitation facility begins a health insurance odyssey that can test even the most hardy souls.

Medicare will cover the first 20 days at 100 percent. For the next 80 days, Medicare covers 80 percent. The remaining 20 percent is either covered by a supplemental insurance such as AARP or Blue Cross/Blue Shield, or Medicaid or private pay. If a patient shows measurable progress, they can reach their full 100 days under this Medicare system. If a patient does not show progress, Medicare coverage could end early, leaving both the family and the facility scrambling.

Medicare appeals may extend the care a few more days, but the next decision is the big one: is your loved one able to come home?

If home care is not an option, then a ticking clock becomes the soundtrack of the Medicaid nursing home process. A Medicaid application will cover costs up to three months prior to the filing date, if the applicant was otherwise financially eligible. If financial eligibility has not been attained during this health crisis, then the services of an elder law attorney may be necessary.

Without proper guidance, moving money and spending down





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Contact Us at sales@putnampresstimes.com To Learn How You Can Advertise Your Business Online assets could cause unexpected tax and estate issues, as well as Medicaid issues. For the nursing home, each day that eligibility is delayed, the resident is potentially accruing a private pay bill that can reach five figures very quickly.

Seasoned elder care practitioners understand the frustrations that are leading to the changes in Medicaid coordination. These same practitioners also know that cooperation breeds better results than divisiveness. When a loved one suffers a health setback, it is time to seek professional elder care support. Families employing proper representation and planning can more easily traverse the changing Medicaid approach being pursued by nursing homes.

Alan D. Feller, Esq., is managing partner of The Feller Group, located at 572 Route 6, Suite 103, Mahopac. He can be reached at alandfeller@thefellergroup.com.

# **Putnam County Community Events**

### **Carmel Cruisers**

The Carmel Cruisers are returning to Wendys in the Putnam Plaza, 1894 Route 6, Carmel, for their fourth season of free car shows for the community. The will be at Wendys every other Saturday from 3 to 8 p.m., through Sept. 20, and every Sunday morning from 9 a.m. to noon from May 11 to Oct. 12.

### **Call for Art**

Artists age 18 and older are invited to submit a proposal for a potential solo show at Mahopac Public Library. The Art Gallery Committee will meet in late spring to select and plan shows for later in 2025 and early 2026. Print and complete the "Procedures and Application Form" found at mahopaclibrary. org/art-galleries. Apply by May 31.

### **Farmers' Market**

The Town of Carmel Recreation & Parks Department will host a farmers' market every other Sunday from 9 a.m. to 2 p.m. through Oct. 19 at the Michael Geary Memorial Hockey Rink at 740 Route 6, Mahopac. Live music, food, vendors. Updates available on social media @CFMatlakemahopac.

### **Volunteers** Needed

Putnam Community Action Partnership needs volunteers to help with the food pantry program Fridays. Tasks include sorting donations and packing food bags. Must be able to bend and lift at least 25 pounds. Call 845-278-8021 or visit putnamcap.org.

## Tuesday, May 13

### **Roaming Reeders**

Reed Memorial Library in Carmel will present Roaming Reeders on May 13 at 10:30 a.m. Experience the joy of staying active outdoors while connecting with others in a friendly walking group that accommodates all fitness levels. Meet at the library and enjoy a casual walk through Carmel. Registration is required at carmellibrary. org/calendar.

### 'Willitt C. Jewell's Putnam County'

Reed Memorial Library in Carmel and the Putnam County Historical Society will present "Willitt C. Jewell's Putnam County" on Tuesday, May 13 at noon. This lecture explores some of the county's rich history from 1886 through the second World War. Registration is required at carmellibrary.org/ calendar.

### Trailblazing with Byrne

sentation. "Think out of the Box" will be given by a club favorite, Cathy Reich, interior plant and seasonal container designer. Members and their guests are welcome to bring a lunch. For information, visit https://brewstercarmelgarden-club.org.

### **Spring Slime**

Kids age 4 to 7 can decorate their own colorful slime inspired by blooming flowers, bright colors, and all things spring, Tuesday, May 13 at 4:30 p.m. at Brewster Public Library. Registration required at brewsterlibrary.org.

### **DIY Seed Bombs**

Kids age 8 to 12 can get their hands a little dirty and help bring more green into the world Tuesday, May 13 at 5:45 p.m. at Brewster Public Library. In this hands-on activity, create seed bombs using soil, clay, and flower seeds. They are perfect for tossing into gardens or planters.

### Wednesday, May 14

### **Carmel Town Board**

The Carmel Town Board will meet at 7 p.m. the following Wednesdays at Town Hall: May 14 and 21; June 4, 11 and 18; July 2 and 9; Aug. 6 and 13; Sept. 3, 10 and 17; Oct. 1, 8 and 15; Nov. 5, 12 and 19; and Dec. 3 and 10.

### Spelling Bee

CoveCare Center's annual Team Spelling Bee will return Wednesday, May 14 at 5:30 p.m. at Centennial Golf Club in Carmel. \$55 per person includes dinner and dessert; cash bar. Trophies for winning teams, as well as most enthusiastic. Teams are 10 players and eliminated after three misspelled words. Mulligans available. Register at https://covecarecenter.org.

### **Marine Corps League**

The Marine Corps League Putnam County Detachment meets the second Wednesday each month. For membership, email MCLPutnam-Countyny242@gmail.com.

### Thursday, May 15

### **Blood Drive**

Putnam Valley Fire Department will host a blood drive Thursday, May 15 from 9 a.m. to 7:45 p.m. in its social hall, 12 Canopus Hollow Road. Free box of Girl Scout cookies for all donors.

### Southeast Town Board

The Southeast Town Board will meet at 7 p.m. the following Thursdays at Town Hall: May 15, June 5 and 26, July 10 and 24, Aug. 7 and 21, Sept. 11 and 25, Oct. 9 and 23, Nov. 6 and 20, and Dec. 4 and 18.

### **Retired Teachers Meet**

All retired principals, teachers, aides, coaches, secretarial staff, and substitutes are invited to a luncheon May 15 at 11:30 a.m. at Four Brothers restaurant in Mahopac, in support of Putnam County Retired Teachers Association Scholarship Fund given annually to deserving students graduating from BOCES. Included is a short presentation on the Revolutionary War by Gary Petegine, retired Carmel teacher and encampment enthusiast, as well as a silent auction and raffle. Call or text Nancy at 845-661-3750 for reservations.

## Friday, May 16

### 'Hurricane Diane'

The Town of Southeast Cultural Arts Coalition will present "Hurricane Diane" by Madeleine George on May 16 and 17 at 8 p.m., at the Old Town Hall Theater, 67 Main St., Brewster. Watch what happens when the Greed god Dionysus returns to save the earth, starting with a cul-de-sac in New Jersey. Tickets are \$25 at www.ticketleap.events.

### Women's Resource Center Gala

The Putnam/Northern Westchester Women's Resource Center will hold its 2025 gala "Together as One: A Community of Care & Compassion," on May 16 from 6 to 9 p.m. at The Barn at Tilly's Table, 110 Route 312, Brewster. \$150 per person. To register, visit www.pnwwrc.org or call 845-628-9284, ext. 218.

### Saturday, May 17

### **Open House**

The Putnam Valley Volunteer Ambulance Corps will hold an open house Saturday, May 17 from noon to 4 p.m., at 218 Oscawana Lake Road. Tour the facility, meet local first responders, demonstrations of medical and rescue equipment, a New York State Police rollover simulator, distribution of Child Safe ID kits, car seat safety checks, Narcan training and distribution, and more. A highlight of the event will be a medical helicopter landing on the front lawn of the building.

### **Inclusive Spring Fling**

The Town of Carmel Recreation & Parks Department will host an inclusive Spring Fling social for ages 13 to 25 on Saturday, May 17 from7 to 10 p.m. at Sycamore Park, main building, in Mahopac. Daning, pizza. \$35 for residents, \$70 for non-residents. Contact the parks office. May 18 at 4 p.m., at 45 Market St., Cold Spring. The program will feature Liszt's "Spanish Rhapsody," selections from "Goyescas" by Enrique Granados, and Debussy's "Claire de lune." Free.

### **BBQ Dinner**

Patterson Community Church will host a grab'n'go chicken BBQ fundraiser Sunday, May 18 from noon to 3 p.m., at 1062 Route 311. \$15 per person. Call 845-878-3961 or visit pattersoncommunitychurch.org.

### **Playground Opening**

The Town of Carmel Recreation & Parks Department will hold a grand opening of the Airport Park playground in Mahopac, on Sunday, May 18 at 2 p.m. Ribbon-cutting, food trucks, face painting and more.

### Law Enforcement, First

**Responder Appreciation** Join Mount Carmel Bible Church (MCB Church), 76 Gleneida Ave., Carmel, on May 18 for its annual Law Enforcement & First Responders Appreciation Sunday and honor those who are on the front lines every day. The church service will begin at 10:30 a.m. Pastor Andrew Columbia will pray a blessing over our heroes and their families and share a message of encouragement and hope. A luncheon for them will follow, along with a motorcycle ride for those who have bikes.

### **Poets'** Corner

Tompkin Corners Cultural Center will present an open mic event Sunday, May 18 at 3 p.m., ,at 729 Peekskill Hollow Road, Putnam Valley. Featuring Suzanne Cleary. Tickets are \$10 at the door.

### Monday, May 19

### **Memorial Day Storytime**

Kids age 4 to 8 can join Brewster Public Library for a special storytime to read books that celebrate remembrance, community, and gratitude Monday, May 19 at 4:30 p.m. Following the stories, kids will make a themed craft. Registration required at brewsterlibrary. org.

### Bingo Night

Adults age 18 and older may join Brewster Public Library for fun and social evening of Bingo on Monday, May 19 at 5:30 p.m. Prizes will be given to the winners. Registration is required at Brewsterlibrary.org.

### **Astronomy Presentation**

and 21, Nov. 18 and 25, and Dec. 2 and 16.

### **Library Meetings**

The **Kent Public Library** Board of Trustees will meet at 7 p.m. in the library on the following Tuesdays: May 20, June 17, July 15, Aug. 19, Sept. 16, Oct. 21, Nov. 18 and Dec. 16.

The **Patterson Library** Board of Trustees will meet Tuesdays, May 20, at 6:30 p.m. at the library.

### **Stone Chamber Folklore**

"Folklore: A Spirited Discussion on the Stone Chambers of Putnam County" will be presented Tuesday, May 20 at 1 p.m. at Reed Memorial Library in Carmel. This interactive discussion led by Renee Fleury will shed light on the history and mystery of the enigmatic structures of the county. Registration required at carmellibrary.org/ calendar.

### **DIY Stickers**

Youth age 8 to 12 can boost their creativity and confidence at Brewster Public Library on Tuesday, May 20 at 5:45 p.m. Design your own colorful affirmation stickers with positive words and fun designs to decorate your notebooks, water bottles, or give them out to friends and family. Registration required at brewsterlibrary.org.

# Wednesday, May 21

### **College Planning**

Students in grades 10 and 11 and their parents are invited to join Brewster Public Library on Wednesday, May 21 at 5:30 p.m., via Zoom, to learn about the college application process. Join Mollie Reznick from The College Connection for a workshop on essential steps to start your higher education journey. Register at brewsterlibrary.org.

### **Strange Occurrences**

If you are fascinated by the supernatural, join Patterson Library for captivating and mysterious tales exploring the history and science behind strange phenomena, brought to you by the Pine Bush UFO and Paranormal Museum, on Wednesday, May 21 at 6:30 p.m. Adults 18 and older. To register, call 845-878-6121 or go to www. pattersonlibrary.org.

## Thursday, May 22

### Mahopac Library Meetings

The Mahopac Public Library Board of Trustees will meet at 6:30 p.m. May 22. The annual meeting is June 2 (7 p.m.), with the reorganizational meeting July 10.

