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VOL. 165 NO. 9 P.O. BOX 608, MAHOPAC, NEW YORK 10541 845-628-8400 PUTNAMPRESS@AOL.COM WEDNESDAY, MARCH 1, 2023

Putnam County Legislature Chairman Paul Jones makes remarks during a recent press conference at the Mahopac VFW calling on Gov. Kathy Hochul to restore funding to veterans' programs in this year's budget. He is joined by fellow Legislator Erin Crowley, Assemblyman Matt Slater, Carmel Town Supervisor Mike Cazzari, Putnam County Veterans Service Agency Director Karl Rhode and Deputy Director Art Hanley and Putnam County Clerk Michael Bartolotti, as well as veterans and other advocates.

Advocates & Lawmakers Outraged Over Cuts to Veterans' Programs

Local veterans and veteran advocacy groups were joined by lawmakers at the Mahopac VFW post last week to publicly voice their opposition to Gov. Kathy Hochul's proposed cuts to numerous veterans' programs in the 2023-24 state budget.

"A $227 billion budget, with billions of dollars in new funding, and the governor has proposed cutting millions of dollars that support our brave veterans and servicemembers," said Assemblyman Matt Slater, R-Yorktown. "If you talk to a lot of veterans, they will tell you that the services in our state are subpar, and that's unacceptable. We not only reject the governor's proposal, but we also need to do more for our valiant veterans."

'We went and served our country… We shouldn't have to beg for help. That has to change.' Putnam County Veterans' Service Agency Director Karl Rhode

The governor has proposed removing the funding for 17 veterans' programs that were added by the State Legislature last year, totaling $2.6 million.

The restoration of these cuts has support from both political parties in Albany. Slater recently signed onto letters to the governor from Assemblywoman Kimberly Jean-Pierre, chairperson of the Assembly Veterans' Affairs Committee, and Assemblyman Chris Burdick – both Democrats – calling for a restoration of the proposed cuts.

"With some of the programs Assemblyman Slater was talking

Continued on Page 15

Patterson Town Supervisor Richard Williams, left, presents a proclamation to Patterson Historical Society President Ron Taylor during the Feb. 22 town board meeting at Town Hall.

Patterson Historical Society Turns 50

By Holly Crocco

The Patterson Historical Society, which was charted by the New York State Board of Regents on Feb. 22, 1972, is celebrating 50 years since its inception, and was recently recognized for its service to the community.

During the Feb. 22 Patterson Town Board meeting, Supervisor Richard Williams presented President Ron Taylor with a proclamation for the society, on behalf of the town board.

Among the organization's accomplishments, the proclamation recognized the society's work to publish a 195-page art-covered history book for the town called "Vignettes of Patterson's Past;" collect, digitize and persevere more than 100,000 documents and images, including video, from residents; and maintain the old burial ground on Route 311 as well as move and restore the little red schoolhouse that used to be located on Route 22. The latter accomplishments Williams said were "no small feat."

"We extended our deepest appreciation and gratitude for the years of hard work and many accomplishments of their continued efforts preserving the history of the Town of Patterson," he said, when presenting the proclamation to Taylor, adding, "Nobody has worked hard than you have at preserving the history of the Town of Patterson."

Taylor thanked the town board for its support and assistance throughout the years, and recognized the society's many volunteers for the time they've given to the community.

"Thank all of you for all the work that you've done, and I hope you will continue to do," he said. "It's a long effort. Everyone is a volunteer, but it's very gratifying. The town appreciates it, and we get to do all the cool stuff with the old documents."

For more information about the Patterson Historical Society, visit http://pattersonhistoricalsociety.org.

Putnam Celebrates the Season of Lent

Parishioners lined up at St. Lawrence O'Toole & Sacred Heart Church in Brewster on Ash Wednesday to mark the start of the Lenten season. Provided photos.

Letters to the Editor

Leave the Water Where it is

Dear Editor:

Holtec Vice President Rich Burroni may not want us to use the term "dumping" about the company's planned release of radioactive water into the Hudson River this summer. But whatever you call it, the point is that it's a bad choice – for the seven communities that draw their drinking water from the Hudson; the people who swim, boat and fish in the river; and the children who play along its banks; not to mention the fish and river life.

Several nuclear experts including Ed Lyman, director of nuclear power safety at the Union of Concerned Scientists, and Arnie Gundersen, chief engineer of Fairewinds Energy Education, have stated that the best solution would be to leave the water where it is, in the fuel pools emptied of the fuel rods, allowing the tritium (which can't be separated out of the water) to decay over time into non-harmful helium.

Lyman has said, "Keep storing indefinitely and eventually the problem will solve itself."

Federal regulations allow 60 years for decommissioning. Spent fuel could remain at the site even after the decommissioning is completed, according to the Nuclear Regulatory Commission.

Buchanan Mayor Theresa Knickerbocker wants Holtec to complete the decommissioning in the shortest possible time so the site can be repurposed. Holtec wants to oblige her by cutting costs and cutting corners and keeping as much of the $2.4 billion in decommissioning funds it has received – from ratepayers over the years when the plant was operating – to line executives' and shareholders' pockets.

But the soil and groundwater on the property are contaminated, and it's highly unlikely Indian Point can be transformed for use as a park, shopping center or housing. The site should be remediated to the degree required, but residual radioactive elements to which people should not be exposed are likely to remain. The wisest adaptive reuse would be for a large, utility-scale solar array with battery storage, and possibly wind, since the Hudson is somewhat of a wind tunnel.

The new owner could generate renewable energy at a site already ideal for grid interconnection, and provide revenue to the Town of Cortlandt, Village of Buchanan and the Hendrick Hudson School District.

So, Holtec, leave the water where it is. It's cheaper than moving it anywhere, and better for everyone up and down the Hudson River.

Judy Allen
Putnam Valley

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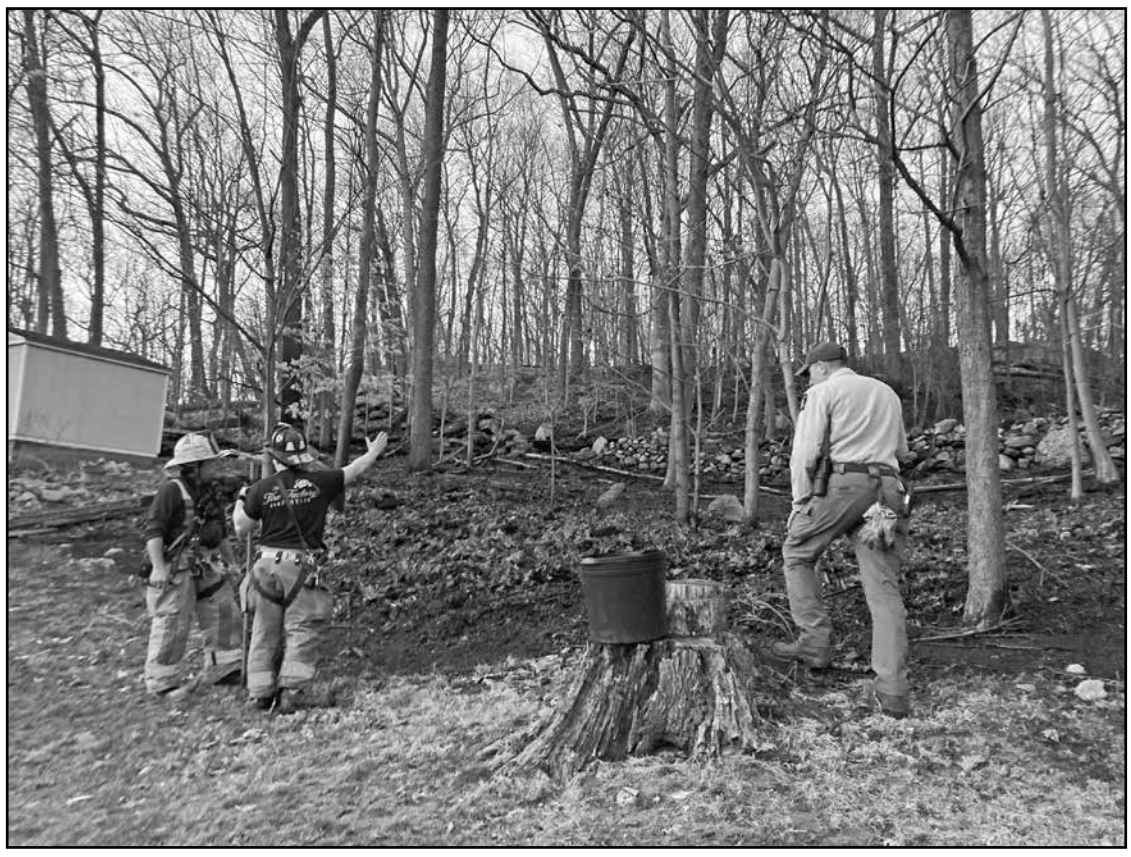

A wildfire in Mahopac was recently extinguished by firefighters and NYS Department of Environmental Conservation forest rangers. Photo courtesy of DEC.

Forest Rangers Respond to Putnam Wildfires

New York State Department of Environmental Conservation forest rangers recently responded to two wildfire incidents in Putnam County.

On Feb. 13 at about 3:45 p.m., rangers were called to a "leaf litter fire" off Schuyler Road in Garrison, where they learned that a 79-year-old homeowner was burning leaf litter and an ember blew to a nearby property, burning a gazebo.

While looking at his damaged gazebo, the 82-year-old property owner had a seizure, and rangers provided medical care until an ambulance arrived.

The homeowner who started the fire was issued two violations for setting a fire that endangered the property of another.

Then Feb. 15, rangers were called to a wildland fire at about 4:50 p.m., behind a residence in Mahopac. Carmel, Croton Falls, Mahopac and Somers firefighters contained the burn to 3 acres, while rangers continued putting out hot spots to prevent the fire from spreading to nearby homes.

Rangers declared the fire "out" at 1:30 p.m. the next day.

New York State DEC forest rangers respond to search-and-rescue incidents statewide. Working with other state agencies, local emergency response organizations and volunteer groups, rangers locate and extract lost, injured or distressed people from across the state.

In 2022, rangers conducted 359 search-and-rescue missions, extinguished 162 wildfires covering more than 1,300 acres, participated in 53 prescribed fires that served to rejuvenate nearly 900 acres of land, and worked on cases that resulted in hundreds of tickets and arrests.

"With more people visiting state lands and enjoying New York's myriad world-class outdoor recreational opportunities, DEC's forest rangers are on the front lines to help visitors get outside responsibly and get home safely," said DEC Commissioner Basil Seggos. "Each day, these highly trained first responders are protecting irreplaceable natural resources and utilizing their expert knowledge of wildland fire suppression, wilderness first aid, land navigation, law enforcement, and technical rescue techniques to successfully execute critical missions."

County Gets $6 Million for EMS Infrastructure

Putnam County has been awarded $6 million through the Statewide Interoperable Communications Grant targeted program, announced Gov. Kathy Hochul recently.

More than $62 million has been awarded to 14 counties to help strengthen emergency communications and interoperability infrastructure used by local first responders. The program, administered by the New York State Division of Homeland Security & Emergency Services, provides funding to enhance public safety through improving and modernizing infrastructure, addressing communications deficiencies, implementing national interoperability channels and boosting regional connectivity between counties and systems.

"Funding public safety partners is core to our agency's mission," said DHSES Commissioner Jackie Bray. "These grants will help counties in upstate regions make upgrades to their emergency communications systems. New York's first responders need the highest-quality tools and resources to ensure communications are effective throughout an emergency response."

Interoperability gives first responders the ability to share information and data in real time during an emergency. The Statewide Interoperable Communications Grant targeted program is a non-competitive grant program designed to improve the status of land mobile radio interoperability for New York's public safety agencies. Funding is distributed to eligible applicants that have insufficient coverage or infrastructure on national interoperability channels or to improve shared systems.

The maximum available award to each recipient is $6 million, with only one application being accepted per county. Prior to issuing the awards, DHSES reviewed applications and provided technical assistance to applicants upon request.

The 2022 Statewide Interoperable Communications Grant targeted program will fund local projects that enhance interoperability though expansion of shared systems in the Capital Region, Central New York and the Southern Tier; and expansion of common radio channels in the Hudson Valley and Finger Lakes.

Additional projects will strengthen the resiliency of key public safety communications systems.

Got Something to Say?

Write to putnam press@aol.com to be considered for our Letters to the Editor page. Please put "Letter to the Editor" in the subject line -- and be sure to include your contact information in your email.