Putnam County Executive Kevin Byrne will host constituent forums on: Tuesday, May 13 from 9:30 to 11 a.m., along the Empire State Trail in Carmel, meeting at Mount Hope Road and Route 6, across from the library; Wednesday, May 14 from 9:30 to 11 a.m., along the Empire State Trail in Patterson, meeting at Liberty Paintball; Monday, May 19 from 1 to 2:30 p.m., at the Tonetta Lake Empire State Trailhead, 192-198 Pumphouse Road; and Thursday, May 21 from 9:30 to 11 a.m., at Foundry Dock Park, at the Cold Spring train station.

### **Garden Club**

The Brewster Carmel Garden Club will meet Tuesday, May 13 at 10:30 a.m., at the Laura Spain Memorial Cornerstone Park building on the corner of Fair Street and Gleneida Avenue in Carmel, followed by a brief social before the club's pre-

### Teen Spa Night

Teens age 13 to 17 can chill out at a spa night Thursday, May 15 at 5 p.m. at Brewster Public Library. Discover how to create your own facial masks and scrubs using affordable, everyday ingredients found at home. Enjoy soothing music while you de-stress and connect with friends. Registration required at brewsterlibrary.org.

### **Decoupage Mason Jars**

Join Mahopac Public Library on Thursday, May 15 at 5:30 p.m., and turn plain 32-ounce mason jars and colorful paper napkins into decorative vessels for flowers, pantry storage, and more. All supplies are provided. For adults. Register at www.mahopaclibrary.org or call 845-628-2009, ext. 100.

### **FrOGS Paddles**

Friends Of the Great Swamp will host "paddles" on Saturday and Sunday, May 17 and 18, at 8 and 10 a.m., at Green Chimneys on the East Branch Croton River; and Sunday, June 8 at 10 a.m. on the North Flow. Email Ken Luhman at frogspaddle22@gmail.com.

### **Diaper Drive**

Rotary Club of Carmel will be hosting a hygiene products and youth diaper drive Saturday, May 17 from 8 a.m. to noon at Cornerstone Park, 1 Fair St., on behalf of Putnam Community Action Partnership.

## Sunday, May 18

### **Classical Concert**

The Chapel Restoration's Sunday Music Series continues its 25 anniversary season with a performance by pianist Charlotte Hu on Sunday, Join Dr. Michael Zeilnhofer on Monday, May 19 at 6 p.m. at Kent Public Library for an astronomy presentation: "The Galilean Moon Callisto a World of Mystery." This talk will be presented in person and on Zoom. Register at kentpl. librarycalendar.com.

## Tuesday, May 20

### **IDA Meeting**

The Putnam County Industrial Development Agency will meet Tuesday, May 20 at 6 p.m., at 2 Route 164, Patterson. View the meeting at www.facebook.com/ putnamida.com after the meeting has been adjourned.

### Kent Town Board

The Kent Town Board will meet the following Tuesdays at 7 p.m. at Town Hall: May 20, June 3 and 17, July 1 and 15, Aug. 5 and 19 (daytimes), Sept. 2 and 16, Oct. 7

### Send Us Your Community Events

Let everyone in Putnam County know about your upcoming Community Events and Events Online

Send info to Editorial@ putnampresstimes.com. Please allow two weeks notice.

# **Community Shows Up for Best Buddies Friendship Walk**

School in Carmel.

Best Buddies International, a nonprofit dedicated to creating opportunities for friendship, employment, leadership development, inclusive living, and family support for people with intellectual and developmental disabilities, hosted its "Best Buddies Friendship Walk: Hudson Valley," on April 27 at George Fischer Middle



Proceeds from the Friendship Walk support state programs that provide one-to-one friendships, integrated employment, leadership development, inclusive living, and family support.





The day was filled with inclusive activities, inflatable games, arts and crafts, a DJ-led dance party, community resources, food, and more. Photos by GFMS Reading **Teacher Denise Santalis/** dsantalisphotography.

## June 8th: Historic Homes of **Hudson Highlands Tour**

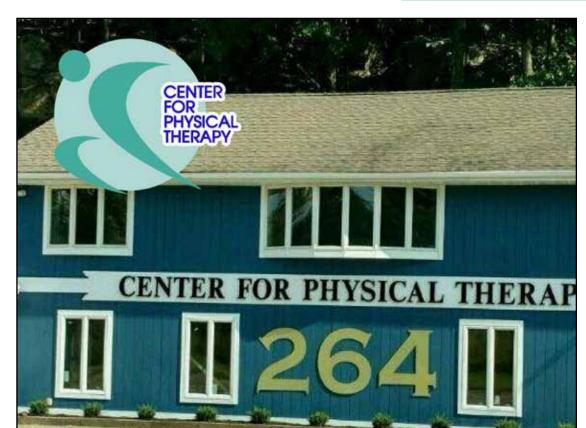
Found within the riverfront community of Philipstown are numerous historic estates, farmsteads, the hamlet of Garrison, and the well-preserved historic waterfront of the Village of Cold Spring.

One time only, space is limited visit www.histoury.org















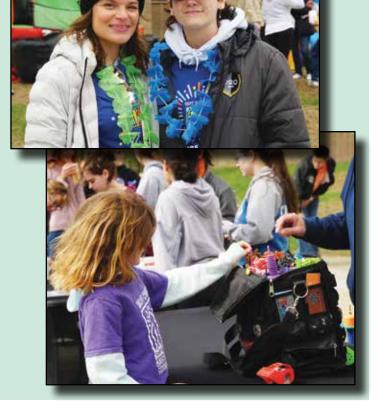


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www.centerforphysicaltherapy.com Raquel DiVincenzo, DPT – Tyler Shaffer, DPT

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# **Career Skills Class Says 'Thanks' With Luncheon**



The Brewster High School Career Skills class hosted a luncheon as a way to thank all those who have supported its food pantry. Students prepared lunch, and even made centerpieces for the tables.

The Brewster High School Career Skills program started Bear Essentials in 2021 as a way to adapt during COVID, and has since evolved into so much more.

"Our students are gaining experience and confidence to do things we once thought were out of reach," explained teacher Donna Schneider.

The community food pantry provides nutritional support while simultaneously offering structured job training and skill development opportunities for students who are introduced to aspects like inventory management, customer service, logistics, food safety, and basic business operations.

To date, the Career Skills classroom has handed out 4,500 "Filling in the Blank" food bags and packed and distributed 450 Bear Essentials bags to Brewster families in need, and raised \$27,000 in donations and food products.

To thank the community partners who make it all possible, the Career Skills crew hosted an appreciation luncheon. Students spent the days before making lasagna, mashed potatoes, lemon chicken, green beans, salad, and ice cream cake. They also made decorations for the tables, as well as ornaments and memory pillows made out of Brewster green and white T-shirts as parting gifts.

We love how hands-on the students are in this program," said Paola Arango from Filling in the Blanks, a non-profit in Norwalk that aims to fight childhood hunger by providing children in need The Extended Family, and United in need. Way

These organizations provide food, funding, places to distribute the food, and resources for those

Of course, the program could not happen without the support of the district. The Career Skills teachers thanked administra-

tors, as well as the facilities and grounds crew, and the custodial staff, who had the vision and means to design, build, and maintain the pantry that makes

the operation possible.

Optum

'This group effort means so much to all of us," said teacher Sarah Barnes. "Thank you. We could not do it without you."



# When Robert needed spine surgery, Dr. Peris had his back

Robert suddenly found himself unable to stand and in unbearable pain. He turned to Dr. Marshal Peris, orthopedic spine surgeon at Optum Medical Care. After a thorough consultation, they quickly decided that surgery was the right option. Just five days later, Robert underwent surgery and was soon able to stand again.

with meals on the weekends.

"Volunteerism in the world is dwindling," added Marisa O'Leary of Putnam Community Action Partnership. "This program teaches students to give back to the community. That's why this program is so special."

Luncheon attendees included Ace Endico, the Brewster Elks Lodge, Brewster Public Library, Brewster Rotary, Filling in the Blanks, First Baptist Church, Patterson Rotary, Putnam CAP,

**Looking For** Something to Do? **Check Out Our Community Events** on Page 7

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Mahopac's Model UN Club recently participated in the Bard College Model UN Conference.

# Mahopac's Model UN Club Shines at Bard College Conference

The Mahopac Model UN Club continues to make its mark in the Hudson Valley, recently participating in the prestigious Bard College Model UN Conference. This year, the club brought a record-breaking 15 students to the event, marking its largest delegation in the club's first three years.

The students worked alongside peers from other regional high schools to tackle complex global issues through historical simulations.

The conference featured a series of simulations, with Mahopac's delegates representing nine different countries in the General Assembly. They engaged in discussions on pressing international topics that were prominent on the UN floor in September 1991.

Their efforts were not only intellectually challenging, but also showcased their dedication to diplomacy, critical thinking, and global awareness.

Among the standout achieve-

ments at the conference was junior Lucy Hernandez, who co-authored a resolution that passed almost unanimously. As a result of her outstanding work, Hernandez was awarded the coveted Best Delegate honor – the highest recognition presented at the event.

This marks Hernandez's second time receiving the Best Delegate award, underscoring her continued excellence in Model UN competitions.

In the Joint Crisis Committees, which simulated the tumultuous power struggles of England in 1066, two Mahopac students were also recognized for their exceptional performance. Junior Eileen Cotroneo received an honorable mention, while junior Megan Moloney was awarded Outstanding Delegate, further demonstrating the talent within the Mahopac Model UN delegation.

Co-advisers Chris Ford and Christine Honohan expressed how

proud they are of their students' accomplishments.

"It was very rewarding being able to watch Mahopac students involved in their committees," said Ford. "We had many first-time delegates, and they all held their own with their more-experienced peers. I'm so very proud of how many participants we had and the awards they brought home for Mahopac. They represented our community well."

In addition to the conference, the Model UN Club volunteered at Lakeview Elementary School's Multicultural Night, where they encouraged younger students to expand their geography skills through interactive online maps and coloring activities featuring flags from around the world.

As the club continues to grow and garner recognition, Ford and Honohan remain excited for the future of Mahopac's Model UN program.



Putnam County Executive Kevin Byrne recently announced the schedule for his annual "Trailblazing with Byrne" constituent forums.

Each event begins with a scheduled time of informal discussion about various topics regarding Putnam County, followed by a brief walk along a nearby trail or walking path where some more informal conversation continues.

"I've done these forums for several years, even prior to being elected county executive, and they are always incredibly valuable for myself, my office, and – I hope – for the residents that attend," said Byrne. "I believe it's important to meet with constituents face-to-face, update them on the work we've done, listen to their concerns, and learn from them about issues that matter most. And of course, I just enjoy highlighting our beautiful outdoor spaces and promoting healthy living with a fun walk outdoors."

The schedule is as follows:

Tuesday, May 13 from 9:30 to 11 a.m., along the Empire State Trail in Carmel, meeting at Mount Hope Road and Route 6, across from Mahopac Public Library.

Wednesday, May 14 from 9:30 to 11 a.m., along the Empire State Trail in Patterson, meeting at Liberty Paintball, near 629 Route 311.

Monday, May 19 from 1 to 2:30 p.m., at the Tonetta Lake Empire State Trailhead, 192-198 Pumphouse Road.

Thursday, May 21 from 9:30 to 11 a.m., at Foundry Dock Park, at the Cold Spring train station.

# **Rotary Club Hygiene** & Diaper Drive

Rotary Clubs across the nation and around the world will join together May 17 for an EPIC Day of Service – a global movement dedicated to making a positive impact through handson service projects.

Rotary Club of Carmel will be hosting a hygiene products and youth diaper drive from 8 a.m. to noon at Cornerstone Park, 1 Fair St., on behalf of Putnam Community Action Partnership.

"This day exemplifies Rotary's commitment to service and community engagement," said Stefanie Hubert, president of Rotary Club of Carmel. "We encourage everyone to be part of a day that demonstrates how working together can transform lives and strengthen our community."

Since its inception, the EPIC Day of Service has grown into an international movement, currently spanning seven countries, and nine U.S. states, in continuing this legacy of impact, addressing issues such as environmental sustainability, food insecurity, education, and community revitalization.

For more information, visit www.carmelrotary.org or email rotary.carmel.ny@gmail.com.