Carmel firefighters recently responded to a car fire in town.

Bill Guaranteeing Health Benefits for Volunteer Firefighters Passes Senate

The New York State Senate recently passed legislation that will help expand health benefits for volunteer firefighters. If approved by the Assembly and signed by the governor, it will make permanent the long-standing law covering disability determinations for volunteer firefighters due to certain lung disabilities.

"Volunteer firefighters statewide often incur major diseases and ailments in the course of protecting our residents and businesses, so we must reciprocate and safeguard the health of these brave first responders whenever possible," said State Sen. Pete Harckham, D-Peekskill, who sponsored the legislation. "This bill will eliminate a sunset clause for lung care while streamlining access to much deserved health benefits."

Volunteer firefighters provide an invaluable service to New York State and its individual communities. Accordingly, Harckham said it makes sense to prevent unnecessary worry on the part of volunteer firefighters and their families as to whether they will receive their benefits.

Bill S.1176, regarding firefighters with lung maladies, will amend a 2006 law that grants important lung health care benefits, yet needs to be renewed through legislative approval and enacted every two years.

Similar health benefits for full-time firefighters, however, do not need to go through the biannual approval process – even though career and volunteer firefighters are exposed to the same risks.

Lung disabilities for firefighters exceed those experienced by the average adult population in the U.S., according to Harckham's office. In the line of duty, firefighters are exposed to gases, toxins and other substances that have damaging short- and long-term effects on the respiratory system.

Some of the toxic gases and respiratory tract irritants that firefighters are at risk of inhaling include sulfur dioxide, hydrogen chloride, phosgene, nitrous oxides, aldehydes and particulate matter.

The State Senate passed a similar bill introduced by Harckham last year, but the Assembly did not approve the legislation. If enacted, this legislation will benefit more than 80,000 volunteer firefighters and their families across New York, he said.

"We would like to thank Sen. Harckham for his hard work in getting this important piece of legislation again passed in the State Senate," said Edward Tase Jr., president of the Firefighters Association of the State of New York.

"New York's volunteer firefighters are exposed to dangerous chemicals while fighting fires that may cause lasting lung damage," he said.

"FASNY wholeheartedly supports this legislation, which will take this long-standing benefit and make it permanent, further strengthening this critical safety net for our volunteer firefighters. We are ready to work with the Assembly and we urge them to follow suit and pass this in their house."

Brewster to Address Traffic on Prospect Street

The Brewster Village Board will hold a public forum March 1 at 7:30 p.m. at Village Hall, 50 Main St., to discuss traffic issues that occur Sundays on Prospect Street.

The board has received complaints regarding the difficulty in parking and traveling on Prospect Street on Sundays, and is considering making the road a one-way Sundays to provide some relief.

The board is asking for public input on the change to gauge public opinion and hear other options of how to relieve this area of congestion on Sundays.

This meeting will not be streamed on Zoom. All who wish to speak are welcome to do in person.

If you are unable to attend the meeting but would like to provide your input, send any questions, comments or concerns to Village Clerk Michelle Chiudina at mchiudina@brewster-village-ny.gov with the subject line "Prospect Street."

Gouldman Seeks Re-Election to County Legislature

Putnam County Legislator Bill Gouldman, R-Putnam Valley, recently announced that he is seeking re-election to his seat representing District 2, and that he has been backed by the Republican Party.

"It has been an honor to represent the people of Putnam Valley for the past eight years," he said. "We have been able to bring a common sense, fiscally responsible focus to Putnam County government."

Gouldman said that since he took office in 2015, all of the county budgets have been approved, and county government has held down out-of-control contracts, kept social safety nets in place, enhanced public safety, kept cultural programs viable and added services for senior citizens and veterans – all without reducing essential county services.

"I've known Bill Gouldman for over 20 years," said County Executive Kevin Byrne. "He is the epitome of a public servant and is someone who has selflessly dedicated much of his time and energy to the people of Putnam County. Whether it's his commitment to the water quality of our lakes or the condition of our transportation infrastructure, Bill has worked tirelessly to ensure the needs of Putnam Valley and its people are heard in county government. I wholeheartedly endorse Bill Gouldman for Putnam County legislator and will do all I can to support him as we work together to better this beautiful county we call home."

Legislature Chairman Paul Jonke, R-Brewster, also backed Gouldman for re-election.

Putnam County Legislator Bill Gouldman

"Bill Gouldman has been instrumental toward moving matters forward for the betterment of the people of Putnam County," he said. "Bill is a man of integrity who works hard on behalf of his constituents. I am in complete support of his candidacy for another term as legislator for District 2."

Gouldman said that, despite the accomplishments and successes he has enjoyed as a legislator, there is still more to be done to reduce spending and implement policies to improve county government.

"I will continue to fight for the families who deal with addiction and substance abuse, and support all first responders – including law enforcement, fire and EMS," he said. "I am confident we are on the right track and the best days of Putnam County are still to come. I look forward to another term working with my colleagues on the Legislature, and the new county executive."

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The program is supported with public funds through the New York State Council on the Arts with support of Governor Kathy Hochul and the New York State Legislature and with public funds through Putnam County Government.
Produced with permission by Dramatist Play Service.

Mixed-Use Housing, Infrastructure Projects in HV Get a Boost

Gov. Kathy Hochul last week announced details of the Mid-Hudson Momentum Fund, a $150 million funding initiative specifically for mixed-use housing and infrastructure projects throughout the Mid-Hudson region, to help communities meet growing infrastructure needs in light of the recent, region-wide population increase brought on by the COVID-19 pandemic.

Together, the governor's budget proposals and the new fund – to be implemented by Empire State Development – represent major commitments to the Mid-Hudson region that will increase the housing supply to meet growing demand and invest in key infrastructure projects.

"The fund will incentivize the development of much needed mixed-use and infrastructure projects, improving the overall quality of life in the region," said Empire State Development President, CEO and Commissioner Hope Knight.

The Mid-Hudson region has become a top destination for both tourists and new permanent residents, with more than 33,000 new residents moving to the region over the past two years alone.

With regional housing stock availability being at less than 1 percent last year, there is a pressing need for new development to support the influx of residents.

The $150 million Mid-Hudson Momentum Fund will focus on mixed-use housing and essential infrastructure projects that directly support housing supply growth in the Mid-Hudson region. Private companies, not-for-profits, municipalities, and public benefit corporations including industrial development agencies and local development corporations are eligible to apply, and the funding will be broken up equally into mixed-use housing projects and essential infrastructure projects, with awards ranging from $2 million to $10 million.

A 50 percent match will be required for all projects.

Detailed information will be available on the ESD website and interested parties may sign up to be notified when the fund is open and accepting applications, at ESD.ny.gov/momentum.

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Nutrition Corner

By Allison J. Stowell MS, RD, CDN

Five 2023 Nutrition Trends

From functional foods to hacks in the kitchen, these are the trends that are guiding your shopping lists, online clicks, and food dollars in 2023:

Functional foods are foods that do more than simply feed you. With added benefits like improving your gut, supporting a strong immune system, preventing chronic disease and more, functional foods do double duty. These are the foods fortified with additional micronutrients, boosted with added fiber, or designed to do more than simply satiate. The number of foods in this "food as medicine" category is growing. Take advantage of them to get more "bang for your bite".

Speaking of **gut health**, this trend is only getting stronger. With probiotics and prebiotics finding their way into more products, foods companies are poised to meet this enduring trend. The focus on gut health is for good reason, as not only does a healthy gut aid in maintaining regularity and preventing chronic disease, but 70% of our immune system is found in our gut.

Whether it's for sustainability or to lessen the food budget, **plant-based protein** is still sought after. Look for products integrating whole grains, pea protein and other plant-based proteins in a cleaner, less processed format. Plant-based doesn't always mean "better-for-you". Review food labels to ensure your plant-based foods are still low in sodium, saturated fat and added sugar.

Think of the trend toward **better beverages** as the result of greater emphasis on functional foods, gut health, and plant-based protein. Today's shelves offer beverage blends with added nutrients designed to do more than simply hydrate. Poised to meet our goals of reducing added sugar in our diets, better beverages are often made from 100% fruit juice, fermented bacteria, plant protein and more.

Living in a post-pandemic world and other factors has led to **cooking** as a growing trend. Healthier packaged products, better-for-you sauces, marinades with unique flavor profiles, and more are taking over supermarket shelves to help you get dinner done fast and with less effort. Breakfasts designed to provide the same convenience of your local coffee shop are also saving you time and money.

Allison Stowell is a registered dietitian for Hannaford Supermarkets. For more information on free, virtual nutrition classes and more, email: astowell@hannaford.com.

Tostadas with Butternut Squash & Black Beans
Hannaford.com

Ingredients:
1/2 butternut squash, roasted
1 t. cumin
1/2 t. chili powder
1 T. maple syrup
6 (6 in.) whole grain pita breads
1 (15 oz.) can no-salt-added black beans, rinsed, and drained
Juice from 2 limes, divided
1 T. olive oil
1/4 t. salt
1/4 c. plain, nonfat Greek yogurt
2 avocados, sliced
1/4 c. fresh cilantro, chopped
1/4 c. pumpkin seeds, toasted

Directions:
1. Preheat oven to 400 degrees F. Line a baking sheet with foil.
2. Mash roasted squash with cumin, chili powder, maple syrup, and salt.
3. Place pitas on baking sheet and bake for 10 minutes. Remove and set aside.
4. Toss black beans with half of lime juice, olive oil and salt.
5. Whisk together yogurt with other half of lime juice. Add a little water to give it a drizzling consistency.
6. Spread each pita with squash. Top with black beans and a few slices of avocado. Drizzle with the lime yogurt. Garnish with cilantro and pumpkin seeds and serve immediately.

Mini Turkey Sloppy Joes

(Family Features)

Mini Turkey Sloppy Joes
Recipe courtesy of "Honey and Birch" on behalf of RAGÚ

Ingredients:
1 teaspoon extra-virgin olive oil
1 cup diced onion
3 cloves garlic, minced
1 pound ground turkey
1 cup finely diced carrots
1 medium green pepper, diced
1 medium red pepper, diced
1 jar RAGÚ Simply Chunky Marinara Sauce
1 tablespoon Worcestershire sauce
1 teaspoon ground mustard
1/2 teaspoon kosher salt
1/2 teaspoon black pepper
4 mini buns

Directions:
In large skillet over medium heat, heat extra-virgin olive oil. When hot, add onion and garlic; sauté until onion is translucent.

Add ground turkey. Break up meat and stir frequently until browned. Add carrots, green pepper and red pepper. Cook 5 minutes until vegetables begin to soften.

Add marinara sauce, Worcestershire sauce, ground mustard, salt and pepper. Stir and bring to boil. Reduce heat to simmer and partially cover pan. Cook 10 minutes.

Serve on mini buns.

Servings: 4
Source: RAGÚ

Grants Awarded to Help Older Adults

The Field Hall Foundation in Cortland Manor has announced more than $253,250 in new grants through its winter 2022/23 grant cycle. Thirteen grants ranging from $4,000 to $50,000, have been awarded to organizations that will provide services to improve the lives of older adults and their caregivers in Dutchess, Putnam and Westchester counties.

Among the grant recipients are: Catholic Charities of Westchester & Putnam, which will receive $50,000 to provide case management and emergency relief funding to seniors in need; Hillside Food Outreach, which will receive $15,000 to support deliveries of nutritious foods to homebound seniors in Putnam and Westchester; Parole Preparation Project, which will receive $15,000 to provide direct support and assistance to formerly incarcerated elders returning home from prison in Dutchess, Putnam and Westchester; and Pawling Resource Center, which will receive $5,000 to relieve food insecurity in Pawling.

This is the first of the foundation's three grant cycles for 2023. Letters of Inquiry are now being accepted for the fall cycle; the deadline for submission is May 31.

For more information, visit www.fieldhallfoundation.org or contact Patti Lavan Horvath, program officer, at 914-813-9103 or phorvath@fieldhallfdn.org.

March 1 Deadline for Enhanced STAR Exemption

The New York State Department of Taxation & Finance reminds seniors that, for most localities, the deadline to apply for greater property tax savings through the Enhanced STAR property tax exemption is March 1.

To be eligible to upgrade to the 2023 Enhanced STAR property tax exemption, seniors must currently receive the Basic STAR property tax exemption, have one owner of the property who will be at least 65 years of age by Dec. 31, and had a 2021 income no greater than $93,200.

"The Enhanced STAR exemption provides significant property tax relief to more than a half-million seniors," said Acting Commissioner of the Department of Taxation & Finance Amanda Hiller. "It is important for seniors who become eligible this year to apply by the deadline to receive additional savings."

Eligible seniors should apply to their assessor's office by the due date, which is March 1 in most towns and some cities, but there are exceptions. Seniors should verify their exact due date with their local assessor.

To apply, seniors must provide the following to the assessor: Form RP-425-E, "Application for Enhanced STAR Exemption;" Form RP-425-IVP, "Supplement to Form RP-425-E;" and proof of income from their 2021 state or federal income tax forms. If the senior wasn't required to file an income tax return, the assessor can guide them on how to provide proof of income.

In 2022, 568,000 seniors received a total of nearly $800 million in savings from the Enhanced STAR property tax exemption.

Seniors who receive the STAR credit instead of the STAR exemption don't need to apply or take any other action. The tax department will automatically upgrade them to Enhanced STAR if they qualify.

For more information, contact the STAR Hotline at 518-457-2036 between 8:30 a.m. and 4:30 p.m. weekdays.

Take a Trip to Ireland in Putnam Valley

Tompkins Corners Cultural Center will present "IRELAND: on Location," an exhibit of paintings and sketches by Jacqueline O'Malley-Satz, in the Maaike Hoekstra Gallery from March 5 through April 23.

A reception will be held March 26 from 2 to 4 p.m., during which the TCCC Ceili Band will perform while O'Malley-Satz sketches them – just as she has done in pubs and seisiúns she attended in her many trips to Ireland.

The paintings, both watercolors and oils, and sketchbooks were created in Ireland, where the artist immersed herself in the sights and activities of towns like Inis mor in the Gaelic-speaking Gaeltacht, Killarney in the Ring of Kerry, and Dingle along the Wild Atlantic Way.

Always carrying her sketchbook, O'Malley-Satz has captured both the beauty of these areas and the daily life of the people. Many of her works include calligraphed poems by William Butler Yeats, which Neil Hickey will recite at the reception.

Now a professor of art at Orange County Community College in Newburgh, O'Malley-Satz exhibits her work regularly in galleries across the Hudson Valley and upstate New York.

Entrance to the reception is free, and refreshments will be served.

This exhibit will be on view during events and has been made possible by a grant from the Anne Anastasi Foundation.

Tompkins Corners Cultural Center is a 501(c)3 not-for-profit organization located in the historic church at 729 Peekskill Hollow Road, Putnam Valley. For more information, visit TompkinsCorners.org.

Funding Supports Innovative Programs to Treat Opioid Addiction

More than $8.6 million is available to develop comprehensive integrated outpatient treatment programs to address opioid use disorder across New York State, announced Gov. Kathy Hochul recently.

Administered by the state's Office of Addiction Services & Supports, the funding will support up to 18 providers in their efforts to establish these innovative programs and is the latest award through the New York State Opioid Settlement Fund.

Comprehensive integrated outpatient treatment programs provide more opportunities to access person-centered comprehensive services, including medication treatment for opioid use disorder, and are a new initiative to address the ongoing need for integrated treatment in New York, according to Hochul. These programs are designed to make it easier for New Yorkers seeking treatment for substance use disorder to access multiple services in one location.

Providers can apply for funding to support existing integrated programs, combine existing opioid treatment and outpatient programs, or develop new integrated programs. Funding will be awarded through a request for applications process.

"The opioid epidemic has taken the lives of far too many," said Acting State Department of Health Commissioner Dr. James McDonald. "All New Yorkers deserve compassionate care and access to treatment, and these programs will save lives."

New York State will receive more than $2 billion through various settlement agreements with opioid manufacturers. A portion of the funding from these settlements will go directly to municipalities, with the remainder deposited into a dedicated fund to support prevention, treatment, harm-reduction and recovery efforts to address the ongoing opioid epidemic.

Members of Drug Crisis in Our Backyard of Mahopac recently handed out lifesaving medicine used in the event of an opioid overdose during a Narcan training event at the Pace University School of Law Wellness fair.

The same legislation that established the dedicated fund also created the Opioid Settlement Fund Advisory Board, which is tasked with making recommendations on how settlement dollars should be allocated to best serve those in need. Board members issued their first recommendations Nov. 1, identifying the expansion of harm-reduction services and treatment as top priorities.

New York continued to grapple with opioid-related deaths in 2021, with fentanyl now involved in most overdose deaths statewide, according to a report released by the state Department of Health.

Other key findings include: 4,766 overdose deaths involving opioids, a 14 percent increase over the prior year; 10,430 outpatient emergency department visits due to opioid overdoses, a 12.6 percent increase over the prior year; and 19,139 instances of naloxone being administered by emergency medical services, an 11.8 percent increase over the prior year.

New York State has instituted an aggressive, multi-pronged approach to address the overdose epidemic, and created a nation-leading continuum of addiction care with full prevention, treatment, harm-reduction and recovery services, according to Hochul's office. The state has worked to expand access to traditional services, including crisis services; inpatient, outpatient and residential treatment programs; as well as medication to treat addiction, mobile treatment and transportation services.

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Assemblyman Matt Slater, at the podium, speaks at a press conference in support of strengthening public safety, with law enforcement and local officials, including Congressman Mike Lawler, left, and Putnam County Sheriff Kevin McConville, right, Feb. 16 in Yorktown.

Lawmakers 'Back the Blue'

Assemblyman Matt Slater, R-Yorktown, joined Congressman Mike Lawler, R-Suffern, Putnam County Sheriff Kevin McConville, and police chiefs and district attorneys from throughout the Hudson Valley at a Feb. 16 press conference in Yorktown to denounce various soft-on-crime laws and to support local law enforcement.

Elected officials joined law enforcement for a roundtable discussion on cashless bail laws, "Raise the Age" and how to best support law enforcement.

"The ironic reality right now is that our police and first responders are under attack," said Slater. "These soft-on-crime laws are turning our streets into the Wild West and emboldening criminals at the expense of our families' safety. Progressives in Albany are continuing to make all crime less and less punitive, which sends the wrong message to society and our youth.

"We stand here in support of all men and women in blue and those who have to clean up the consequences of these laws," continued Slater. "They will forever have our support."

We Will Miss

Brewster

Robert J. Townsend, 70, February 15, Joseph J. Smith Funeral Home, Mahopac, (845) 621-1992.

Carmel

John T. Meyer, 62, February 14, Cargain Funeral Home, Carmel, (845) 225-3672.

Carmela "Millie" Santero, 96, February 16, Cargain Funeral Home, Carmel, (845) 225-3672.

Theresa A. Geoghegan, 58, February 16, Cargain Funeral Home, Carmel, (845) 225-3672.

Kenneth "Kenny" Platt, 64, February 18, Cargain Funeral Home, Carmel, (845) 225-3672.

Kieran Sean Walsh, 62, February 13, Joseph J. Smith Funeral Home, Mahopac, (845) 621-1992.

Mahopac

George S. Moscowitz, 90, February 14, Joseph J. Smith Funeral Home, Mahopac, (845) 621-1992.

Maureen E. Seger, 57, February 17, Joseph J. Smith Funeral Home, Mahopac, (845) 621-1992.

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Elder Law Advice
Alan D. Feller, Esq.

Is Your Estate Plan Like an Easter Egg Hunt?

My parents had a knack for planning fun outings. Who could forget that April afternoon in 1980 when I accompanied them to three banks to sit with a banker and go over 12-month CD rates?

Inflationary cycles and bank visits went together like peanut butter and jelly in my family. High-interest rates were like warm hugs from the government. As an added perk, banks even threw in a toaster, vacuum cleaner or small black-and-white TV when you opened a new account.

Being teachers during that era, my parents' salaries were effectively locked in place. Shopping around to locate higher interest rates for their savings was the intelligent way to combat their earnings limitations. However, for estate planning purposes, more accounts made recordkeeping more complicated.

Estates can take a long time to administer because heirs and executors have to track down old bank accounts, storage lockers and property records. Separating junk from valuable antiques is not always simple. Executors often must educate themselves as to the decedent's collectibles – their value, their marketplaces and the best sale options.

Hoarder homes present additional obstacles, as important records blend in with thousands of bags and envelopes. Finding hidden cash and jewelry is not uncommon, and that, too, can slow an estate down as executors search every drawer and box.

In addition to drafting fundamental planning documents such as a Will or Trust, we encourage clients to create a "Letter to my Executor." This instruction letter contains a list of assets, passwords, tangible personal property, collectibles and other important facts necessary to help organize one's estate. How is an adult child otherwise supposed to piece together 50 years of accumulations and financial activity without some guidance?

Relying on database searches of unclaimed funds is inefficient, so why not make life easier for your family?

One solution is consolidation; work with a financial advisor to bring order to a haphazard collection of financial accounts. Merging numerous small accounts into one or two accounts is a basic consolidation step. As a bonus, updating beneficiary forms for these consolidated accounts will simplify the estate process. Beneficiary designations direct assets to the exact individual without going through the Probate process.

For tangible personal property, tag sales offer an excuse to comb through personal belongings and identify items that have value but take up space and are no longer needed. Sometimes, aging parents may not realize how valuable some of their personal effects or artwork has become.

Taking photos and making spreadsheets are smart ways to organize heirlooms. This information can be forwarded to reputable auction houses and dealers who will schedule home visits if it is warranted.

Romping through a backyard to snatch plastic eggs with candy inside is way more fun than opening up 60-year-old sewing boxes to find that Emigrant Savings Bank Passbook from 1975. The lesson is, as always, make life simpler for the people you care about.

Alan D. Feller, Esq., is managing partner of The Feller Group, located at 625 Route 6, Mahopac. He can be reached at alandfeller@thefellergroup.com.

BOCES to Hold Union Info. Event

The Career & Technical Education Center at Putnam/Northern Westchester BOCES will host a regional union information event March 23 from 6 to 9 p.m. on campus, at 200 BOCES Drive, Yorktown Heights, for students looking to learn about career opportunities and apprenticeships with local unions.

To register, visit pnwboces.org/site/News/PNW-BOCES-to-Hold-Regional-Union-Information-Event.

Representatives from carpentry, electrical, architectural, HVAC, plumbing, welding, masonry, engineering, painting, roofing and other unions will be on hand to educate students and parents and answer questions.

Union partners for the event include: Boilermakers Local 5; Bricklayers & Allied Craftworkers Local 1; Carpenters Locals 251 and 279; Electricians Locals 3 and 363; Insulators Local 91; Iron Workers Locals 40, 197 and 580; Laborers Locals 17,18, 60, 235 and 754; Plumbers & Steamfitters Locals 21 and 373; Metallic Lathers Local 46; Operating Engineers Locals 15, 137, and 825; North Atlantic States Regional Council of Carpenters; DC9 Painters & Allied Trades Local 1087; Painters Local 113; Roofers Local 8; Sheetmetal Workers Local 38; Teamsters Locals 445 and 456; Carpenters NASRCC; and NYC Council Carpenters.

Employer partners include Construction Industry Council, Westchester & Hudson Valley, Inc.; and the Building Contractors Association, Westchester & the Mid-Hudson Region.

Putnam County Community Events

'Inherit the Wind'
The Brewster Theater Company will present "Inherit the Wind" through March 12 at the Theater at Drew United Methodist Church in Carmel. A high school teacher is jailed for teaching evolution in the small town of Hillsboro. What ensues is the trial of the century. Tickets are $22.50 and available at www.brewstertheatercompany.org.

Advisory Board Member Needed
The Town of Kent is accepting resumes for vacancies on the Lake Carmel Park District Advisory Board. Apply by submitting an application or resume to the Kent town clerk at 25 Sybil's Crossing, Kent Lakes, N.Y. 10512; or lcappelli@townofkentny.gov.

Seedling Sale
Putnam County Soil & Water Conservation District and Cornell Cooperative Extension-Putnam County are presenting the 2023 annual Tree & Shrub Seedling Sale, with all proceeds being dedicated to CCE's new education center at the Tilly Foster Farm & Educational Institute in Brewster. For more information, contact Lerner at jjs95@cornell.edu or 845-278-6738.

Farmers' Market
The Hudson Valley Regional Famers' Market takes place every Sunday from 10 a.m. to 2 p.m. at Hudson Valley Cerebral Palsy Association, 15 Mt. Ebo Road South, Brewster. Fresh vegetables, fruits, meats, eggs, baked goods (gluten-free, too), hand-made objects, knife sharpening and more. A community market experience year-round. Voted best Farmers Market in Putnam County.