# **Chapel Restoration Concert**

The Chapel Restoration's Sunday Music Series continues its 25 anniversary season with a performance by pianist Charlotte Hu on Sunday, May 18 at 4 p.m., at 45 Market St., Cold Spring. The program will feature Liszt's "Spanish Rhapsody," selections from "Goyescas" by Enrique and critics across the globe for her dazzling virtuosity, captivating musicianship, and magnetic stage presence. An active recording artist, her debut album of works by Chopin on ArchiMusic was named Best Classical Album of the Year by Taiwan's prestigious Golden Melody Award, and her Rachmaninoff album on Centaur/Naxos received a fivestar review by the U.K.'s Pianist magazine, which called it "essential listening for Rachmaninoff admirers."



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Granados, and Debussy's "Claire de lune."

The concert is free, with donations encouraged.

Taiwanese American pianist Hu has been praised by audiences

Northwell-Nuvance Health Merger Now Complete Continued from Page 1

local communities across Connecticut, New York City, Long Island and the Hudson Valley, including a full range of ambulatory, hospital and post-acute services.

As nonprofit organizations, Northwell and Nuvance Health will also continue to provide care to anyone, regardless of their ability to pay.

Building on each organization's research, education, and clinical care infrastructure, the combined entity will accelerate innovation in patient care and advance medical research that can help transform lives, say the CEOs.

There will also be an increased opportunity for Nuvance Health to attract and retain top talent, including medical, surgical, and research specialists as well as nurses, allied health and business professionals.

### PUTNAM COUNTY PRESS/TIMES

#### PAGE 11

# **Putnam Chorale Seeks Singers for Summer Ensemble**

Putnam Chorale is accepting sign-ups for its summer ensemble. Separate from the fall/ spring classical repertoire, the summer ensemble is a smaller group with lighter music and an opportunity to join fellow singers in the camaraderie of making summer music.

This year's conductor will be Wynn Gadkar-Wilcox, a specialist in a cappella and barbershop genres. The theme is "American Greats: Ready for Anniversary 250," focusing on Americana by Irving Berlin and others, as celebrations of the 250 anniversary of the U.S. approach.

Making this summer's experience unique is emphasis on a cappella singing. Gadkar-Wilcox will guide the group in listening and singing exercises to create beautiful melodies using only voice. Some barbershop-inspired arrangements will be included.

The ensemble will sing from sheet music, so no memorization will be required. All material will be for mixed voices.

As the material develops, smaller groups will be formed, such as quartets and octets, to afford interested singers the change to enjoy the fun of small group

singing.

Songs will include "Blue Skies," "Alexander's Ragtime Band," "Always," "God Bless America," "This Land is Your Land," and more.

The ensemble will rehearse Monday evenings through July 28 at Carmel High School, culminating in two or three area performances in late July or early August. Singer tuition is \$135.

Gadkar-Wilcox sang in numerous collegiate chorales, including barbershop. Also an avid instrumentalist, he has played guitar, trombone, and saxophone, studying jazz and blues improvisation and later performing as the saxophonist for a Portland rock-and-roll group.

Gadkar-Wilcox received classical voice training with the Barbershop Harmony Society. He was assistant director and vice president of Music of Danbury's Mad Hatter Chorus from 2015 to 2024 and competes in area barbershop competitions. He currently directs the newly formed Lakeside a cappella group at Arts on the Lake in Carmel.

For more information, visit PutnamChorale.org/summer2025 or call 845-520-7574.

More Talk, Still No Action on County & Towns Revenue Share Continued from Page 1

of the offering, also noting that, in addition to the existing fund balance surplus, the county has between \$8 million and \$12 million unspent from 2024 yet to be factored into the budget. "So the effects of this are going to be minimal."

Legislator Erin Crowley, R-Mahopac, disagreed, saying the resolution has "red tape that makes it less sustainable than the sales tax sharing alternative and highlights its temporary nature as a one-shot."

"I never see it leaving subcontingency" if municipal leaders have to go through an approval process every time they want to spend the funds, she said.

Richard Othmer said the state trusts

towns and villages to manage funding when grants are awarded, and the county should do the same.

"Don't complicate something that's not complicated," he said. "Break out the checkbook, write the checks today, and we'll be all set - we know what to do with it."

Putnam Valley Town Supervisor Jacki Annabi said the sales tax revenue sharing is a more sustainable option than the allotment of surplus fund balance.

'We understand that it fluctuates," she said of the sales tax. "That's why it's one-ninth of that 1 percent. That helps us get our bonds, that helps us get our budgets. We know this, but the \$3 million, the \$5 million that we are talking about this year, that's not sustainable (to continue every year). We can do great stuff this year... but we need something that's sustainable."

Putnam Valley Town Councilman Christian Russo agreed. "We really need a sustainable course of support, not just a temporary grant, he said. "Long-term, we'd really like to have this sales tax sharing because that would really help us for years to come."



Winners of the Earth Day poster contest were recently awarded certificates.

# Winners of Earth Day **Poster Contest Awarded**

Assemblyman Matt Slater Sousa of Haldane. recently celebrated local student creativity and environmental awareness through his third annual Earth Day poster contest, held in partnership with the Putnam County Youth Bureau and Putnam Arts Council.

This annual contest encourages students across Putnam to express their commitment to environmental stewardship through original artwork. The youth bureau coordinated student participation while the arts council judged the entries.

Tied for first place were Klara Stasiak of Mahopac and Ashley

Second place went to Arianna Soares of Mahopac, while Benjamin Santizo took third.

Soraia Vieira, Eleona Abazi and Viviana Tufano, all of Mahopac, earned honorable mentions

"Each year, this contest gives students a creative outlet to express their care for the environment," said Slater. "The talent and imagination on display were very impressive from young artists who may one day be leading the charge in sustainability."

According to PAC Executive Director Joyce Picone, the contest

received many submissions of artwork from children throughout the area.

"Each entry was creative and unique, and we here at the Putnam Arts Council are proud to partner with Assemblyman Slater and the Putnam County Youth Bureau to encourage creative expression,' she said.

"Congratulations to all the Earth Day poster contest winners, and how much fun the participants had making the posters while learning about the important message of saving our planet," added Janeen Cunningham, director of the youth bureau.

# **County's Collection Programs Protect the Environment**

## Household Hazardous Waste & Unused Meds Disposed Of

April 26 was a busy day for Putnam County residents seeking to preserve the environment as two popular spring events returned -Household Hazardous Waste Day at Fahnestock State Park in Kent, and Medication Take Back Day at Putnam Hospital in Carmel.

Despite the rain, more than 300 residents turned out for the free, four-hour Household Hazardous Waste Day, and the numbers representing the total collected waste are impressive. Approximately 7,200 pounds of aerosols, flammable solids, and pesticide solids; 2,400 cans of latex and oil-based paint; 2,100 gallons of corrosive and flammable liquids including antifreeze and liquid pesticides; 400 pounds

of fluorescent lightbulbs; and 42 pounds of high-voltage batteries were kept from polluting the environment.

These materials are often improperly stored or disposed of, and this event provides an opportunity to prevent these dangerous chemicals from ending up in landfills, waterways, and the environment.

wrong hands or contaminating the environment if flushed down the toilet.

More than 240 pounds of prescriptions, over-the-counter medicines, and pet medications were collected, along with more than 300 pounds of syringes and sharps. More information on this initiative can be found at https://

The sales tax sharing proposal, according to Crowley, "provides a more sustainable revenue stream to support our county, town, and village governments, and better positions us to provide more meaningful tax relief to all."

Legislator Nancy Montgomery, D-Philipstown, also expressed doubts about sharing the fund balance surplus, saying shared sales tax revenue is simpler.

"If there's surplus, we share it. If there's not, we don't," she said. "It make sense to me."

Cold Spring Mayor Kathleen Foley noted that the county has been spending sales tax generated by the towns for decades, without any requirements.

"You're welcome, for all the years that we've been sending you sales tax and never telling you how to spend it," she addressed the committee.

Kent Highway Superintendent

Putnam Finance Commissioner Michael Lewis cautioned the county against giving away too many funds, no matter how it's done. "We don't know what the feds are going to do," he said. "If the feds cut programs, it's going to trickle down to the state and then they're going to trickle down to us."

Southeast Supervisor Nick Durante said his town could use the funds to offer better salaries to employees.

"I've only been here a year and a half. (and) we've lost three building department secretaries because we can't offer enough money to someone to live a life in Southeast, and that's awful," he said.

No movement was made on the resolution.

## CLASSIFIEDS **GENERAL MERCHANDISE**

FOR SALE: 1920'S DINING **ROOM SET**. Perfect condition. Cabinet, credenza, table, six chairs. 845-598-5890. 5/28

### WANTED

**BUYING VINTAGE CAM-**ERAS, LENSES, WATCHES,

To get on the mailing list for future Household Hazardous Waste Days, email Putnamrecycles@putnamcountyny.gov.

The same day, Putnam Communities That Care Coalition, the county sheriff's office, Putnam Hospital, and the Department of Health hosted a Medication Take Back event to prevent unused medications from falling into the

JEWELRY, COINS, CLOCKS,

FISHING, HUNTING, MIL-

**ITARY, FIRE HELMETS,** 

SWORDS, KNIVES, MUSICAL

**INSTRUMENTS, COMICS,** 

SPORTING, TOYS, FOUNTAIN

PENS, WESTERN And More.

Please Call Frank 914-763-8766.

preventioncouncilputnam.org

"These events are essential to protecting both our community's health and our natural environment," said Rian Rodriguez, director of public health. "We are grateful to the residents who continue to show up and do their part to keep hazardous materials and unused medications out of our homes, water, and ecosystems."

all types old or new, paintings of fishing, hunting, wildlife art, bows and arrows, no compound bows. Call 845-878-3665 or 845-661-9059. 5/31

### SERVICES

### YOUR HANDYMAN SER-

VICES (plus plumbing). Repairs & new installations. Just make a list and we'll gladly take care of it. 845-264-9623. 5/14

WANTED - Private collector buying firemen's helmets, fishing, hunting items, rods, reels, lures,

7/31

PUBLIC NOTICE

holiday, immediately preceding

# **PUTNAM COUNTY AND TOWN NOTICES**

To Place Legal Notices, Email (legals@putnampresstimes.com) or Call 845-628-8400 PUBLIC NOTICE

SOLVED, that pursuant to Town Code §151-22 (B), during the period of said emergency as de-

clared herein, the use of water for

any of the following nonessential

purpose(s) as enumerated in §151-

(1) THE WASHING OF MOTOR VEHICLES, EX-CEPT FOR WINDSHIELDS,

MIRRORS AND THE LIKE.

(2) THE CLEANING OR WASHING OF THE OUTSIDE

**OF BUILDINGS OR OTHER** 

STRUCTURES BY THE USE OF WATER OR STEAM.

(3) THE BLEEDING OF SUPPLY LINES FOR THE PURPOSE OF MAINTAIN-ING A CONSTANT FLOW TO

PREVENT FREEZING. (4) THE FLOODING OF OUTDOOR SKATING RINKS. (5) THE OPERATION OF

SWIMMING POOLS, POR-TABLE AND OTHERWISE, EXCEPT SWIMMING POOLS

DESIGNED AND USED EX-CLUSIVELY FOR MEDICAL

(3) THE BLEEDING OF

22(C) shall be prohibited:

PUBLIC NOTICE

### Carmel LEGAL NOTICE **ADVERTISEMENT FOR BID**

NOTICE IS HEREBY GIV-EN that sealed bids will be received at the Office of the Town Clerk, Town of Carmel, 60 McAlpin Avenue, Mahopac, New York 10541, until **9:00 AM** on **June** 13, 2025 at which time all bids will be publicly opened, read and recorded by the Town Clerk for the following:

CONTRACT #C309 CHEMICAL AND DIATOMACEOUS EARTH SUPPLY FOR TOWN OF CARMEL WATER AND SEWER DISTRICTS

All bidders must comply with Section 103(a) and 103(d) of the General Municipal Law relating to non-collusive bidding and waiver of immunity against criminal prosecution.