Tuesday, Feb. 28

Horse 101
Cornell Cooperative Extension-Putnam County will present its (virtual) Horse Care 101 series Tuesdays, Feb. 28, March 28, April 11 and April 25 from 7 to 8:30 p.m. Registration is $10 per session, or $25 for all sessions, and cam be completed at putnam.cce.cornell.edu.

Open Mic Night
All ages are invited to attend Reed Memorial Library's monthly open mic night Feb. 28 at 6 p.m. Share your writing, music or comedy set – or just listen. Register at carmellibrary.org/calendar.

Long-Term Survivors
Support Connection, Inc., will host a free program, "Seven Years Or More Post-Diagnosis: An Open Discussion" via Zoom on Tuesday, Feb. 28 from 7 to 8 p.m. Open to people nationwide who were diagnosed with breast, ovarian or any gynecological cancer seven or more years ago. Pre-registration is required; call 914-962-6402 or 800-532-4290 no later than 5 p.m. Feb. 27. www.supportconnection.org.

Wednesday, March 1

Pizza Fundraiser
Putnam Valley Cub Scouts Pack 53 will host a pizza night fundraiser the first Wednesday of the next three months – March 1, April 5 and May 3 – at Noona's Brick Oven Pizzeria, 17 Peekskill Hollow Road, Putnam Valley. Mention the fundraiser, and the restaurant will donate a portion of each sale on these dates to Pack 53. Funds raised help the Scouts serve the local community, promote character development, practice sportsmanship and good citizenship, and more.

Irish Soda Bread Sale
The Brewster VFW Post will hold an Irish soda bread sale featuring homemade bread made to order between March 1 and 10. Call Karen at 845-721-0265 or Debbie at 845-803-1563. $20 for a large loaf. Orders to be picked up at the VFW Post on Peaceable Hill Road on Thursday, March 11 between 4 and 6 p.m.

Daniel Nimham
Sculptor and historian Michael Keropian will present "Revisiting Daniel Nimham" at the Kent Public Library on Wednesday, March 1 at 6 p.m. He will be introduced by Richard Othmer. Those planning to attend should register at https://kentlibrary.evanced.info/signup/calendar.

Thursday, March 2

Historical Book Society
A new adult book group, Historical Book Society, meets the first Thursday of the month at 5 p.m. at Mahopac Public Library. On March 2, discuss "The Kitchen Front" by Jennifer Ryan. Request a copy of the book by calling 845-628-2009, ext. 100, or emailing askus@mahopaclibrary.org, or pick up a copy at the front desk.

Diamond Painting
Bernadette Pacific will teach "diamond painting," which is similar to paint-by-number using resin rhinestones, Thursday, March 2 at 1 p.m. at Patterson Library. Learn a new craft and take home your own "diamond-painted" notecard. Limited to 15 participants. Designs will vary. Register at pattersonlibrary.org.

Saturday, March 4

History of Indian Point
Author Brian Vangor will discuss his new book, "Indian Point Nuclear Power Plant" on March 4 at 1 p.m. at Mahopac Public Library. This book summarizes the entire history of Indian Point from the 1924 pleasure park to the end of operation of Indian Point in 2021. Primarily, the book describes the construction and operation of all three units and pays tribute to the work done by the thousands of people who worked there. Registration is requested at www.mahopaclibrary.org or 845-628-2009, ext. 100.

Gel Plate Printing
Local artist Heidi Stein will lead an art workshop March 4 from 11 a.m. to 12:30 p.m. at Reed Memorial Library in Carmel. Perfect for beginner and experienced artists, explore various methods of gel plate printing to use for cards, zines or collage. Registration is required at carmellibrary.org/calendar.

Sunday, March 5

Lucky Cash Bingo
The Knights of Columbus 6318 Ladies Auxiliary will host a Lucky Cash Bingo event March 5 at 2 p.m. at 10 Fair St., Carmel. Doors open at 1 p.m. $35 via Eventbrite or $40 at the door. Raffles, specials, bell-jar, concessions and more. Proceeds to go to charity. Email ladiesofkofc@gmail.com for more information.

Monday, March 6

Kindergarten Registration
Kindergarten registration for the Brewster High School Class of 2036 takes place the weeks of March 6 and March 13 by appointment only. Children who will be 5 years old on or before Dec. 1 are eligible to register for September classes. Families residing in the district are asked to call John F. Kennedy Elementary School at 845-279-2087, ext. 4111, for more information.

Tuesday, March 7

Blood Drive
New York Blood Center will hold a blood drive at Trinity Lutheran Church, 2103 Route 6, Brewster, on Tuesday, March 7 from 12:30 to 6:30 p.m. Appointments preferred; walk-ins welcome. Sign up by calling 1-800-933-2566 or register at nybc.org.

Kent Town Board
The Kent Town Board will meet the following Tuesdays at 7 p.m. at Kent Town Hall: March 7 and 21, April 4 and 18, May 2 and 16, June 6 and 20, July 11 and 18, Aug. 1 and 17 (daytime), Sept. 5 and 19, Oct. 3 and 17, Nov. 6 (Monday) and 21, and Dec. 5 and 19.

Garden Club Meeting
The monthly meeting of the Lake Mahopac Garden Club will take place Tuesday, March 7 at Whispering Pines Nursery. The meeting begins at 11:30 a.m., and staff will be available to guide visitors and answer questions about the plants on display. Lunch will follow at Dana's Diner. Email Anne Gagliardi at annegagliardi@hotmail.com or visit www.lakemahopacgc.com.

Table Talk Tuesdays
CoveCare Center will host Table Talk Tuesday on March 7 at Sauro's Town Square Pizza in Patterson and Nonna's Pizzeria in Putnam Valley, March 14 at Cacciatori Pizza in Mahopac, March 21 at Gaetano Pizza & Café in Brewster, and March 28 at Cold Spring Pizza. An evening of conversation includes complementary pizza and soda. Reservations required at prevention@covecarecenter.org or 845-225-2700, ext. 117.

Signs of Alzheimer's
Mahopac Public Library will present "10 Warnings Signs of Alzheimer's Disease" on March 7 at 1 p.m. Early diagnosis gives people with Alzheimer's the chance to make key decisions about treatment, care and planning, and the power to make choices about their own health and future. Learn about the risk factors, warning signs, the diagnostic process and resources to help. Registration is requested at www.mahopaclibrary.org or 845-628-2009, ext. 100.

Book Clubs
The Reads at Reed Book Club will meet March 7 at 4:30 p.m. via Zoom to discuss "Lady Clementine" by Marie Benedict. In addition, the "Short Story Discussion Group" meets alternating Wednesdays, also via Zoom. Email programs@carmellibrary.org with questions.

Wednesday, March 8

'Reservoirs of Putnam'
Amy Campanaro, executive director of the Southeast Museum in Brewster, will present "The Reservoirs of Putnam and Their Impact" on Wednesday, March 8 at 5:30 p.m. at Kent Public Library. Explore the New York City watershed's significant impact on the landscape and people of Putnam. Register at https://kentlibrary.evanced.info/signup/calendar.

Teen Advisory Board
Teens can earn community service hours by joining Reed Library's Teen Advisory Board. Its next meeting is March 8 from 2:30 to 3:30 p.m. at the Carmel library. Work together to create programs at the library and in the community. Register at carmellibrary.org/calendar.

Poetry Workshop
A poetry writing workshop with John Kaprielian and Mahopac Public Library will take place March 8 at 6:30 p.m. via Zoom. Poetry is read and discussed, providing feedback in a format that is aimed to be helpful to each poet in honing his/her craft. New members welcome; register at www.mahopaclibrary.org.

History Exchange
Do you want to learn more about local history? Join like-minded people Wednesday, March 8 at 12:30 p.m. at Brewster Public Library to discuss local history and research unique archives.

Thursday, March 9

Southeast Town Board
The Southeast Town Board will meet at 7 p.m. at Town Hall, 1360 Route 22, Brewster on March 9 and 30, April 13 and 27, May 11 and 25, June 8 and 22, July 13 and 27, Aug. 10 and 24, Sept. 7 and 28, Oct. 12 and 26, Nov. 9 and 30, and Dec. 21.

Resume Writing
Mahopac Public Library will present "Improve Your Resume with Practical Strategies" on March 9 at 10 a.m. Read a resume like a hiring manager. Learn how to help your resume stand out and communicate your strengths, compare different resume styles, implement strategies to improve your resume, and make it more attractive to hiring managers. In person or via Zoom. Register at www.mahopaclibrary.org or 845-628-2009, ext. 100.

Paint & Sip
Join the Patterson Library Friends on Thursday, March 9 at 6:30 p.m. at the library for a Paint & Sip adult fundraiser with Angela from AC Vinyl DeSigns, who will guide participants in creating our own painted custom wood projects. The $65 fee includes a 12-by-16-inch customized stencil, all materials and a glass of wine and light refreshments. Adults only. Snow date is Wednesday, March 15. Registration is required at pattersonlibrary.org.

Women's History
Putnam History Museum will host a virtual lecture, "The Power of Native Women," on March 9 from 7 to 8:30 p.m., featuring Heather Bruegl, a citizen of the Oneida Nation of Wisconsin and first-line descendant Stockbridge Munsee. Free for members; $10 for non-members. Tickets at Eventbrite.com. PHM will also hold an in-person women's history trivia night Thursday, March 16 from 7 to 8:30 p.m.

Friday, March 10

Ragtime & Blues
Tompkins Corners Cultural Center will open its 2023 season, and the first concert in this year's John Cohen Memorial Music Series, on Friday, March 10 at 7:30 p.m., at 729 Peekskill Hollow Road, Putnam Valley, with Jerron Paxton and Dennis Lichtman. Tickets are $20 and available at TompkinsCorners.org.

UFT Gala
United for the Troops will host its annual gala Friday, March 10 from 7 to 11 p.m. at Villa Barone Hilltop Manor in Mahopac. Tickets at www.unitedforthetroops.org. Dinner, dancing and more.

'High School Musical'
Carmel High School will present "High School Musical: On Stage!" on Friday, March 10 at 7 p.m.,; and Saturday, March 11 at noon and 4 p.m., in the George Fischer Middle School auditorium. Tickets are $18 in advance at https://chsperform.booktix.com or $20 at the door.

Saturday, March 11

Maple Breakfast
A maple sugaring event and pancake breakfast is scheduled Saturday, March 11 from 9 a.m. to non at Green Chimneys Clearpool Campus, 33 Clearpool Road, Carmel. $10 per person; $8.50 for children younger than 10. Includes pancakes, scrambled eggs, bacon, coffee/tea/orange juice. Also, maple sugaring demos at the Sugar Shack, arts & crafts, self-guided nature hikes, summer camp tours. Register at www.greenchimneys.org/maple.

St. Patrick's Day Dinner
A St. Patrick's Day dinner including corned beef, cabbage, carrots, potatoes and Irish soda bread will take place Saturday, March 11 from 4 to 7 p.m. at Patterson Community Church, 1059 Route 311. $17 per person, $15 for seniors (65 and older) and free for children younger than 12. For more information, call 845-878-3961.

Send Us Your Community Events

Let everyone in Putnam County know about your upcoming Community Events and Events Online

Send info to **PutnamPress@aol.com.**
Please allow two weeks notice.

FREE RABIES VACCINE CLINIC

Saturday, March 25, 2023, 10am-12pm
at Veterans Memorial Park (Upper Park)
201 Gipsy Trail Road
Carmel, NY 10512

Bring your pets - dogs, cats, and ferrets for a FREE Rabies Vaccination!

Dogs must be leashed. Cats & ferrets must be in carriers - top loading carriers preferred (no harnesses).

Pets must be at least 12 weeks old.

All animals must be supervised by an adult.

Items to Bring:
- Photo ID as proof of Putnam County residency.
- Proof of prior rabies. vaccination, tags are **NOT acceptable.** (If you do not have proof of prior rabies vaccination, your pet will receive a one-year rabies vaccination).

Masks are recommended while inside the barn.
Social/physical distancing, face coverings and a minimum number of people are appreciated.

Please call the Putnam County Department of Health for directions and more information at (845) 808-1390 ext. 43160

Putnam County Department of Health
A PHAB-Accredited Health Department

1/2023 KR

Haldane Tips its Hat to Bus Drivers!

In honor of School Bus Driver Appreciation Day, members of Haldane Central School District in Cold Spring made signs for bus drivers, as a way to thank them for getting students to and from school safely. Provided photos.

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Sweet Success! Reed Library Names 'Chopped' Winners

Carmel families had fun baking with mystery ingredients during Reed Memorial Library's Chopped Challenge. Provided photos.

The results of this year's Family Chopped Challenge at Reed Memorial Library in Carmel are in!

During the challenge, families picked up a bag of mystery ingredients to take home from the library, and opened them during a Zoom meeting, before being set free to see who could make the best creations.

The mystery ingredients were mango, cream cheese and Cheerios – and the bonus ingredient was guava.

Coming in first place with 22 points was the Lin Family with its mango guava jelly roll. Second place went to the Konrad Family and its mango vs. guava cheesecake, earning 21 points. Third place was a tie between the Stroia and Rohm families with 20 points each, offering a mango bomb and "morning mango tango."

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www.CenterForPhysicalTherapy.com

Heron Valley will perform March 19.

Hear Music from Scotland in Putnam Valley

Tompkins Corners Cultural Center will present Heron Valley on Sunday, March 19 at 4 p.m., at 729 Peekskill Hollow Road, Putnam Valley. Passionate about their heritage, these young musicians showcase the culture, language, sounds and stories of their homeland.

Authentic, skillful, energetic Celtic music has been passed down through generations in the quiet, farthest-reaching parts of Scotland. Heron Valley captures the iconic sounds of the bothies, village halls and kitchen ceilidhs. The great Highland bagpipe, the Irish banjo and the West Coast fiddle mixed with the piano and guitar's driving accompaniment will transport listeners to Scotland's heartland.

The five-piece group includes Abigail Pryde on fiddle and vocals, Keith Morrison on keys, Nick Hamilton on banjo and guitar, Alastair Maclean on bagpipes and whistles and Callum Cronin on bass and guitar. Inspired by their previous three tours of the U.S., the band has been developing its sound, shaped by the people it has met and the beautiful lands it has encountered.

"The energy and enthusiasm come across clearly in their earnest, female-fronted vocals," wrote Mike Rushby in MNPR (music, news, press, reviews) Magazine. "Heron Valley has noticeable finesse in the layering of fiddle, guitar, pipes and banjo."

Tickets to the upcoming performance are $20, and free for children. They are available at TompkinsCorners.org.

Photo courtesy of Getty Images.

Get Away Without Going Away

Staycations That Won't Break the Budget

(eLivingtoday.com) Family vacations are a great way to bond and take a step back from the hectic schedules that accompany everyday life, but sometimes time or money (or both) make planning an elaborate trip a non-starter.

However, a staycation – a vacation you take right in your hometown (or nearby) – can be much less expensive and fit into nearly any amount of available time with the added bonus of skipping out on potentially stressful travel.

Consider the following staycation ideas to take advantage of your local attractions and prove you don't have to go far to spend quality time together:

• Visit local landmarks.

Just because it's not a traditional vacation doesn't mean you can't pretend to be tourists. Start by visiting the places you recommend to friends and family from out of town or pick up a guidebook to uncover hidden spots you may not even know exist. Make a plan to seek out historic sites, visit local landmarks like museums, or try an out-of-the-way restaurant (or two) you've never eaten at before.

• Camp out in the backyard.

Camping doesn't have to be done far from home. In fact, it can be done right in your own backyard. Pitch a tent to sleep under the stars and plan a night full of traditional camping activities like roasting s'mores, telling spooky stories by flashlight and trying to identify stars and constellations.

• Set up a picnic in the park.

Pack a basket with sandwiches, fruit and other treats and head to the park. You can enjoy a casual meal then take advantage of the open space for a family walk or game of tag before retreating to the playground to let the little ones expel any leftover energy.

• Have a home spa day.

If you're looking for some relaxation but don't want to splurge on the full spa treatment, plan an at-home oasis instead. Light some candles, run a bubble bath and break out the facial masks and fingernail polish.

• Visit an amusement park.

No matter where you live, there's probably an amusement or water park within driving distance. A quick online search before you arrive can help prepare a strategy for hitting the most popular thrill rides and waterslides while skipping those that may not provide quite the same entertainment value.

Find more tips and tricks for enjoying family time together at eLivingtoday.com.

Source: eLivingtoday.com.

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Gov. Urges Protection from Freight Rail Hazmat Disasters

Gov. Kathy Hochul last week urged the freight rail industry, Congress and federal regulators to take additional actions to prevent freight rail hazmat disasters in the wake of the toxic train derailment in East Palestine, Ohio, that has threatened the health and safety of residents.

The actions outlined by the governor will help create a safer hazardous material transportation industry, while increasing state emergency response capabilities through improved federal oversight, she said.

"The train derailment that took place in East Palestine, Ohio, emphasizes the need for preventative regulations and the adequate prepositioning of emergency response resources," said Hochul. "New York remains committed to leading on freight rail hazard preparedness and response, and I'm calling on our partners in the freight rail industry, Congress, and federal regulators to curb future disasters by modernizing transportation methods for hazardous materials and strengthening resources for hazard preparedness planning and response."

Specifically, Hochul called on lawmakers to expedite the phase-in of safer tank cars for hazardous materials in advance of the congressionally mandated 2029 deadline, modernize braking regulations and increase the use of electronically controlled pneumatic brakes to prevent potential derailments, require railroads to provide advance notification to state emergency response teams of hazardous cars moving through their state, and expand state and local grants specifically for hazmat preparedness and response planning.

New York State remains a leader in freight rail hazard preparedness and response. In the aftermath of the Lac-Megantic crash in 2013, the state initiated comprehensive response planning and prepositioned response assets to prepare for a freight rail hazmat disaster, focusing specifically on crude oil.

Through a multi-agency effort with the Department of Environmental Conservation in the lead, the state created Geographic Response Plans that guide local, county, state, federal and industry response operations in the event of an emergency – serving as a model for the rest of the nation.

A promotional snowmobiling weekend is scheduled March 3 to 5.

Free Snowmobiling Weekend

Starting this year and continuing annually, the first consecutive Saturday and Sunday in March will be free for all out-of-state and Canadian snowmobilers, announced Gov. Kathy Hochul last week.

During this promotional weekend, which this year takes place March 3 to 5, the requirement to register in New York is waived for properly registered and insured out-of-state snowmobiling enthusiasts wishing to explore New York's 10,500 miles of snowmobile trails.

Out-of-state and Canadian participants in the free snowmobiling event must operate a snowmobile that is registered in their home state/province and must carry any applicable insurance, as required. Outside of this promotion, out-of-state and Canadian snowmobilers are required to register their snowmobiles with New York State before hitting the state's trails.

According to Hochul, the state has made an ongoing commitment to snowmobile trail maintenance, and the local grants program is funded by snowmobile registration fees collected by the NYS Department of Motor Vehicles and deposited into the Snowmobile Trail Development and Maintenance Fund.

County and municipal governments distribute the grants to about 230 snowmobile clubs across the state, which in turn groom and maintain the trails.

"DMV is happy to be able to make it as easy as possible for people to enjoy the tremendous trail system New York has set up for snowmobiling," said Department of Motor Vehicles Commissioner and Chairman of the Governor's Traffic Safety Committee Mark Schroeder. "If a taste of riding the trails gets people excited enough to take this up on a regular basis, we are ready, willing and able to get your sled registered and ready to go."

Trail conditions vary depending on snowfall amounts and other factors. State Parks cautions snowmobilers, fishermen, skiers and snowshoers to put safety first and to proceed with extreme caution before venturing on ice- or snow-covered bodies of water. The unusually warm weather conditions and associated runoff could undermine existing ice.

Ice thickness can vary on every body of water – even within the same body of water. Given the warmer temperatures this winter, lakes and ponds that appear to be frozen over may be deceiving. The presence of snowmobile tracks or footprints on the ice should not be taken as evidence of safe ice conditions. Individuals are encouraged to check ice conditions locally and avoid situations that appear to present even a remote risk.

State-funded snowmobile trails never cross frozen bodies of water.

Check the websites of area snowmobile clubs for information on trail conditions, including the status of grooming.

The DMV reminds New York riders that snowmobile registrations must be renewed annually. DMV allows snowmobilers to renew registrations online, by mail or in person at a DMV office. Snowmobile registration costs $100, but is decreased to $45 if the snowmobiler is a member of a local snowmobile club.

For more information, visit parks.ny.gov.

Drug Arrest in Southeast

A Danbury man was arrested Feb. 10 by New York State Police in Brewster after being stopped on Interstate-684 for a traffic violation and he was allegedly found to be in possession of drugs.

According to NYSP, Kenneth Rios, 26, of Danbury, was stopped at about 10:15 p.m. with 5 grams of cocaine in his possession. He was charged with third-degree criminal possession of a controlled substance with intent to sell, and fourth-degree criminal possession of a controlled substance, both felonies.

Rios was issued an appearance ticket returnable to Southeast Town Court at a later date.

History of Indian Point

Local author Brian Vangor will discuss his new book, "Indian Point Nuclear Power Plant" by Acadia Publishing on March 4 at 1 p.m. at Mahopac Public Library.

This book summarizes the entire history of Indian Point from the 1924 pleasure park to the end of operation of Indian Point in 2021. Primarily, the book describes the construction and operation of all three units and pays tribute to the work done by the thousands of people who worked there.

Registration is requested at www.mahopaclibrary.org or 845-628-2009, ext. 100.

The program is co-sponsored by Sustainable Putnam.

Consumer Alert: Save on Transportation Costs

The Department of State's Division of Consumer Protection is providing tips to help consumers reduce spending on transportation costs.

These tips are part two of DCP's five-part consumer alert series to help New Yorkers save money amidst inflation and rising costs. Follow the New York Department of State on Facebook, Twitter and Instagram and check in every Tuesday for more practical tips that educate and empower New York consumers on a variety of topics.

"Whether commuting to work, running errands or planning a long road trip, following these tips can help New Yorkers lower their transportation costs so they can hold onto more of their hard-earned money and beat back inflation," said Secretary of State Robert Rodriguez, who oversees the Division of Consumer Protection.

• Plan your drives ahead of time.

Combine errands into one trip to save time and money. Several short trips taken from a cold start can use twice as much fuel as a longer, multi-purpose trip covering the same distance when the engine is warm.

• Adjust your driving habits.

Always accelerate gently and maintain a steady speed. Avoid aggressive driving (speeding, rapid acceleration and sudden braking), which wastes fuel. It can lower your fuel mileage by 33 percent at highway speeds and by 5 percent around town. Your brakes will appreciate it, too.

• Keep your vehicle tuned up.

Check the air filter, tire pressure and coolant. Check your vehicle's manual for the manufacturer's recommended timeline for oil changes. A poorly maintained car uses more gas and may lead to costly repairs.

• Shop around for car insurance.

Take time to analyze your insurance premiums and comparison shop for less expensive plans. Consumers can lower insurance premiums by 5 to 20 percent by bundling services, increasing deductibles and paying up front.

• Use public transportation or carpool. It benefits everyone – the community, the environment and your wallet.

• Save with pre-tax commuter benefits.

Enroll in commuter benefits to pay commuting costs with pre-tax dollars. If your employer offers this benefit, you can set aside a certain portion of pre-tax wages (up to $300 per month), which can be used for mass transit and qualified paid parking while reducing your federal taxable income each year.

• Reserve parking.

There are several parking apps in the market that let you reserve parking spaces in advance in large metro areas. This helps you save time, money and gas – no need to circle the block looking for parking. You may be able to score significant savings off the drive-up rate if you reserve a parking space in advance.

The New York State Division of Consumer Protection provides resources and education to consumers on product safety, as well as voluntary mediation services between consumers and businesses. The Consumer Assistance Helpline (1-800-697-1220) is available Monday to Friday from 8:30 a.m. to 4:30 p.m., excluding holidays, and consumer complaints can be filed at any time at www.dos.ny.gov/consumerprotection.

Photo courtesy of Getty Images.

Ace Those College Entry Exams

(eLivingtoday.com) Because most colleges and universities require applicants to submit ACT or SAT results as part of admissions consideration, prepping for the test itself can be a critical component of that process.

While it can oftentimes be hard to deal with the anxiety that comes with a rigorous test meant to show your mastery of certain subjects and concepts, such as reading and mathematics, consider the following test prep tips to help boost your score while simultaneously lowering stress:

Register Early

To allow yourself as much flexibility as possible, taking college entrance exams during your junior year of high school is encouraged. If you don't get an ideal score, you can refine your approach and retake the exam with a better idea of what to expect.

Take a Practice Test

Any test prep plan should start with a practice SAT or ACT exam. Taking practice tests under realistic conditions can help you gain a better understanding of the content of the test, improve your time management and help combat test anxiety. You can use your practice test as a baseline to set goals and focus the rest of your prep on areas you would like to improve before the real thing.