In order to be eligible to bid on this project, specifications **must be obtained directly** from the Office of the Town Clerk, at

the above address, beginning May 14, 2025 between the hours of 8:30 AM - 4:30 PM, Monday through Friday.

Bid envelope shall be marked "BID" plus bid title and number.

The Town Board of the Town of Carmel reserves the right to reject any and all bids and abandon the proposal or may reject all bids

JOHN MAXWELL

SILVIO BALZANO

By Order of the Town Board of the Town of Carmel Alice Daly, Town Clerk

and re-advertise at a future date.

PUBLIC NOTICE

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PUBLIC NOTICE

## NOTICE OF ADOPTION OF RESOLUTION

NOTICE IS HEREBY GIV-EN that the Town Board of the Town of Carmel, Putnam County, New York, at a meeting held on the 7th day of May 2025 duly adopted the following resolution:

### **RESOLUTION DECLARING** WATER EMERGENCY PURSUANT TO SECTION 151-22 OF THE TOWN CODE

WHEREAS, that the Town Board of the Town of Carmel, has been advised by Town Engineer Richard J. Franzetti, as well as Bee and Jay Plumbing, operator for Carmel Water Districts 1, 8, 10 and 13 that a water emergency exists within the aforesaid water districts; NOW THEREFORE BE IT

RESOLVED that pursuant to Section 151-22 (A) of the Town Code of the Town of Carmel, the Town Board, acting as Commissioners of the Carmel Water Districts #1, 8, 10 and 13, hereby declares a water emergency with respect to and within Carmel Water Districts #1, 8, 10 and 13; and BE IT FURTHER RE-

MICHAEL CARNAZZA Director of Code Enforcement

TREATMENT. (6) THE USE OF AUTO-MATIC PLUMBING FLUSH FIXTURES OR APPARATUS, AND THE MAINTENANCE OF CONSTANT FLOW FROM SHOWERS AND SIMILAR APPARATUS.

(7) THE USE OF HOSE, SPOUT AND SIMILAR PRESSURE BATHING AP-PARATUS, AND THE MAIN-FARATUS, AND THE MAIN-TENANCE OF CONSTANT FLOW FROM SHOWERS AND SIMILAR APPARATUS. (8) THE NEW INSTALLA-TION OF REFRIGERATION AND/OP AUB CONDITION

AND/OR AIR CONDITION-ING EQUIPMENT REQUIR-ING THE USE OF WATER. (9) THE WATERING OF **PUBLIC NOTICE** 

## LAWNS AND PRIVATE GAR-DENS AND THE OPERATION OF ORNAMENTAL PONDS, POOL 5 AND FOUNTAINS POOLS AND FOUNTAINS.

BE IT FURTHER RE-SOLVED that the Town Clerk is directed to publish this resolution in the official newspapers of the Town and to post said resolution on the official bulletin Board of the Town.

> By Order of the Town Board of the Town of Carmel Alice Daly, Town Clerk

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**PUBLIC NOTICE** 

## **Brewster Schools**

NOTICE OF ANNUAL **BUDGET HEARING, BUDGET VOTE AND ELEC-**TION OF THE BREWSTER **CENTRAL SCHOOL DIS-**TRICT, PUTNAM COUNTY,

**BREWSTER, NEW YORK** 

NOTICE IS GIVEN a) that a Public Hearing for the purpose of discussing the expenditure of funds and the budgeting thereof for the 2025/2026 school year shall be held on Tuesday, May 13, 2025, in the Brewster Central School District Office Board Room, 30 Farm to Market Road, Brewster, New York at 6:30 p.m.

FURTHER NOTICE IS GIVEN that a detailed statement of the amount of monies which will be required for the ensuing year for school purposes will be available to residents between the hours of 9:00 a.m. and 3:00 p.m. during the fourteen (14) days, other than a Saturday, Sunday, or

the Annual Election to be held on Tuesday, May 20, 2025. Such copies will be available on the District's website, and at all public school buildings, to wit: District Office, 30 Farm to Market Road; Brewster High School, 50 Fog-gintown Road; Henry H. Wells Middle School, 570 Route 312; C.V. Starr Intermediate School, 20 Farm to Market Road; John F. Kennedy Elementary School, 31 Foggintown Road, Brewster, New York. Such copies will also be made available at the Public Hearing on May 13, 2025.

**VOTING** on the budget and the following propositions will be held at Brewster High School, 50 Foggintown Road, Putnam County, Brewster, New York on the 20th day of May 2025, between the hours of 6:00 a.m. and 9:00 p.m.

### **PROPOSITION NO.1**

Shall the district voters authorize the Board of Education to expend the necessary funds to meet the estimated expenditures for the 2025-26 school year and to levy and collect the necessary taxes to meet such estimated expenditures?

### **PROPOSITION NO. 2**

Shall the Board of Education of the Brewster Central School District be authorized to reallocate an amount not to exceed the \$12,000,000 the voters approved on March 21, 2023 under Bond Proposition No.1 to be expended from the District's 2022 Capital Reserve Fund, which is no longer necessary to pay for the originally estimated total cost of \$59,988,000 authorized under Bond Proposition No. 1, to be expended instead to pay towards the originally estimated total cost of \$23,126,000 the voters approved on March 21, 2023 under Bond Proposition No. 2?

### c) NOTICE IS ALSO GIVEN that petitions nominating candidates for the office of member of the Board of Education or other propositions must be filed with the District Clerk between the hours of 9:00 a.m. and 5:00 p.m. not later than Monday, April 21, 2025. The following vacancies are to be filled on the Board of Education:

Two (2) Seats for 3-Year Term: July 1, 2025 - June 30, 2028

All seats on the Board of Education are at large. Each petition nominating a candidate must state the name and residence of the candidate, must be signed by at least 25 qualified voters of the District, and must state the residence of each signer.

All other petitions must be directed to the District Clerk and must be signed by at least 54 qualified voters of the District.

| 60 McAlpin Avenue<br>Mahopac, New York 10541<br>Tel. (845) 628-1500 – Ext 187<br>www.ci.carmel.ny.us | BOARD MEMBERS<br>ROSE FABIANO<br>CLAUDINE MCDERMOTT<br>JULIE MCKEON<br>WILLIAM SANTINI<br>JOHN STARACE |
|--|--|
| LEGAL NOTICE   |  |

By the Zoning Board of Appeals of the Town of Carmel pursuant to Section 267 Town Law, notice is hereby given that a hearing will be held on:

TOWN OF CARMEL

### MAY 22, 2025 - 7:30 P.M.

To hear the following applications:

### **HOLDOVER APPLICATIONS:**

1. Application of **CENTENNIAL GOLF CLUB of NEW YORK LLC (Setbacks)** for a Variation of Section 156-28(A) seeking a Variance for relief of Sections 156-28(A).6 distance between buildings; and 156-28(A)8 perimeter building setback. The property is located at 185 John Simpson Road, Carmel NY and is known as Tax Map #44.-2<sup>2</sup>.-1: & 44.-2<sup>2</sup>.-4.-2.

| Code Requires/Allows                             | Provided                 | Variance Required |
|--|--------------------------|-------------------|
| 156-28(A)6 requires 50 ft.<br>between buildings  | 20 ft. between buildings | 30 ft.            |
| 156-28(A)8 requires 100 ft.<br>perimeter setback | 45 ft. setback           | 55 ft.            |

### **NEW APPLICATIONS:**

Application of <u>MICHAEL & JACKLYN LUGO</u> for a Variation of Section 156.35.5(b)(c) seeking a Variance to get chicken coop and 8 chickens. The property is located at 134 Lakeview Drive, Mahopac NY and is known as Tax Map #76.30-1-54.

Application of <u>CHRISTOPHER POLJAK</u> for a Variation of Section 156-9 seeking a Variance to build a detached garage. The property is located at 19 Kings Ridge Road, Mahopac and is known as Tax Map #76.14-1-43.

| Code Requires/Allows | Provided | Variance Required |
|----------------------|----------|-------------------|
| 15' side             | 6'       | 9'                |

Application of <u>NANCY BELL</u> for a Variation of Section 156-25 seeking a Variance to install ground mounted solar for personal residence. The property is located at 27 Englewood Terrace, Mahopac and is known as Tax Map #76.19-1-46.

| Code Requires/Allows | Provided     | Variance Required  |
|----------------------|--------------|--------------------|
| Rooftop              | Ground Mount | Allow Ground Mount |
| 20' side yard        | 5'           | 15'                |

8. Application of **DANNY PHILIPS** for a Variation of Section 156-9 seeking a Variance to retain gazebo. The property is located at 14 Sheryl Lane, Mahopac and is known as Tax Map #65.15-2-43.

| Code Requires/Allows     | Provided | Variance Required |
|--------------------------|----------|-------------------|
| Side Yard Variance – 15' | 10'      | 5'                |

9. Application of OLIVA FAMILY IRREV TRUST for a Variation of Section 156-9, seeking a variance to retain already existing shed. The property is located at 43 Pine Lane, Mahopac and is known as Tax Map #54.5-1-36.

| Code Requires/Allows | Provided | Variance Required |
|----------------------|----------|-------------------|
|                      |          |                   |

ZONING BOARD OF APPEALS 623

| Code Requires/Allows | Provided    | Variance Required |
|----------------------|-------------|-------------------|
| 40,000 s.f.          | 10,650 s.f. | 29,350 s.f.       |
| Max: 6 chickens      | 8 chickens  | 2 chickens        |

Application of <u>BRIAN MCMILLAN</u> for a Variation of Section 156-12, seeking a variance to retain shed. The property is located at 27 Lakeview Road, Carmel and is known as Tax Map #55.20-1-49.

| Code Requires/Allows | Provided | Variance Required |
|----------------------|----------|-------------------|
| 10' Side             | 4'       | 6'                |

Application of <u>AFC URGENT CARE (UB PUTNAM LLC)</u> for a Variation of Section 156.42(k) seeking a Variance to allow signage in the window. The property is located at 1844-1936 Route 6, Carmel NY and is known as Tax Map #55.11-1-4.

| Code Requires/Allows | Provided | Variance Required |
|----------------------|----------|-------------------|
| Window Sign: 25%     | 100%     | 75%               |

Application of **<u>NICHOLAS DEROSA</u>** seeking an *Interpretation* to return to original lot lines created in the subdivision 242/1934. Interpretation that the lots are legally recognized as building lots pursuant to 156-6-C(3) and have not been legally merged with Lot 1. The property is located at 50 Mt. Hope Road, Mahopac and is known as Tax Map #76.9-2-29.

| Code Requires/Allows   | Provided  | Variance Required   |
|--|---|---|
| Section 156-6-C(3) for the<br>grandfathering of lots on an<br>improved subdivision map | The lots in question area<br>maps on a filed subdivision<br>map | Interpretation that the lots<br>are legally recognized as<br>building lots pursuant to<br>156-6-C(3) and have not been<br>legally merged with lot 1 |

| 10' Side 2' 8' |  |
|----------------|--|
|----------------|--|

Application of <u>CHRISTOPHER PIKE</u> for a Variation of Section 156.-19A(1)(a), for a Variance to retain 6' side fence in front yard. The property is located at 217 Lake Shore Drive, Mahopac and is known as Tax Map #74.26-2-53.

| Code Requires/Allows | Provided | Variance Required |
|----------------------|----------|-------------------|
| 4' Front             | 6' Front | 2' Variance       |

11. Application of **VEOLIA WATER NY; NORTH AMERICA - ARCHER WELLS 1 & 2** for a Variation of Section 156, attach 1 & §280-a for a Variance to upgrade the existing Archer Wells 1 & 2 site. The property is located at 9 Colton Road, Mahopac and is known as Tax Map #85.12-1-8.

| Code Requires/Allows                              | Provided    | Variance Required |
|---|-------------|-------------------|
| Min Lot Area: 120,000 S.F.                        | 19,754 S.F. | 100,246 S.F.      |
| Min. Street Frontage (on<br>Town Rd): 100 ft 280A | 0 ft.       | 100 ft.           |

### **MISCELLANEOUS:**

#### MINUTES:

- January 30, 2025
- February 27, 2025 March 27, 2025

By order of the Chairman,

John Maxwell

d) NOTICE OF REGIS-TRATION: Registration will be accepted for the purpose of preparing a register of the qualified voters of such District at the District Office, 30 Farm to Market Road, Brewster, New York throughout the year, between the hours of 9:00 a.m. and 3:00 p.m., Monday through Friday. The last day of registration before the Annual Election of May 20, 2025 will be Wednesday, May 14, 2025.