Sign Up for a Prep Course

If you find studying on your own difficult, or not as successful as you had hoped, a prep course can put you through the paces and hold you accountable. Complete with homework and in-class practice, prep classes can range from small groups to larger classes taught by test experts. Some school districts even offer after-school programs dedicated to ACT or SAT prep.

Gather Supplies

To help reduce test-day stress, gather everything you'll need the night before. Check the list of banned items – cellphones aren't permitted – to make sure you don't accidentally bring something you're not allowed to have. Ensure your bag is packed with your admission ticket, valid photo identification, several sharpened pencils with erasers, an approved calculator (with fresh batteries) and a watch, if allowed.

Be Well Rested & Eat Breakfast

While it can be tempting to stay up late the night before the test to cram, you're likely to perform better with a full night's sleep. Sleep is important for retention, and eating a balanced breakfast before heading out the door can aid in your ability to focus. To make your morning easier, prep breakfast before bed to keep an early morning from starting even earlier.

Remember, the college admissions process involves more than just test scores. Visit eLivingtoday.com for more education tips and information.

Source: eLivingtoday.com.

Tractor-Trailer Overturns on 84

The Brewster Fire Department and EMS responded to a tractor-trailer rollover accident Feb. 20 at about 12:30 p.m. on Interstate-84, in the area of I-684. Eastbound traffic was backed up for miles as the scene was cleared. Provided photo.

Public Service Commission Finalizes Audit of Con Edison

The New York State Public Service Commission recently accepted and made public an independent, third-party management and operations audit of Consolidated Edison Company of New York, Inc., and Orange & Rockland Utilities, Inc.

The audit focused on areas that will provide the highest value, while remaining consistent with the statutory directive to review the utilities' construction program planning and operational efficiency. Other areas examined included information systems planning and implementation, improvements to electric load forecasting processes to support clean-energy goals, contractor oversight and coordination with municipalities.

"The commission operates a robust management and operations audit program that includes regular comprehensive management and operations audits, focused operations audits, and statewide utility comparisons," said PSC Chairperson Rory Christian. "The scope of this audit focused on areas that should provide the highest value, while remaining consistent with the statutory directive to review the companies' construction program planning and operational efficiency."

Notable findings from the audit include:

• Con Edison's long-range plans describe a significant business transformation to become a clean energy company adopting New York State's Climate Leadership & Community Protection Act goals. Still, the auditor found that long-term planning is not well aligned with short-term planning.

• The auditor discovered that Con Edison and O&R prioritize leak-prone pipe replacement by several variables, including geographical area, emergent work and risk. The auditor recommends that risk be the primary factor used in pipeline replacement prioritization.

• Con Edison and O&R have implemented software to improve estimating accuracy, but the auditors found they need to actively track the accuracy of the estimated project cost or schedule.

• The auditor found that Con Edison's management variable pay incentive program and O&R's annual team incentive plan use quantifiable goals to promote the corporate mission, safety and reliability, environmental goals and commission objectives. However, the programs could be better constructed to promote continuous improvement.

The commission last completed a comprehensive management audit of Con Edison and O&R in 2016. The companies also participated in two statewide operations audits along with other large investor-owned utilities in New York. The companies have completed the implementation of all recommendations from these three audits.

The law provides the commission the authority to conduct management and operations audits of natural gas and electric utilities and requires such audits at least once every five years for large electric and natural gas utilities.

The management audit approach in New York includes a prospective investigation of the construction program planning process and an evaluation of operational efficiency with a focus on opportunities to improve performance. NorthStar Consulting Group, the selected auditor, analyzed current and historical information to identify opportunities to improve existing processes, practices, systems and organizational structures to drive better performance.

In September 2021, the commission selected NorthStar to perform the audit. Consistent with public service law, the two utilities are required to file an implementation plan within 30 days of the issuance of the audit report. Once filed with the secretary, staff may review the implementation plan to ensure it addresses the underlying findings in the audit report.

The implementation plan will be submitted for public comment through the SAPA process, and the plan, including any revisions resulting from staff review and further refinement by the utilities, will be presented to the commission at a future date for approval or modification.

The recent decision may be obtained at www.dps.ny.gov (search case number 21-M-0193).

PUTNAM COUNTY AND TOWN NOTICES

To Place Legal Notices, Email (legals@putnampresstimes.com) or Call 845-628-8400

PUBLIC NOTICE

Southeast

SOUTHEAST PLANNING BOARD

NOTICE OF PUBLIC HEARING

PLEASE TAKE NOTICE that the Planning Board/Architectural Review Board of the Town of Southeast, New York, in accordance with Chapters 78 and 138 of the Code of the Town of Southeast, and NYCRR Part 617 of the Environmental Conservation Law (as applicable), will hold a Public Hearing on Monday, March 13, 2023 at 7:00 p.m., at Southeast Town Offices, 1360 Route 22, Brewster, New York to consider the following:

MACO LAND PROPERTIES – Application is being made for Site Plan Amendment, Wetland Permit and Conditional Use Permit to construct a 10,644-sq. ft. building with associated parking and subsurface sewage treatment system for general business use on a 2.62-acre property at 1651 Route 22, Brewster, NY, in the HC-1 Zoning District and identified as Tax Map Number 46.-3-14. The 10,000-sq. ft. limit for general business use will be exceeded; therefore, a Conditional Use Permit is required. The Proposed Project would disturb approximately 0.38 acres within a wetland buffer (no change from previously approved disturbance).

Thomas LaPerch, Chairman

Town of Southeast Planning Board

Dated: February 22, 2023

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PUBLIC NOTICE

Patterson

ADVERTISEMENT FOR BIDS

Town of Patterson
Town Hall
P.O. Box 470
1142 Route 311
Patterson, New York 12563

NOTICE IS HEREBY GIVEN that the Town of Patterson will be accepting sealed bids for **SEASONAL LAWN MAINTENANCE AND LANDSCAPING - 2023 SEASON**. Bids will be received by the Town Clerk of the Town of Patterson at the Office of the Town Clerk, Town Hall, P.O. Box 470, 1142 Route 3 1 1, Patterson, New York 12563 until 10:00 a.m. o'clock local prevailing time on March 15, 2023, and then at said office, all sealed bids shall be publicly opened and read aloud.

Copies of information for bidders, general requirements, bid specifications, non-collusive bidding, certification, and bid proposals ("the Bid Documents") may be obtained at the Office of the Town Clerk, Town Hall, P.O. Box 470, 1142 Route 311, Patterson, New York.

The Town of Patterson, hereinafter called the "Town", reserves the right in its discretion, to reject any or all bids and to waive any irregularities or defects in any bid in the interest of the Town.

STATEMENT OF NON-COLLUSION:

Bidders on the Contracts are required to execute a non-collusion bidding certificate pursuant to Section 103(d) of the General Municipal Law of the State of New York.

STATEMENT OF EQUALITY

The Town of Patterson hereby notifies all Bidders that it will affirmatively insure that in regard to any Contract entered into pursuant to this advertisement, minority business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award.

BY ORDER OF THE TOWN BOARD TOWN OF PATTERSON

EILEEN FITZPATRICK, TOWN CLERK

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PUBLIC NOTICE

2023 SEASONAL LAWN MAINTENANCE AND LANDSCAPING INVITATION FOR BIDS
Page 5 of 53
ADVERTISEMENT FOR BIDS

Town of Patterson
Town Hall
P.O. Box 470
1 142 Route 31 1
Patterson, New York 12563

NOTICE IS HEREBY GIVEN that the Town of Patterson will be accepting sealed bids for **SEASONAL LAWN MAINTENANCE AND LANDSCAPING FOR THE PUTNAM LAKE PARK DISTRICT-2023 SEASON**. Bids will be received by the Town Clerk of the Town of Patterson at the Office of the Town Clerk, Town Hall, P.O. Box 470, 1 142 Route 31 1, Patterson, New York 12563 until 10:00 a.m. o'clock local prevailing time on March 15, 2023, and then at said office, all sealed bids shall be publicly opened and read aloud.

Copies of information for bidders, general requirements, bid specifications, non-collusive bidding, certification, and bid proposals ("the Bid Documents") may be obtained at the Office of the Town Clerk, Town Hall, P.O. Box 470, 1142 Route 31 1, Patterson, New York.

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BY ORDER OF THE TOWN BOARD TOWN OF PATTERSON

EILEEN FITZPATRICK, TOWN CLERK

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PUBLIC NOTICE

TOWN OF PATTERSON COUNTY OF PUTNAM, STATE OF NEW YORK

NOTICE TO BIDDERS PURCHASE OF MATERIALS FOR HIGHWAY DEPARTMENT

NOTICE IS HEREBY GIVEN that sealed bids for the purchase of the following materials for the Town of Patterson Highway Department will be received by the Town of Patterson at the office of the Town Clerk, 1142 Route 311, P.O. Box 470, Patterson, New York 12563, until 2:00 p.m. on Wednesday, March 15, 2023, and then at said place be publicly opened and read aloud:

1. Washed Sand for Ice Control F.O.B. (Picked Up) & Delivered
2. Crushed Stone-F.O.B. (Picked Up)
3. Bituminous Concrete - Laid in Place
4. Annual Tree Work
5. Diesel Fuel
6. Heating Oil
7. Gasoline

All of the bids must meet the specification of the Town of Patterson. Copies of the information for bidders, general requirements, bid specifications, non-collusive bidding certification, and bid proposals may be obtained at the Office of the Town Clerk. Bids must be submitted at the above address.

BY ORDER OF THE TOWN BOARD TOWN OF PATTERSON

Eileen Fitzpatrick, Town Clerk

Dated: February 9, 2023

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PUBLIC NOTICE

Carmel

NOTICE OF PUBLIC HEARING

Pursuant to Chapter 142 of Local Law #2, 1982 Entitled "Trees", the Environmental Conservation Board of the Town of Carmel will hold a public hearing on:

MARCH 16, 2023 – 7:30 P.M. AT CARMEL TOWN HALL

On the following application:

Bullet Hole Farms Inc.

The property location is 360 **Bullet Hole Road**, Mahopac, NY 10541; Tax Map #53.17-1-39, total land area involved is 53 acres. The trees to be harvested are hardwood trees ranging in size from 10" to 48" in diameter with a total of 739 to be removed (14 trees per acre).

All citizens may be heard for or against said application.

All paperwork associated with this application is on file at Town Hall and may be inspected by any interested party Monday through Friday during normal business hours by calling the secretary to the Environmental Conservation Board.

By Order of the Chairman,

Robert Laga

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PUBLIC NOTICE

PUBLIC NOTICE

By the Planning Board of the Town of Carmel, pursuant to Section 267, notice is hereby given that a public hearing will be held on:

MARCH 9, 2023

At 7:00 p.m. at Town Hall, 60 McAlpin Avenue, Mahopac, NY 10541 or as soon thereafter as possible on the following matters:

JOE ZAKON D/B/A 14 NICOLE WAY LLC.

14 Nicole Way, Mahopac, NY 10541 – Tax Map #65.6-1-22 – Bond Reduction

PULTE HOMES OF NEW YORK, LLC. (LOT 4)

Terrace Drive, Carmel, NY 10512 – Tax Map #55.14-1-11.2 – Bond Return

PULTE HOMES OF NEW YORK, LLC. (LOT 5)

Terrace Drive, Carmel, NY 10512 – Tax Map #55.14-1-11.3 – Bond Return

By Order of the Chairman,

Craig Paeprer

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PUBLIC NOTICE

Kent

TOWN OF KENT NOTICE OF HEARING

AMENDMENTS TO CHAPTER 27 OF THE KENT TOWN CODE

PUBLIC NOTICE is hereby given that there has been introduced before the Town Board of the Town of Kent, New York, on February 21, 2023 an amendment to Kent Town Code Chapter 27, entitled "Building Administration and Construction", which amendment will revise Chapter 27 to comply with recent amendments to the Uniform Code and Energy Code of the State of New York, 19 NYCRR 1203.

NOW THEREFORE, pursuant to Section 20 of the Municipal Home Rule Law, the Town Board of the Town of Kent, New York will hold a public hearing on the aforesaid Amendment at the Town Offices, 25 Sybil's Crossing, Kent, New York, on March 7, 2023 at 7:00 p.m. in the evening of that day at which time all persons interested therein shall be heard. The Town Board will make every effort to assure that the hearing is accessible to persons with disabilities. Anyone requiring special assistance and/or reasonable accommodations should contact the Town Clerk.