A qualified military voter who is not currently registered can request a military personal registration form from the District Clerk between the hours of 9:00 a.m. and 3:00 p.m. Additionally, qualified military voters can contact the District Clerk to indicate their preference to receive a military personal registration form via mail, facsimile or electronic mail.

Voters registered for

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# **PUTNAM COUNTY AND TOWN NOTICES**

To Place Legal Notices, Email (legals@putnampresstimes.com) or Call 845-628-8400

### PUBLIC NOTICE

general elections under Article 5 of the Election Law are eligible to vote at the

May 20, 2025 election without further registration. Voters who have been previously registered for any annual or special meeting or election and who have voted at any such annual or special meeting or election held or conducted during the last four calendar years preceding 2025 are eligible to vote at the May 20, 2025 election without further registration.

The register prepared will be filed in the office of the District Clerk and will be open for inspection by any qualified voter of the District between the hours of 9:00 a.m. and 3:00 p.m. on each of the five days prior to the election including Saturday, May 17, 2025 from 9:00 a.m. to 10:00 a.m. by appointment only. The register will not be available on Sundays. The register will also be available for inspection on the day of the election at the polling place at Brewster High School.

In addition, the Board of Registration shall meet during the hours of election on May 20, 2025 to prepare a register for meetings or elections held subsequent to the Annual Election.

e) **NOTICE IS ALSO GIVEN** that applications for absentee ballots and early mail ballots for election of Members of

the Board of Education, and adoption of the annual budget and referenda may be applied for at the Office of the

District Clerk. Such application must be received by the District Clerk no earlier than thirty (30) days before the election, and at least seven days before the election, if the ballot is to be mailed to the voter, or on the day election, if the before the ballot is to be delivered personally to the voter or the designee listed on the application. Qualified military voters may request a military absentee ballot application from the District Clerk between 9:00 a.m. and 3:00 p.m. and may indicate their preference to receive a military absentee ballot application via mail, facsimile or electronic mail. Absentee ballots for military voters shall be administered in accordance

with the provisions of Section 2018-d of the Education Law and Part 122 of the Commis-sioner's Regulations. A list of all persons to whom absentee ballots and early mail ballots shall have been issued will be available in the office of the District Clerk between the hours of 9:00 a.m. and 3:00 p.m. on each of the five days prior to the election including Satur-May 17, 2025 from 9:00 day, a.m. to 10:00 a.m. by appointment only. The registers will not be available on Sundays. The registers will also be available for inspection on the day of the election at the polling place at Brewster High School. No absentee voter's ballot or early mail voter's ballot shall be canvassed unless it shall have been received in the office of the District Clerk not later than 5:00 p.m. on the day of the election.

#### PUBLIC NOTICE

### PUBLIC NOTICE

### VILLAGE OF BREWSTER WATER METER INSTALATION PROJECT

### NOTICE TO BIDDERS

Sealed bids will be received at the Office of the Village Clerk, Village of Brewster, 50 Main Street, Brewster, New York 10509, until 11:00 A.M. on May 29, 2025 immediately after which the bids will be opened publicly and read.

The Village of Brewster installation of water meters and related Work project consists of the following: replacement of approximately 600 residential and commercial water meters. The work under this Contract comprises the furnishing of all tools, equipment, materials and labor for the water main replacement located in the Village of Brewster, New York, complete, in place and ready for use in accordance with the Contract Documents prepared by J. Robert Folchetti & Associates, L.L.C.

The Village of Brewster installation of water meters and related Work project consists of the following: replacement of ap-proximately 582 residential and commercial water meters. The vast majority of the meters are residential. The Village has purchased the meters under a separate contract. The Work includes, but is not limited to, notification and coordination with all water district customers to arrange installation date and time; coordination with meter provider for timely delivery of meters based on schedule; storage of meters between time of receipt from meter provider and installation; operation of curb valves to close and re-open service to customer for installation; coordination with Village Water District Operators; response to customer complaints; project management software and portal; pre and post installation meter readings and photos; documentation of service line entering structures size and pipe type; labor, tools, equipment, fittings, pipe, gaskets, transportation necessary to install and test meters and exterior meter reading devices as shown specified and required to complete the project.

The foregoing is a general description only and shall not be construed as a complete description of the Work to be performed for this Project.

One Bid will be received. Bids shall be on a unit price basis.

Copies of the Contract Documents may be obtained at the Office of the Village Clerk.

Contract Documents may be examined at the Village of Brewster Village Hall or the office of the ENGINEER, J. Robert Folchetti & Associates, L.L.C., 31 Sodom Road, Brewster, NY 10509. Copies may be obtained from the Village offices, beginning on May 12, 2025 from 9:00 A.M. to 5:00 P.M., Monday through Thursday. Village Hall is closed on Fridays. A mandatory pre-bid conference will be held at 10:00 AM on May 19, 2025, at the office of the Village Clerk, Village Hall, 50 Main Street, Brewster, New York 10509. The purpose of the pre-bid conference is to afford the prospective Bidders and interested parties an opportunity to raise questions pertaining to the bidding and the Contract Documents, and for the OWNER or its representatives to clarify any points.

Bid security and proof of qualifications to perform the Work shall be as described in the Instructions to Bidders.

Bidders shall comply with all special and statutory requirements in accordance with the Instructions to Bidders.

Contract time of commencement and completion will be as specified in the Agreement.

The Bid Bond Form is contained in the Contract Specifications.

Each bid shall be accompanied by a Bid Bond, or Certified Check accompanied by a Certificate of Surety, the coverage of which is specified in the Instructions to Bidders.

This project is subject to the provisions of Article 5-A of the General Municipal Law of the State of New York and certificates required thereunder shall be available for public inspection at the office of the Village Clerk, Village of Brewster, New York.

For any reason whatsoever, or for no reason, the Village reserves the right to waive any informalities in the bids or to reject any and all bids. No bidder may withdraw their bid except by written request submitted at least twenty-four hours before the time of opening or until the lapse of 45 days after the actual opening thereof.

The Village is exempt from payment of sales and compensating use taxes of the State of New York and of Cities and Counties on all materials to be incorporated into the Work. These taxes shall not be included in the Bid.

The Village will furnish the required certificates of tax exemption to the CONTRACTOR for use in the purchase of supplies and materials to be incorporated into the Work.

The Village's exemption does not apply to construction tools, machinery, equipment or other property purchased by or leased by the CONTRACTOR, or to supplies or materials not incorporated into the Work.

<u>Non-Discrimination in Em-</u> lovment:

## PUBLIC NOTICE

## Agenda May 19, 2025

NOTICE IS HEREBY GIV-EN that the Zoning Board of Appeals of the Town of Kent will hold a Public Hearing on **May 19, 2025** at the Kent Town Hall, 25 Sybil's Crossing, Kent Lakes, NY at 7:00 p.m. to review the following applications

> 1. Great Blue Heron 47 Route 311 Carmel, NY 10512

ZBA-25-005: Holdover from last month: Requesting a variance of 1 ft. distance from property line for a covered roof over patio. TM# 22.82-1-58

> 2. Barbara Forcucci 42 Robin Drive Carmel, NY 10512

ZBA-25-006: Holdover from last month: Variance request is for installed summer kitchen in basement. No bedroom and one family dwelling. TM# 33.17-1-3

The Zoning Board of Appeals will entertain any other business, which is properly presented to the Board.

------

SITE INSPECTIONS ARE THE 2nd. SUNDAY OF THE MONTH. Between 9am & 10:00am

CC: Town Clerk Town Board Zoning Board of Appeals

Members Planning Board Clerk

Wm. Walters, Building Inspector P. 5/14 - 60

PUBLIC NOTICE

### Patterson

NOTICE IS HEREBY GIV-EN BY THE TOWN OF PAT-TERSON ZONING BOARD OF APPEALS of a public hearing to be held on *Wednesday, May* 21, 2025 at 7:00 p.m. at the Patterson Town Hall, 1142 Route 311, Patterson, Putnam County, New York to consider the following applications:

1. Joseph Plaskett, Jr.: Case #11-24 – Special Use Permit –Accessory Residential Building & Area Variances (Held Over since April 23, 2025): Applicant is requesting to obtain a special use permit and two area variances pursuant to §154-106 of the Patterson Town Code to legalize an existing accessory building with a three-car garage below. Patterson Town Code §154-106 requires applicants to obtain a special use permit in order to construct an accessory building for residential occupancy. Town Code §154-106(D) limits the garage space of accessory buildings to a maximum of 500 sq. ft. Existing garage is 972 sq. ft.; variance requested is for 472 sq. ft. Town Code §154-106(H) limits the height of accessory buildings to a maximum of 80% of the height of the principal dwelling. Existing principal dwelling is 26 ft.in height and existing garage is 21 ft. in height; variance requested is for.5 ft. in height over the 20.5 ft. permitted. This property is located at 938 Route 311. Tax Map 13.7-1-35 (R-1 Zoning District)

### PUBLIC NOTICE

a minimum front yard setback of 35 ft. and a minimum side yard setback of 15 ft. Structure exists 10 ft. from the front property line and 13 ft. from the side property line; variances requested are for 25 ft. and 2 ft. respectively. Town Code §154-27A(12)(a) prohibits accessory structures from being located in the front yard; variance requested is to allow the structure to be located in the front yard. This property is located at 155 Route 164. Tax Map 23.11-1-45 (R-1 Zoning District).

Wayne Staten (125 Commerce, LLC): Case #08-25 Special Use Permit and Area Variance (Held Over since April 23, 2025): Applicant is requesting a special use permit and one area variance pursuant to §154-115 of the Patterson Town Code in order to operate a public garage in an existing propane distribu-tion terminal. Patterson Town Code §154-115(B) states that no public garage shall be located within 1,000 ft. of any other public garage, automotive dealership, or gas station. Subject property is 186 ft. from the closest property corners of another public garage; variance requested is for 814 ft. This property is located at 125 Commerce Drive. Tax Map 34.-3-52 (I Zoning District).

4. Jaime & Rebecca Shi-wgobin: Case #09-25 – Area Variance (Held Over since April 23, 2025): Applicants are requesting one area variance pursuant to \$154-27A(12)(a) of the Patterson Town Code in order to construct a 36 ft. x 22 ft. inground swimming pool. Town Code §154-27A(12)(a) prohibits accessory structures from being located in the front yard. The subject property has frontage on two streets and, therefore, is deemed to have two front yards. The pool will be located between the rear of the dwelling and Fair Street; variance requested is to allow the swimming pool to be located in front **yard.** This property is located at 14 Dover Lane. Tax Map 34.-2-16 (R-4 Zoning District).

5. Paul & Julie Toscano: Case #11-25 – Area Variance: Applicants are requesting one area variance pursuant to §154-27A(12)(a) of the Patterson Town Code in order to construct a 24 ft. x 12 ft. storage shed. Town Code §154-27A(12)(a) prohibits accessory structures from being located in the front yard. Shed will be located forward of the dwelling; variance requested is to allow for the construction of a shed in a front yard. This property is located at 162 Cornwall Hill Road. Tax Map 14.-1-4 (R-4 Zoning District).

6. Rebeca & Steven Bo-nacci: Case #12-25- Area Variances: Applicants are requesting three area variances pursuant to §154-27A(12) of the Patterson Town Code in order to legalize a 12 ft. x 10 ft. shed in a front yard. Town Code §154-27A(12)(a) prohibits accessory structures from being located in the front yard. The subject property has frontage on two streets and, therefore, is deemed to have two front yards. Shed is located between the side of the dwelling and Wallace Place; variance requested is to allow the shed to be located in a front yard. Town Code §154-27A(12) (b) prohibits accessory structures from being located nearer than 15 ft. to the principal dwelling. Shed is 7 ft. from the dwelling; variance requested is for 8 ft. Town Code §154-7 requires accessory structures to meet a minimum front yard setback of 15 ft. Shed is 12 ft. from the front property line; variance requested is for 3 ft. This property is located at 15 Sharon Road. Tax Map 36.23-1-20 (RPL-10 Zoning District).

By order of: The Board of Education

Lauren Zagorski-Treuel, District Clerk

Brewster Central School District

Brewster, New York 10509 P. 4/2, 4/16, 4/30, 5/14 - 253

### PUBLIC NOTICE

### Brewster notice to bidders village of brewster putnam county, new york

Prospective bidder's requests for mailing of Contract Documents will be filled by Federal Express or United Parcel Service. Prospective bidders shall furnish a prepaid Air Bill or Account Number. Neither OWNER or ENGINEER shall be responsible for any delay in such shipment. Prospective bidders shall make such request and provide such airbill a minimum of one (1) week prior to the mandatory pre-bid conference.

Neither the OWNER nor the ENGINEER will be responsible for full or partial sets of Contract Documents, including any Addenda, obtained from other sources.

#### programme

It is the policy of the Village that their Contractors shall comply with all Federal, State, and local law, policy orders, rules, and regulations which prohibit unlawful discrimination against any employee or applicant for employment because of race, creed, color, or national origin, and will take affirmative action to insure that they are afforded equal employment opportunities without discrimination because of race, creed, color, or national origin.

Provisions concerning this requirement are detailed in the Supplementary Conditions. P. 5/14 - 229

### PUBLIC NOTICE

Kent ZONING BOARD OF APPEALS 25 Sybil's Crossing Kent Lakes, NY 10512 2. Fredy Beltran & Doris Vasquez: Case #20-24– Area Variances (Held Over since April 23, 2025): Applicant is requesting three area variances pursuant to §154-7 and §154-27A(12)(a) of the Patterson Town Code in order to legalize a 4 ft. x 6 ft. shed for garbage receptacle storage forward of the principal dwelling. Town Code §154-7 requires accessory structures in the R-1 Zoning District to meet

7. Greg Grabowy & Samantha Lee: Case #13-25-Area Variances: Applicants are requesting three area variances

# **PUTNAM COUNTY AND TOWN NOTICES**

To Place Legal Notices, Email (legals@putnampresstimes.com) or Call 845-628-8400

### PUBLIC NOTICE

### pursuant to §154-27A(9) in order to remove an existing barn and construct a new 45.6 ft. x 57 ft. accessory structure on a nonconforming lot. Town Code §154-27A(9)(a) prohibits accessory structures from being located in a front yard. Proposed accessory structure will be located in the footprint of the existing barn in the front yard; variance requested is to allow an accessory structure to be located in a front yard. Town Code §154-27A(9)(c) limits accessory structures to a size of not more than 50% of the bulk area ratio of the principal dwelling. Proposed accessory structure will be 22,160 cu. ft. over the 10,047 cu. ft. permitted; variance requested is for 312% over the **50% bulk area ratio permitted.** Town Code §154-27A(9)(c) also prohibits accessory structures from exceeding in height the height of the principal structure. Proposed accessory structure will be 5 ft. taller than the principal dwelling; variance requested is for 5 ft. over the 19 ft. permit-ted. This property is located at 156 Route 292. Tax Map 3.-1-58 (R-4 Zoning District).

By Order of the ZBA Robert Schmitt, Chairman

### P. 5/14 - 215

#### PUBLIC NOTICE

### TOWN OF PATTERSON PLANNING & ZONING OFFICE

### **Notice of Public Hearing**

NOTICE IS HEREBY **NOTICE IS HERED GIVEN** by the Town of Patter-son Planning Board of a public hearing to be held on June 5, 2025 at 7:00 p.m. or as soon thereafter as may be heard, at the Patterson Town Hall, 1142 Route 311, Patterson, Putnam County, New York to consider an application entitled "Tractor Supply – Amended Site Plan Application". The Applicant is seeking site plan approval for the addition of a 40'x32' (1,280 square foot) ac-cessory structure and a 72'x36' (2,598 square foot) storage ad-(2,598 square foot) storage ad-dition. The proposed structures will be located on an existing paved and fenced area which is adjacent to the existing Tractor Supply building. The proposed layout aims to utilize the fenced in area as a Garden Center. The proposal also includes the reloca-tion of the bulk propane storage; this area will be surrounded by bollards with a canopy erected above it. This 10.58± acre prop-erty is located at 1253 Route 311 (C-1 Zoning District) and will continue to be accessed from Route 311. All interested parties and citizens will be given an opportunity to be heard in respect to such application.

## HANKEL, UNKNOWN HEIRS OF CHRISTINE L. HANKEL IF LIVING, AND IF HE/SHE BE DEAD, ANY AND ALL PER-SONS UNKNOWN TO PLAIN-TIFF, CLAIMING, OR WHO MAY CLAIM TO HAVE AN INTEREST IN, OR GENERAL OR SPECIFIC LIEN UPON THE REAL PROPERTY DESCRIBED IN THIS ACTION; SUCH UN-KNOWN PERSONS BEING HEREIN GENERALLY DE-SCRIBED AND INTENDED TO SCRIBED AND INTENDED TO BE INCLUDED IN WIFE, WID-OW, HUSBAND, WIDOWER, HEIRS AT LAW, NEXT OF KIN, DESCENDANTS, EXECUTORS, ADMINISTRATORS, DEVI-SEES, LEGATEES, CREDITORS, TRUSTEES, COMMITTEES, LIENORS, AND ASSIGNEES OF SUCH DECEASED, ANY AND ALL PERSONS DERIVING IN-TEREST IN OR LIEN UPON, OR TITLE TO SAID REAL PROPER-TY BY, THROUGH OR UNDER THEM, OR EITHER OF THEM, AND THEIR RESPECTIVE WIVES, WIDOWS, HUSBANDS, WIDOWERS, HEIRS AT LAW, NEXT OF KIN, DESCENDANTS, EXECUTORS, ADMINISTRA-TORS, DEVISEES, LEGATEES, CREDITORS, TRUSTEES, COM-MITTEES, LIENORS, AND AS-SIGNS, ALL OF WHOM AND WHOSE NAMES, EXCEPT AS STATED, ARE UNKNOWN TO PLAINTIFF, PEOPLE OF THE STATE OF NEW YORK, UNITED STATES OF AMERI-CA ON BEHALF OF THE IRS, PUTNAM COUNTY DEPART-

PUBLIC NOTICE

MENT OF SOCIAL SERVICES Defendant(s). MORTGAGED PREMISES: 13 Longridge Trail Putnam Valley, NY 10579 To the Above named Defendant: You are hereby summoned to answer the Complaint in this action, and to serve a copy of your answer, or, if the Complaint is not served with this Supplemental Summons, to serve a notice of appearance, on the Plaintiff(s) attorney(s) within twenty days after the service of this Supplemental Summons, exclusive of the day of service (or within 30 days after the service is complete if this Supplemental Summons is not personally delivered to you within the State of New York). In case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the Complaint. The Attorney for Plaintiff has an office for business in the County of Erie. Trial to be held in the County of Putnam. The basis of the venue designated above is the location of the Mortgaged Premises. TO Unknown Heirs of Christine L. Unknown Heirs of Christine L. Hankel Defendant In this Ac-tion. The foregoing Supplemental Summons is served upon you by publication, pursuant to an order of HON. Gina C Capone of the Su-preme Court Of The State Of New

York, dated the First day of April, 2025 and filed with the Complaint in the Office of the Clerk of the County of Putnam, in the City of Carmel. The object of this action is to foreclosure a mortgage upon the premises described below, executed by Christine L. Hankel (who died on April 1, 2023, a resident of the county of Putnam, State of New York) dated the December 27, 2016, to secure the sum of \$226,875.00 and recorded at Instrument No. 1600311 in the Office of the Putnam County Clerk on January 20, 2017. The mortgage was subsequently assigned by an assignment executed January 4, 2022 and recorded on January 6, 2022, in the Office of the Putnam County Clerk at Instrument Number 194-2022. The property in question is described as follows: 13 Longridge Trail, Putnam Valley, NY 10579 NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this Foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home. SUPREME COURT OF THE Speak to an attorney or go to the STATE OF NEWYORK COUN-

### **PUBLIC NOTICE**

court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to your mortgage company will not stop this foreclosure action. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORT-GAGE COMPANY) AND FIL-ING THE ANSWER WITH THE COURT. DATED: April 8, 2025 Gross Polowy LLC Attorney(s) For Plaintiff(s) 1775 Wehrle Drive, Suite 100 Williamsville, NY 14221 The law firm of Gross Polowy LLC and the attorneys whom it employs are debt collectors who are attempting to collect a debt. Any information obtained by them will be used for that purpose. 85323

### P. 4/23, 4/30, 5/7, 5/14 - 164

### PUBLIC NOTICE

Pursuant to Article 6. Section 75 (7)(b) of the Public Lands Law, 891 South Lake LLC on or after July 1, 2025 will file an Application for the Use of Land Underwater to the New York State Office of General Services for a new underwater land license to retain and maintain 7 boats up to 23 feet in length, 4 finger piers 20 ft x 2 ft, 1 finger pier 24 ft by 4 ft, 1 finger pier 23 ft x 2 ft and one boathouse 16, w x 26 ft h and 15' h along with a reconfiguration perimeter on Lake Mahopac in the Town of Carmel, Putnam County. This notice shall be published for four consecutive weeks com-mending April 30, 2025 with last published date of May 21, 2025. Any comments are due to the Commissioner of General Services no later than 40 days after the last publication date.

### P. 4/30, 5/7, 5/14, 5/21-28

### PUBLIC NOTICE

SUPREME COURT -COUNTY OF PUTNAM

WILMINGTON SAVINGS FUND SOCIETY, FSB NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS TRUSTEE FOR GWST TRUST 2020-1, Plaintiff -against- ELIZABETH ANN FLOROM HEIR AT LAW AND DISTRIBUTEE TO THE ESTATE OF DAVID A. SHEL-DRAKE, et al Defendant(s). Pursuant to a Judgment of Fore-closure and Sale entered herein and dated December 12, 2024, I, the undersigned Referee will sell at public auction will sell at public auction in the courtroom 209 of the Putnam Supreme Courthouse located at 20 County Center, Car-mel, NY on June 2, 2025 at 10:30 a.m. premises situate in the City of Carmel, Town of Kent, County of Putnam and State of New York, bounded and described as follows: BEGINNING at a point on the westerly side of Putnam Drive by the where same is intersected division line between Lots 9224 and 9225; being a plot 100.00 feet by 40.00 feet by 100.00 feet by 40.00 feet. Section: 22.58 Block: 1 Lot: 26