Dated: February 23, 2023

BY ORDER OF THE TOWN BOARD OF THE TOWN OF KENT

YOLANDA D. CAPELLI, TOWN CLERK

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PUBLIC NOTICE

TOWN OF KENT NOTICE FOR BID RYAN PARK DRIVEWAY ENTRANCE IMPROVEMENTS PROJECT

NOTICE IS HEREBY GIVEN that sealed bids for the reconfiguration, grading, and paving of the driveway entrance to Edward Ryan Memorial Park will be received by the Town of Kent at the office of the Town Clerk, Kent Town Center, 25 Sybil's Crossing, Kent Lakes, New York 10512 until 12:00 noon on March 15, 2023 and then at said place be publicly opened and read aloud.

All of the bids must meet the specifications of the Town of Kent. Copies of the information for bidders, general requirements, bid specifications, non-collusive bidding certification, bid proposal forms, and hold harmless agreement may be obtained at the office of the Town Clerk or on the town's website at www.townofkentny.gov. Bids must be submitted at the above address in sealed envelopes and must bear on the face thereof the name and address of the bidder and the following inscription: "bids for Ryan Park Driveway Entrance Improvements Project"

The Town of Kent reserves the right to reject and and/or all bids and to re-advertise for new bids. Bids shall be awarded in accordance with General Municipal Law § 103.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF KENT

Yolanda D. Cappellli, Town Clerk

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PUBLIC NOTICE

LEGAL NOTICE OF PUBLIC HEARING/ THE KENT PLANNING BOARD #1 FOR THE FLINTLOCK STORAGE PROPERTY FOR CONSTRUCTION OF A SELF STORAGE FACILITY AND OFFICE AT 1030 NYS ROUTE 52 KENT, NY 10512 TAX MAP: 12.-18-1-14

NOTICE IS HEREBY GIVEN that a Public Hearing pertaining to the property noted above will be held before the **Town of Kent Planning Board** on **Thursday, March 09, 2023 at 7:30 P.M. at the Kent Town Hall at 25 Sybil's Crossing, Kent, NY 10512**, or as soon thereafter as the matter may come to be heard.

This Public Hearing pertains to an application from FLINTLOCK STORAGE, c/o Frank and Christine Vasi, 51 Sabrina Court, Holmes, NY 12531-4614.

This Public Hearing pertains to approvals of applications for the following items:

- A Site Plan
- A Steep Slope and Erosion Control/Stormwater Management Permit
- A Freshwater Wetlands Permit

For the development of a 1.67-acre parcel in a commercial district on Route 52 in Kent, New York, Tax Map #12.18-1-14. This project will involve construction of a self-storage facility with an office/maintenance building, stormwater management practices, lighting and landscaping.

At this hearing all persons speaking in favor or in opposition shall be heard. If there are any questions or comments pertaining to this project, please send them to: planningkent@townofkentny.gov. The telephone number for the Kent Planning Board is: 845-306-5612.

Date: February 09, 2023
By order of:
Vera Patterson, Secretary for
The Town of Kent Planning Board
County of Putnam
State of New York
25 Sybil's Crossing
Kent, NY 10512
planningkent@townofkentny.gov

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PUBLIC NOTICE

Supreme Court

SUPREME COURT - COUNTY OF PUTNAM

US BANK NATIONAL ASSOCIATION AS TRUSTEE FOR CSMC TRUST 06-CFI CS MORTGAGE-BACKED PASS THROUGH CERTIFICATES, SERIES 2006-CFI, Plaintiff -against- **DEMAREST J. BOOTH, JR**., et al Defendant(s). Pursuant to a Judgment of Foreclosure and Sale entered herein and dated September 1, 2022, I, the undersigned Referee will sell at public auction in the courtroom 209 of the Putnam Supreme Courthouse located at 20 County Center, Carmel, NY on March 13th, 2023 at 10:30 a.m. premises situate, lying and being in the Town of Putnam Valley, County of Putnam and State of New York, bounded and described as follows: BEGINNING at a point on the northerly line of Eastern Road, said point being the southwest corner of the herein described

PUTNAM COUNTY AND TOWN NOTICES

To Place Legal Notices, Email (legals@putnampresstimes.com) or Call 845-628-8400

PUBLIC NOTICE

parcel and the southeast corner of Lot No. 10, Block B on filed Map No. 9D; RUNNING THENCE North West 130.28 feet; RUNNING THENCE South East, 81.13 feet; RUNNING THENCE South East 65.77 feet; THENCE RUNNING at a southwesterly direction along an arc having a radius of 30.00 feet a distance of 39.96 feet; THENCE continuing in a southwesterly direction along an arc having a radius of 93.00 feet a distance of 25.96 feet; THENCE westerly along an arc having a radius of 158.00 feet a distance of 69.86 feet to the point or place of BEGINNING. Section: 62.11 Block: 1 Lot: 22

All bidders must wear a face mask/shield at all times and social distancing must be observed by all bidders at all times. Bidders who do not comply with the face mask and/or the social distancing mandate will be removed from the auction.

Said premises known as 130 EASTERN ROAD, PUTNAM VALLEY, NY

Approximate amount of lien $167,690.54 plus interest & costs.

Premises will be sold subject to provisions of filed Judgment and Terms of Sale.

If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney.

Index Number 800077/2022

CRAIG M. WALLACE, ESQ., Referee

David A. Gallo & Associates LLP

Attorney(s) for Plaintiff

47 Hillside Avenue, 2nd Floor, Manhasset, NY 11030

File# 9024.245

{* PUTNAM CO3*}

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PUBLIC NOTICE

REFEREE'S NOTICE OF SALE IN FORECLOSURE

SUPREME COURT - COUNTY OF PUTNAM

HUDSON CITY SAVINGS BANK, Plaintiff - against - BENEDICT R. **MONDELLO**, JR., A/K/A BEN MONDELLO, A/K/A BEN R. MONDELLO, A/K/A BEN R. MONDELLO, JR., et al Defendant(s).

Pursuant to a Judgment of Foreclosure and Sale entered on November 21, 2022. I, the undersigned Referee will sell at public auction at the Putnam Supreme Court building located at 20 County Center, Carmel NY 10512, in courtroom # 209 on the 20th day of March, 2023 at 9:30 AM. All that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Town of Putnam Valley, County of Putnam and State of New York.

Premises known as 2 Sycamore Lane, Putnam Valley, NY 10579.

(Section: 84.10, Block: 1, Lot: 6)

Approximate amount of lien $705,492.30 plus interest and costs.

PUBLIC NOTICE

Premises will be sold subject to provisions of filed judgment and terms of sale.

Index No. 800109/2022 FKA 1395/15. John F. Cocola, Esq., Referee.

McCalla Raymer Leibert Pierce, LLC

Attorney(s) for Plaintiff

420 Lexington Avenue, Suite 840

New York, NY 10170

Tel. 347/286-7409

Dated: January 5, 2023

During the COVID-19 health emergency, bidders are required to comply with all governmental health requirements in effect at the time of sale including but not limited to, wearing face coverings and maintaining social distancing (at least 6-feet apart) during the auction, while tendering deposit and at any subsequent closing. Bidders are also required to comply with the Foreclosure Auction Rules and COVID-19 Health Emergency Rules issued by the Supreme Court of this County in addition to the conditions set forth in the Terms of Sale.

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PUBLIC NOTICE

SUPREME COURT OF THE STATE OF NEW YORK - COUNTY OF PUTNAM

U.S BANK, NATIONAL ASSOCIATION, AS TRUSTEE UNDER THE POOLING AND SERVICING AGREEMENT DATED AS OF MAY 1, 2006, GSAMP TRUST 2006-HE3, MORTGAGE PASS-THROUGH CERTIFICATES, SERIES 2006-HE3,

V.

PETER SKRODELIS AKA PETERIS SKRODELIS, ET AL.

NOTICE OF SALE

NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated August 28, 2019, and entered in the Office of the Clerk of the County of Putnam, wherein U.S BANK, NATIONAL ASSOCIATION, AS TRUSTEE UNDER THE POOLING AND SERVICING AGREEMENT DATED AS OF MAY 1, 2006, GSAMP TRUST 2006-HE3, MORTGAGE PASS-THROUGH CERTIFICATES, SERIES 2006-HE3 is the Plaintiff and PETER SKRODELIS AKA PETERIS SKRODELIS, ET AL. are the Defendant(s). I, the undersigned Referee will sell at public auction at the PUTNAM COUNTY SUPREME COURT, COURTROOM 209, 20 COUNTY CENTER, CARMEL, NY 10512, on March 27, 2023 at 9:30AM, premises known as 264 STARR RIDGE ROAD, SOUTHEAST, NY 10509: Section 79., Block 1, Lot 19:

ALL THAT CERTAIN PLOT, PIECE OR PARCEL OF LAND, WITH THE BUILDINGS AND IMPROVEMENTS THEREON ERECTED, SITUATE, LYING AND BEING IN THE TOWN OF SOUTHEAST, COUNTY

MatchingDonors

Donate Your Car, Boat, RV or Real Estate

You don't have to donate a kidney to save a life.

- We will accept any auto - running or not.
- 100% tax deductible.
- MatchingDonors.com is a 501C3 nonprofit organization.
- 100% of the proceeds will go to help saving the lives of people needing organ transplants.

Call us at 1.800.385.0422

Or donate on line at

MatchingDonors.com

PUBLIC NOTICE

OF PUTNAM AND STATE OF NEW YORK

Premises will be sold subject to provisions of filed Judgment Index # 1106/2013. Frank D. Lombardi, Esq. - Referee. Robertson, Anschutz, Schneid, Crane & Partners, PLLC 900 Merchants Concourse, Suite 310, Westbury, New York 11590, Attorneys for Plaintiff. All foreclosure sales will be conducted in accordance with Covid-19 guidelines including, but not limited to, social distancing and mask wearing. *LOCATION OF SALE SUBJECT TO CHANGE DAY OF IN ACCORDANCE WITH COURT/CLERK DIRECTIVES.

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PUBLIC NOTICE

SUPREME COURT OF THE STATE OF NEW YORK

COUNTY OF PUTNAM

----------X

CARLOS TENENPAGUAY AND ELVIA TENENPAGUAY,

Index No. 500855/2019

Plaintiffs,

-against-

NOTICE OF SALE

ADELINO VILA BOAS,

Defendant.

----------X

In pursuance of the final Judgment of Foreclosure and Sale dated November 28, 2022 entered in the above entitled action, I, Kenneth L. Bunting, Esq., the undersigned Referee will sell in one parcel, at public auction, in the large ceremonial courtroom of the Putnam Historic Courthouse, 44 Gleneida Avenue, Carmel, New York 10512*, on Monday, March 27, 2023 at 3:30 p.m. on that date, the premises described by said Judgment to be sold and as more particularly bounded and described on Schedule "A" annexed hereto, and also known on the Official Tax Map of the County of Putnam as Town of Carmel, Tax Map No. 65.9-1-33; and commonly known as 390 East Lake Boulevard, Mahopac, New York 10541 ; and shall be offered as a whole and sold off to the highest bidder who will offer the highest price subject to the Terms of Sale and Judgment of Foreclosure and Sale and subject to the rights of the United States, if any, to redeem the premises for a period of 120 days from the date of sale. A Deposit of ten (10%) percent of the winning bid is required to be paid at the sale by cash or certified bank check payable to the Referee.

The approximate amount of the lien due to Plaintiff pursuant to the Judgment, with costs and allowances to November 28, 2022, excluding the expenses of the sale and costs and allowances incurred after September 12, 2022, is $404,926.21 to the date of sale, plus interest thereafter to the date of conveyance by deed.

* If additional space is needed, bidders can participate remotely, using audiovisual technology, from the juror's lounge in the Putnam County Courthouse 20 County Center, Carmel, New York 10512. Foreclosure paperwork may be completed in a jury deliberation room following the sale. LOCATION OF SALE SUBJECT TO CHANGE DAY OF SALE IN ACCORDANCE WITH COURT/CLERK DIRECTIVES.

It is the responsibility of the bidder to acquaint himself/herself with the property, any encumbrances thereon, and the Terms of the Sale before placing a bid and to be certain that adequate funds are available to make good the bid.

PUBLIC NOTICE

All bidders must have proof of identification and will be required to state their names and addresses on the record at the time the bid is made.

Premises will be sold subject to the final Judgment of Foreclosure and Sale and the Terms of Sale.

All foreclosure sales will be conducted in accordance with Covid-19 guidelines including but not limited to, social distancing and mask wearing.