### **PUBLIC NOTICE**

### TY OF PUTNAM AMOS FINANCIAL LLC.

Plaintiff, -against- UNKNOWN HEIRS TO THE ESTATE OF ISABELLA DELLAROSSA A/K/A ISABEL DELLA ROSSA, any and all persons unknown to plaintiff, claiming, or who may claim to have an interest in, or general or specific lien upon the real property described in this ac-tion; such unknown persons being herein generally described and intended to be included in the following designation, namely: the wife, widow, husband, widower, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors, and assignees of such deceased, any and all persons deriving interest in or lien upon, or title to said real property by, through or under them, or either of them, and their respective wives, widows, husbands, widowers, heirs at law, next of kin, descendants; executors, administrators, devisees, legatees, creditors, trustees, committees, be included in the following designation, namely: the wife, widow, husband, widower, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors, and assignees of such deceased, any and all persons deriving interest in or lien upon, or title to said real property by, through or un-der them, or either of them, and their respective wives, widows, husbands, widowers, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors and assigns, all of whom and whose names, except as stated, are unknown to plaintiff; ACTION FUEL OIL CORP.; HUDSON " VALLEY RADIOLOGISTS PC; EMSTAR AMBULANCE; COMMIS-SIONER OF LABOR OF THE STATE OF NEW YORK; STACY JORGE AKA STACY GEORGE AKA STACEY ROTHETEIN AS HEIR OF THE ESTATE OF ISABELLA DELLAROSSA A/K/A ISABEL DELLA ROSSA; UNITED STATES OF AMERICA - INTERNAL REVENUE SER-VICE and NEW YORK STATE DEPARTMENT OF TAXATION AND FINANCE; PEOPLE OF THE STATE OF NEW YORK; SOUTHEAST TOWN COURT; and JOHN DOE AND JANE DOE #1 through #7, the last seven (7) names being fictitious and unknown to the Plaintiff, the persons or parties intended being the tenants, occupants, persons or par-ties, if any, having or claiming an interest in or lien upon the mortgaged premises described in the Complaint, Defendants. INDEX# 500829/2024 Original filed with Clerk. Plaintiff Designates Putnam County as the Place of Trial. The Basis of Venue is that the subject action is situated Putnam County. Premises: 11 Fox Hollow oad Brewster IN Y IO THE ABOVE-NAMED DEFEN-DANTS: YOU ARE HEREBY SUMMONED to answer the Complaint in this action and to serve a copy of your answer, or, if the Complaint is not served with this Summons, to serve a notice of appearance, on the Plaintiff's Attorneys) within 20 days after the service of this Summons, exclusive of the day of service (or within 30 days after the service is complete if this Summons is not personally delivered to you within the State of New York); the United States of America may appear or answer within 60 day of service hereof; and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the Complaint. NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT The OBJECT of the above captioned action is to foreclose a Mortgage in the amount of \$616,500.00 plus interest, recorded in the office of the clerk of the County of PUT-NAM on November 24, 2004, in Liber 4397 at Page 492 covering

### PUBLIC NOTICE

premises known as 11 Fox Hollow Road, Brewster, NY 10509. The relief sought in the within action is a final judgment directing the sale of the premises described above to satisfy the debt secured by the Mortgage described above. NO-TICE YOU ARE IN DANGER OF LOSING YOUR HOME IF you do not respond to this Summons and Complaint by serving a copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to your mortgage company will not stop this foreclosure action. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF AMOS FINANCIAL LLC AND FIL-ING THE ANSWER WITH THE COURT. Dated: Uniondale, New York, April. 2025 Respectfully submitted, Pincus Law Group, PLCC. By: George J. Weissinger, Esq., Attorneys for Plaintiff, 425 RXR Plaza Uniondale, NY 11556 516-699-8902

P. 4/30, 5/7, 5/14, 5/21-161

### PUBLIC NOTICE

NOTICE OF SALE SU-PREME COURT COUNTY OF PREME COURT COURT Y OF PUTNAM U.S. BANK TRUST NATIONAL ASSOCIATION, NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS OWNER TRUSTEE FOR RCAF ACQUISITION TRUST, Plaintiff AGÀINST BRUCE P. MESSUR, Defendant(s) Pursuant to a Judg-ment of Foreclosure and Sale duly entered March 10, 2025, I, the undersigned Referée will séll at public auction at Courtroom 209 of the Putnam Supreme Court, 20 County Center, Carmel, NY 10512 on June 9, 2025 at 9:30 AM, premises known as 12 Lot-tie Road, Carmel, NY 10512. All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Town of Kent, County of Putnam and State of New York, Section 33.82 Block 1 Lot 76 FKA Section 96 Block 4 Lot 1. Approximate amount of judgment \$231,154.14 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index #500912/2024. Julie A. Cherico, Esq., Referee Gross Polowy, LLC 1775 Wehrle Drive Williamsville, NY 14221 24-001430 85178

### P. 5/7, 5/14, 5/21, 5/28-39

### PUBLIC NOTICE

NOTICE OF SALE SUPREME COURT: PUT-M COUNTY. WILMIN TON SAVINGS FUND SOCI-ETY, FSB, AS TRUSTEE OF UPLAND MORTGAGE LOAN TRUST B, Pltf. vs. KATHRYN C. MADDEN, et al, Defts. In-dex #501454/2019. Pursuant to judgment of foreclosure and sale dated Nov. 15, 2022 and order appointing successor referee entered November 18, 2024, I will sell at public auction in Room 209 of the Putnam County Courthouse, 20 County Center, Carmel, NY on June 9, 2025 at 2:30 p.m., prem. k/a 402 Hortontown Road, Hopewell Junction, NY a/k/a Section 9, Block 1, Lot 23. Said property being in the Town of Kent, Country of Putnam and State of NY, designated as Lot No. 1 on a certain Map filed in the Putnam County Clerk's Office as Map No. 1540 on October 13, 1976. Approx. amt. of judgment is \$515,059.66 plus costs and interest. Sold subject to terms and conditions of filed judgment and terms of sale. ANTHONY J. CEN-TONE, Referee. MARGOLIN, WEINREB & NIERER, LLP, At-tys. for Pltf., 575 Underhill Blvd.,

### By Order of the Planning Board **Ron Taylor, Chairman**

P. 5/14 - 51

### **PUBLIC NOTICE**

## Supreme Court

Supplemental Summons and Notice of Object of Action SU-PREME COURT OF THE STATE OF NEW YORK COUNTY OF PUTNAM ACTION TO FORE-CLOSE A MORTGAGE INDEX #: 500320/2023 ROCKET MORT-GAGE, LLC F/K/A QUICKEN LOANS, LLC F/K/A QUICKEN LOANS INC. Plaintiff, vs WAL-TER HANKEL AS HEIR TO THE ESTATE OF CHRISTINE L. HANKEL, JORDON HAN-KEL AS HEIR TO THE ESTATE OF CHRISTINE L. HANKEL, JOHN HANKEL AS HEIR TO THE ESTATE OF CHRISTINE L.

Said premises known as 109 PUTNAM DRIVE, CARMEL, NY 10512

Approximate amount of lien \$185,950.40 plus interest & costs. Premises will be sold subject to provisions of filed Judgment and Terms of Sale.

Index Number 500612/2022. CIRINO M. BRUNO, ESQ., Referee

Kosterich & Skeete, LLC Attorney(s) for Plaintiff 707 Westchester Ave, Suite 302, White Plains, NY 10604

{\* PUTNAM CO3\*}

P. 4/30, 5/7, 5/14, 5/21-54

### **PUBLIC NOTICE**

SUPPLEMENTAL **SUMMONS** 

# **PUTNAM COUNTY AND TOWN NOTICES**

To Place Legal Notices, Email (legals@putnampresstimes.com) or Call 845-628-8400

### PUBLIC NOTICE

Ste, 224, Syosset, NY. #102255

P. 5/7, 5/14, 5/21, 5/28-39

### PUBLIC NOTICE

### NOTICE OF SALE

SUPREME COURT COUN-TY OF PUTNAM, WILM-INGTON SAVINGS FUND SOCIETY, FSB, NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS OWNER TRUSTEE FOR VERUS SECURITIZA-TION TRUST 2023-INV1, Plaintiff, vs. NICKEISHA FRÁZER, Defendant (s).

Pursuant to a Judgment of Foreclosure and Sale duly entered on December 5, 2024, I, the undersigned Referee will sell at public auction at Courtroom 209 of Putnam County Courthouse located at 20 County Center, Carmel, NY 10512 on June 9, 2025, at 3:30 PM, premises known as 246 ROUTE 292, HOLMES, NY 12531. All that certain plot, piece or parcel of land, situate, lying and being in the Town of Patterson, County of Putnam and State of New York, Section: 3, Block: 1, Lot: 51. Approximate amount of judgment is \$443,183.35 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index # 500402/2024.

If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, the Mortgagee's attorney, or the Referee.

### NIKI PAGONES QUINN, Esq., Referee

Roach & Lin, P.C., 6851 Jericho Turnpike, Suite 185, Syosset, New York 11791, Attorneys for Plaintiff

#### P. 5/7, 5/14, 5/21, 5/28-51

#### PUBLIC NOTICE

**PROBATE CITATION File** No. 2024-195 SURROGATE'S COURT . COLUMBIA COUNTY CITATION THE PEOPLE OF THE STATE OF NEW YOPK STATE OF NEW YORK. By the Grace of God Free and

Independent TO. John Edward Grant, a

first cousin, once removed and distributee of Ann Marie Keeler, deceased, if living, and if dead, her executors, administrators, or heirs at law; otherwise to the distributees of Ann Marie Keeler,

deceased, and other persons, if any there be, and whose names and addresses are unknown to petitioner, and also to persons who are or make any claim whatsoever executors or administrators, of any persons who may be deceased, and who, if living would have any interest in these proceedings derived through, or from any or all of the above-named persons or their distributees, devisees, and legatees, and which persons, if any there be, their names and domicile addresses are unknown to petitioner. A petition having been duly filed by Mary Ann Bogausch, having an address of 16 Garden Street, Philmont, proposed Ex-ecutor under the Last Wll and Testament of Ann Marie Keeler, deceased, YOU ARE HEREBY CITED TO SHOWCAUSE before the Surrogate's Court, Columbia County, at 401 Union Street, Hudson, New York, on June 10 2025 at 9:45am in the forenoon of that day, why a decree should not be made in the Estate of Ann Marie Keeler, lately domiciled at 2349 County Route 1 1, Town of Claverack, Columbia County, New York, United States, admitting to probate a WII dated May 25, 2018, as the Will of Ann Marie Keeler,

**PUBLIC NOTICE** 

## **PUBLIC NOTICE**

### **OF LOSING YOUR HOME**

deceased, relating to real and personal property. and directing that Letters Testamentary be granted to Mary Ann Bogausch. Dated, Attested and Sealed April 21 .2025 Hon. MICHAEL C. HOW-

ARD, Surrogate Chief Clerk Kimberly Jor-

gensen John Connor, Jr. Esq 517-

828-2712 Attorney for Petitioner 76 Green Street, Hudson,

NY 12534

iohnconnor@homemail.com

Address of Attorney NOTE: THIS CITATION IS SERVED UPON YOU AS RE-QUIRED BY LAW. YOU ARE NOT REQUIRED TO APPEAR.

IF YOU FAIL TO APPEAR IT WILL BE ASSUMED YOU DO NOT OBJECT TO THE RE-LIEF REQUESTED. YOU HAVE A RIGHT TO HAVE AN AT-TORNEY APPEAR!!!

### P. 5/7, 5/14, 5/21, 5/28-80

### PUBLIC NOTICE

### SUPREME COUT OF THE STATE OF NEW YORK COUNTY OF PUT-

NAM; Index No: Index No.: 502023/2024 Filed November 19, 2024 PHH MORTGAGE CORPORATION

UNKNOWN HEIRS OF THE ESTATE OF SARAH GARDEL-LA A/K/A SARA GARDELLA; UNKNOWN HEIRS OF THE ESTATE OF LOUIS J. GARDEL-LA; RICHARD GARDELLA HEIR- AT-LAW; RONALD GARDELLA, HEIR-AT-LAW; WILLIAM GARDELLA, HEIR-AT-LAW; LOUIS GARDELLA, HUINER AT LAW, DODOTIN III, HEIR-AT-LAW; DOROTHY SMALL, HEIR-AT-LAW; JO-SEPH GARDELLA, HEIR-AT-LAW; UNITED STATES OF AMERICA; BOARD OF MAN-AGERS OF TWIN BROOKS MANOR A/K/A TWIN BROOKS MANOR HOMEOWNERS AS-SOCIATION, INC.; UNITED STATES OF AMERICA 0/B/0 INTERNAL REVENUE SER-VICE; NEW YORK STATE DEPARTMENT OF TAXATION AND FINANCE

"JOHN DOE #1" through JOHN DOE #12," the last twelve names being fictitious and unknown to plaintiff, the persons or parties intended being the tenants, occupants, persons or corporations, if any, having or claiming an interest in or lien upon the Subject Property described in the Complaint,

### PUBLICATION

#### TO THE ABOVE NAMED **DEFENDANTS:**

**UNKNOWN HEIRS OF** THE ESTATE OF SARAH GARDELLA A/K/A SARA GARDELLA; UNKNOWN

If you do not respond to this Summons and Amended Complaint by serving a copy of the answer on the attorney for the mortgage company who filed this foreclosure proceed-ing against you and filing the answer with the court, a default judgment may be entered and you can lose your home. Speak to an attorney or go to the court where your case is pending for further information on

how to answer the publication and protect your property. Sending payment to your mortgage company will not stop this

foreclosure action. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTOR-NEY FOR THE PLAINTIFF PHH MORTGAGE CORPO-RATION AND FILING THE ANSWER WITH THE COURT.

To the above named defen-dants: The foregoing Publication is served upon you by

publication pursuant to an order of the Hon. Gina C. Capone, J.S.C, a Justice of the Supreme

Court of the State of N.Y., dated March 14, 2025 and filed along with the supporting papers in the Putnam County Clerk's Office. This is an action to foreclose a mortgage on the property located 701 Twin Brooks Court, Carmel, NY 10512

Section: 44. Block: 1 Lot: 13.-701

Putnam County is designated as the place of trial based upon the location of the property being foreclosed. Attorneys for Plaintiff: STERN & EISEN-BERG, PC, 20 Commerce Drive, Suite 230, Cranford, NJ 07016 T:(516) 630-0288.

### P. 5/14, 5/21, 5/28, 6/4 - 144

### **PUBLIC NOTICE**

SUPREME COURT OF THE STATE OF NEW YORK, COUN-TY OF PUTNAM,

Index No. 1601/2023; SUM-MONS AND COMPLAINT dated September 13, 2023 Plaintiff des-ignates PUTNAM County as the place of trial **BEATA PARUCH**, Plaintiff against **JAN ONDRIS**-**KA**, Defendant. ACTION FOR A DIVORCE

Beata Paruch vs Jan Ondriska Action for Divorce, commenced on 10/16/2023. To: Jan Ondriska, you are hereby notified that an action has been commenced against you. This Summons is served upon you by publication pursuant to an order of the Supreme Court of the State of NY, Putnam County. The object of this action is to obtain judgement for absolute divorce. YOU ARE HEREBY SUMMONED to answer the complaint in this action to serve a copy of your answer on the Plaintiff's Attorney within thirty (30) days after completion of service. In case of your failure to appear or answer, judgment will be taken against you by default. Plantiff's Attorney: Vincent Ansaldi Esq. 2493 Welsch Court Yorktown Heights NY 10598 (914) 217-9975

PUBLIC NOTICE

### lawful purpose.

P. 4/9, 4/16, 4/23, 4/30, 5/7, 5/14

#### PUBLIC NOTICE

Emmana Solutions LLC Articles of Organization Was filed with Secretary

Of State (SSNY) on 12/17/2024 Location: Putnam County.

Ana Lozano has been designated

As LLC's agent upon whom Process against it may be Served. A copy of the pro-

cess Shall be mailed to: Ana Lozano

41 Secor Road, Mahopac NY 10541

Purpose: Lawful Purpose P. 4/16, 4/23, 4/30, 5/7, 5/14, 5/21

### **PUBLIC NOTICE**

### Notice of Qualification of **VISION PRODUCTS MID-**HOLD LLC

Appl. for Auth. filed with Secy. of State of NY (SSNY) on 04/07/25. Office location: Putnam County. LLC formed in Delaware (DE) on 11/08/24. Princ. office of LLC: 8 Slater St., Port Chester, NY 10537. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Corporation Service Co., 80 State St., Albany, NY 12207-2543. DE addr. of LLC: 251 Little Falls Dr., Wilmington, DE 19808. Cert. of Form. filed with Secy. of State, John G. Townsend Bldg., 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: Eyewear wholesale.

P. 4/23, 4/30, 5/7, 5/14, 5/21, 5/28

#### PUBLIC NOTICE

Notice of Formation of A&J LEGACY PROPERTIES, LLC. Articles of Org filed with SSNY on 12/14/2024. Office Location: Putnam County. SSNY designated as agent of LLC upon whom pro-cess may be served. SSNY shall mail process to: 98 Cherry hill rd Carmel NY 10512. Purpose: any lawful purpose or activity. P. 4/30, 5/7, 5/14, 5/21, 5/28, 6/4

PUBLIC NOTICE

Notice of Formation of HIGH TEK DESIGNS L.L.C. Arts. of Org. filed with SSNY on March 14th, 2025. Office location:

### PUBLIC NOTICE

Putnam County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to 5 Putnam Ave, Brewster Ny, 10509. Purpose: any lawful act or activity.

P. 5/7, 5/14, 5/21, 5/28, 6/4, 6/11

### PUBLIC NOTICE

Notice of Formation of **Imag-ine That in Cold Spring, LLC**. Articles of Org filed with SSNY on 02.06.2025. Office Location: Putnam County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to: c/o Imagine That in Cold Spring, LLC, 197 - 199 Main Street, Cold Spring, NY 10516, LLC. Purpose: any lawful purpose or activity.

P. 5/14, 5/21, 5/28, 6/4, 6/11, 6/18

### **PUBLIC NOTICE**

### Notice of Formation of GLE-NEIDA VIEW HOLDINGS LLC

Arts. of Org. filed with Secy. of State of NY (SSNY) on 05/02/25. Office location: Putnam County. Princ. office of LLC: 2 Lindy Dr., Carmel, NY 10512. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Steven Carinci at the princ. office of the LLC. Purpose: Any lawful activity.

P. 5/14, 5/21, 5/28, 6/4, 6/11, 6/18

#### **PUBLIC NOTICE**

Notice of Formation of Not Your Typical Sessions, LLC Articles of Org filed with SSNY on 04/27/2025. Office Location: Putnam County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to: 39 Mooney Hill Rd, Holmes NY 12531. Purpose: any lawful purpose or activity.

P. 5/14, 5/21, 5/28, 6/4, 6/11, 6/18

## **Be well** informed... **READ YOUR PUBLIC NOTICES**

### PUTNAM COUNTY PERSONNEL ISSUES CIVIL SERVICE EXAM PLEASE VISIT WEBSITE FOR DETAILS

Exam Title & No: Correction Officer 60-036-250 T&E Exam Date: There is no exam date. This is a training & experience examination Salary: \$61,636-\$92,833 (2025)

### HEIRS OF THE ESTATE OF LOUIS J. GARDELLA;

YOU ARE HEREBY SUM-MONED to answer the Amended Complaint in the above captioned action and to serve a copy of your Answer on the Plaintiff's attorney within twenty (20) days after the service of this Summons, exclusive of the day of service, or within thirty (30) days after completion of service where service is made in any other manner than by personal delivery within the State. The United States of America, if designated as a Defendant in this action may answer to appear within sixty (60) days of service hereof. In case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the Amended Complaint.

NOTICE

YOU ARE IN DANGER

P. 5/14, 5/21, 5/28, 6/4 - 40

**PUBLIC NOTICE** 



**CF KINGS RIDGE, LLC** Articles of Org. filed NY Sec. of State (SSNY) 3/10/25. Office in Putnam Co. SSNY desig. agent of LLC whom process may be served. SSNY shall mail process to 435 Union Valley Rd., Mahopac, NY 10541, which is also the principal business location. Purpose: Any business location. Purpose: Any

Last Filing Date: May 15, 2025 Exam Filing Fee: \$60

To apply and for information about minimum requirements, job duties, and subject of the exam, as well as the exam announcement, please visit: https://putnam.munisselfservice.com/employmentopportunities/ default.aspx or call Putnam County Personnel Department (845) 808-1650 X46105. EEO/AA 5/7, 5/14

### PUTNAM COUNTY PERSONNEL ISSUES CIVIL SERVICE **EXAM PLEASE VISIT WEBSITE FOR DETAILS**

Exam Title & No: Correction Officer (Spanish Speaking) 60-036-260 T&E Exam Date: There is no exam date. This is a training & experience examination Salary: \$61,636-\$92,833 (2025) Last Filing Date: May 15, 2025 Exam Filing Fee: \$60

To apply and for information about minimum requirements, job duties, and subject of the exam, as well as the exam announcement, please visit: https://putnam.munisselfservice.com/employmentopportunities/ default.aspx or call Putnam County Personnel Department (845) 808-1650 X46105. EEO/AA 5/7, 5/14

# Carmel Youth Revisit the American Revolution



Colonial and Revolutionary history are part of the fourth-grade curriculum, and George Fischer Middle School social studies teacher Keith Reilly and Carmel High School history teacher Rob Buccheri visited Kent Elementary School, Kent Primary School, and Matthew Paterson Elementary School to help bring American history to life for the youngsters – who dressed in uniform, marched, and pitched tents.





Fourth-graders in all three Carmel elementary schools learned about the American Revolution during a recent History Day celebration that allowed them to experience life the way soldiers did 250 years ago.

Photos were provided by GFMS reading teacher Denise Santalis, who organized the event.



# HARNESS THE POWER OF WALKING

Benefits of being physically active

#### FAMILY FEATURES

walk isn't just good for your body; it's a simple, powerful way to care for your mind and soul. Physical activity, like walking, reduces stress, boosts mood and promotes overall well-being. Yet physical activity levels in the United States continue to decline, a trend threatening both mental and physical health.

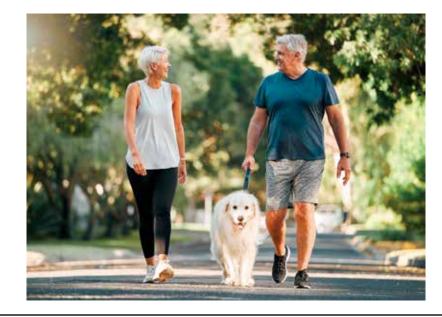
Less than half of adults and fewer than 1 in 5 children in the U.S. get the recommended amount of physical activity needed for heart health, according to the American Heart Association's 2025 Heart & Stroke Statistical Update.

National recommendations call for children to get at least one hour of physical activity each day, but the latest statistics show less than 19% of children in the U.S. achieve that target. Meanwhile, less than half of adults get the recommended 150 minutes or more of weekly physical activity.



What's more, according to data from a National Health and Nutrition Examination Survey, 1 in 4 U.S. adults sits for longer than eight hours each day, which can have negative consequences on physical and mental health.

For decades, the American Heart Association has championed the importance of physical activity in communities across the country. These tips and information can help you understand how a brisk walk can make a world of difference for heart health and mental clarity.



Photos courtesy of Shutterstock

### **Benefits of Physical Activity**

Staying active is one of the best ways to keep your mind and body healthy.

The physical health benefits may be obvious, but research suggests physical activity can also help bring more joy to your life. According to the 2019 Physical Activity Guidelines for Americans, people who get the recommended amount of physical activity are less likely to experience depression.

Regular physical activity enhances your mood, sharpens your mind, improves sleep and boosts overall well-being, all while reducing the risk of disease and depression and increasing both the quality and longevity of life.

### How to Be More Physically Active

Exercise as simple as a brisk walk can put a major spring in your step. It can even energize you to finish other tasks at hand, whether it's cooking or running errands. Give your daily physical activity level a boost with these tips: • Exercising outdoors is a great way to get

 Exercising outdoors is a great way to get moving. Spending time outdoors has been shown to reduce stress, promote a sense of belonging and improve mood. It's even better if you can enjoy the sunshine outside, which can improve mood, boost your immunity and help you get some vitamin D.

- Invite a family member or friend along with you. It's good for them, it's good for you and it's good company all around.
- Instead of wondering if you'll move today, explore how you'll move. A walk, a dance or a stretch all count.

### **Getting Pets Involved**

Pets are part of your family, and they can help you get healthy together. Pets provide a fun reason to spend more time outside and get the exercise needed to reduce the risk of disease later in life.

Getting moving along with your pet adds more exercise to your routine, which means living longer, reducing risk of dying from heart attack or stroke, reducing risk of diabetes, reducing stress and even boosting your overall happiness and well-being.

Exercising with your pet can also mean enjoying more socializing. You may find yourself meeting other dog owners in your area on a walk or at the dog park.

Learn more about how simple habits like walking can support your overall health at heart.org/MoveMore.