Dated: Putnam County, New York February 20, 2023

/ S /

KENNETH L. BUNTING, ESQ._

Kenneth L. Bunting, Esq., Referee

Attorneys for Plaintiff:
Hogan, Rossi & Liguori
3 Starr Ridge Road
Brewster, New York 10509
845-279-2986
bfeinzig@hoganandrossi.com

SCHEDULE A DESCRIPTION

ALL that certain plot piece or parcel of land, situate, lying and being in the Town of Carmel, County of Putnam, and State of New York and further described in the Schedule "A" annexed hereto.

BEGINNING at a point in the northerly line of the Mahopac-Carmel Improved County Road at the end of a stone wall in the line of lands of Samuel B. Crane;

THENCE RUNNING North 1 degree 03 minutes 20 seconds West 337.62 feet along said stone wall and lands of said Crane to a point;

THENCE along other lands now or formerly of May V. Marshall South 68 degrees 35 minutes West 10 feet to a stake, distant five feet Easterly from a post and rail fence which is the Easterly boundary of a private road;

THENCE along other lands of May V. Marshall South 15 degrees 45 minutes West on a line parallel to said post and rail fence and distant Five Feet Easterly therefrom 374.20 feet to a stake;

THENCE South 10 degrees 30 minutes East still along other lands of May V. Marshall 48 feet to the Northerly side of the public highway first above mentioned;

THENCE North 55 degrees 52 minutes 35 seconds East along the Northerly side of said highway 130.89 feet to the place of BEGINNING.

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PUBLIC NOTICE

NOTICE OF SALE SUPREME COURT COUNTY OF PUTNAM **WELLS FARGO BANK**, N.A. AS TRUSTEE FOR THE MLMI TRUST SERIES 2005-FM1, Plaintiff AGAINST **ANITA FREGOSI**, JOSEPH FREGOSI AKA JOSEPH R. FREGOSI, ET AL., Defendant(s) Pursuant to a Judgment of Foreclosure and Sale duly entered November 19, 2021, I, the undersigned Referee will sell at public auction at the Supreme Court in Courtroom 209 of the Putnam Supreme Court, 20 County Center, Carmel, NY 10512 on April 3, 2023 at 10:30AM, premises known as 82 ANTON DRIVE, CARMEL, NY 10512. All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Town of Carmel, County of Putnam, and State of New York, Section 54.13, Block 1, Lot 10. Approximate amount of judgment $1,295,906.62 plus interest and costs. Premises will be sold subject to provisions of filed

PUBLIC NOTICE

Judgment Index #501637/2018. The aforementioned auction will be conducted in accordance with the PUTNAM County COVID-19 mitigation protocols and as such all persons must comply with social distancing, wearing masks and screening practices in effect at the time of this foreclosure sale. Kenneth L. Bunting, Esq., Referee Gross Polowy, LLC 1775 Wehrle Drive Williamsville, NY 14221 18-003703 75334

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PUBLIC NOTICE

NOTICE OF SALE

SUPREME COURT COUNTY OF PUTNAM

Nationstar Mortgage LLC d/b/a Mr. Cooper, Plaintiff

AGAINST

Sabrina Morrone; Sergio Recine; et al., Defendant(s)

Pursuant to a Judgment of Foreclosure and Sale duly entered November 30, 2016 I, the undersigned Referee will sell at public auction at the Courtroom 209 of the Putnam Supreme Court, 20 County Center, Carmel, NY 10512 on April 3, 2023 at 9:30AM, premises known as 5 Grove Street, Putnam Valley, NY 10579. All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Roaring Brook area, of the Town of Putnam Valley, County of Putnam, State of New York, Section 41.14 Block 1 Lot 5. Approximate amount of judgment $523,672.41 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index# 800067/2021 fka 0001678/2009. The auction will be conducted pursuant to the COVID-19 Policies Concerning Public Auctions of Foreclosed Property established by the Ninth Judicial District.

Anthony Maccarini, Esq., Referee

LOGS Legal Group LLP f/k/a Shapiro, DiCaro & Barak, LLC

Attorney(s) for the Plaintiff

175 Mile Crossing Boulevard Rochester, New York 14624

(877) 430-4792

Dated: January 11, 2023

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PUBLIC NOTICE

LLC

Notice of formation of **Michael's Property Maintenance**, LLC. Articles of Org filed with SSNY on 11/23/2022. Office Location:Putnam County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to:c/o Michael's Property Maintenance, LLC 1511 Route 22 Suite 113 Brewster, NY 10509. Purpose: any lawful purpose or activity.

P. 2/1, 2/28, 2/15, 2/22, 3/1, 3/8 - 16

PUBLIC NOTICE

Notice of Formation of The Self Specialist LLC. Arts. of Org. filed with SSNY on 1/29/2023.
Office location: Putnam County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to Mercedelli Graciano; 2602 Kings Way, Carmel, NY 10512. Purpose: any lawful act or activity.

P. 2/15, 2/22, 3/1, 3/8, 3/15, 3/22 - 14

Take Control of Your Blood Pressure

(Family Features) Effectively managing blood pressure can help reduce your chances of life-threatening medical events, even death. Gain confidence and learn how to take control of your blood pressure with the following tips and resources from the American Heart Association:

The Silent Killer – High blood pressure is often referred to as the "silent killer" because it typically has few, if any, noticeable symptoms but can lead to heart attack, stroke, heart failure and even death. Many people with high blood pressure don't even know they have it. Some overlooked symptoms can include dizziness, facial flushing and blood spots in the eyes.

Understand Your Readings – The only way to know if you have high blood pressure is to regularly take an accurate blood pressure measurement. Understanding your results is key to controlling high blood pressure. Blood pressure numbers of less than 120/80 mm Hg are usually considered within the normal range, yet it is important to talk to a doctor about your healthy range.

Even if you fall within a healthy range, it can be beneficial to stick with heart-healthy habits like following a balanced diet and getting regular exercise.

Know Your Risk – While many risk factors for high blood pressure may be related to your age, gender and family history, there are also risk factors you can change to help prevent and manage high blood pressure. People at added risk may be those who engage in lower levels of physical activity, eat a diet high in sodium (particularly from packaged, processed foods), may be overweight or obese, drink excessive amounts of alcohol and may have multiple chronic conditions.

Photo courtesy of Getty Images.

Talk About It – Whether you're making changes in your own life to combat high blood pressure or helping someone else, positive feelings and confidence are longer-term motivators to making health changes. If you're talking with friends, loved ones or your doctor, be prepared to ask open-ended questions. Be curious and kind to yourself and others you may be helping.

Lowering Your Pressure – You can reduce your risk of heart disease, stroke, heart failure and even death with lifestyle changes and medication.

Watching your weight, especially if you are overweight or obese, can bring health gains; losing as little as 5 to 10 pounds may help lower your blood pressure. Managing your stress by relaxing for short periods during your workday, at night and on weekends is another productive practice.

If you have diabetes, it's important to work with a doctor to manage the disease and reduce your blood glucose levels.

If you think you could have sleep apnea, getting screened for and treating the condition can also reduce your risk for developing high blood pressure.

When you have high blood pressure, medication may be an important part of your treatment. Follow the recommendations carefully, even if it means taking medication every day for the rest of your life.

When discussing high blood pressure concerns with your health care provider, be sure to talk to your doctor about over-the-counter pain relievers that may raise blood pressure. Talking with your doctor can help you identify over-the-counter pain medications that won't raise your blood pressure to ensure you're not creating a blood pressure problem while treating other concerns.

Learn more about monitoring and managing high blood pressure at heart.org/bptools.

Source: American Heart Association.

Advocates & Lawmakers Outraged Over Cuts to Veterans' Programs

Continued from Page 1

about brings the ability to fund some of our non-profit veterans' organizations, like our VFWs or American Legions, with capital improvements," said Putnam County Executive Kevin Byrne. "There are a number of examples in Putnam County where our local veterans' organizations could have benefitted from these types of programs and these dollars."

Megan Castellano, chief of staff at Guardian Revival – a nonprofit organization that supports active and veteran military service members, law enforcement, federal and intelligence agents, EMS, firefighters and other emergency service providers in Putnam County – encouraged the public to join the fight against these cuts.

"The people who are working for us are veterans, they are Guardians, and we want to make sure we are paying them a living wage because that's what they deserve," she said. "I have been speaking to a Guardian who I'm working with who was previously suicidal that told me he'd rather go on hikes than spend time at the bar, which is a wonderful thing I hope can continue."

"I've been working on veterans' issues since 1985 and, every year, we have to go to Albany and Washington and beg for funding when we shouldn't have to," added Karl Rhode, director of the Putnam County Veterans' Service Agency. "We went and served our country. Why are we begging to be taken care of and helped? Some of us have regular wounds, some of us have hidden wounds. We shouldn't have to beg for help, that has to change."

Just last month, a Putnam County veteran who served as an Army ranger and suffers from PTSD was unable to access adequate mental and physical health care, despite pleading with health care providers that he was suicidal. His struggle for help is a heartbreaking story and a reminder of the 22 veterans on average per day who take their own lives.

Speaking on the issue, Putnam County Sheriff Kevin McConville called this "a horrific situation that probably would've ended horribly had not everyone intervened."

"This veteran was denied services and treatment at a number of facilities," he said. "He was declared fine. However, he did not stop indicating that he was going to perform self-harm and harm to other individuals. Assemblyman Slater, thank you for leading this charge along with your colleagues in Albany. You (veterans) deserve better, you've earned better, you should receive better."

PLEASE NOTE: Our policy for printing classified ads has changed. The cost to place a classified ad is now $17.50 per ad, up to 25 words. We no longer print commission-based classified ads.

CLASSIFIED ADS

PRINT CLEARLY your AD on the form below and send it to: PUTNAM COUNTY PRESS, P.O. BOX 608, MAHOPAC, NEW YORK 10541 by the Wednesday before publication, or email your ad to advertising@putnampresstimes.com. We will run your ad for four (4) weeks. If after that time you wish to renew for another four weeks, resubmit your AD on the form. The price for classified advertising is $17.50 for 25 words. Please include a check with your submission.

PLEASE PRINT CLEARLY

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NAME_____

ADDRESS_____

CITY_____STATE_____ZIP_____

SIGNATURE_____PHONE_____

CLASSIFIEDS

GENERAL MERCHANDISE

SAMSUNG 32" FLAT SCREEN TV - 720p, 32" Class M4500 HD TV, Model # UN32M4500BF. $85. Call 845-225-7819.

FREE OFFICE EQUIPMENT. Used, fair condition. Desks, chairs, computers, monitors, printers, bookshelves. Call 845-628-8400 to set up a time for viewing/pickup. Mahopac location. 3/29

Five piece white **PEARL DRUM SET** with **ZILDJIAN SYMBOLS** and **STANDS.** $1500. CALL 845-225-7819. 3/29.

ONE FAST CAT EXERCISE WHEEL - used, assembled, dimensions: 48" H x 47" W, wheel diameter: 47", run surface: 10.75" W, weight: 25 lbs. $75 (sells for $249 new). Call 845-225-7819. 3/22

HELP WANTED

Brewster Central School District is hiring **PART TIME PERMANENT AND SUBSTITUTE FOOD SERVICE CAFETERIA WORKERS**.. Position to follow the school calendar. Must be available to work 3.5 hours between the hours of 9:30 a.m. and 2:30 p.m. Fingerprinting is required at your expense. Call 845-279-3702 x-2124, or email chancock@brewsterschools.org E.O.E. 3/1

P/T POSITION AVAILABLE - For female personal care aide - no experience necessary - to assist wheelchair bound male - Saturdays and Sundays 8:30am to 2pm - hours are flexible - call 914-772-3749. 3/8

WANTED - Private collector buying fishing, hunting items, rods, reels, lures, all types old or new, paintings of fishing, hunting, wildlife art, bows and arrows no compound bows. Call 845-878-3665 or 845-661-9059. 4/31

LEGAL NOTICE OF PUBLIC HEARING

Notice is hereby given that a public hearing will be held on Friday, March 3rd at 10 a.m. in the office of the Personnel Officer located at 110 Old Route 6 Building #3, in Carmel on the matters of amending the Putnam County Civil Service Rules and Appendices as follows:

Non-Competitive Class:Emergency Services Dispatcher (HELP Program)

Police Dispatcher (HELP Program)

Such proposed changes are available for inspection during business hours in the office of the Putnam County Personnel Officer located the address above. 2/8, 2/15, 2/22

Carmel First-Graders Erupt with Excitement Over Volcanos

Students in Ms. Clark's first-grade class at Matthew Paterson Elementary School recently built paper mâché volcanoes that actually erupted. Provided photos.

It was an eruption of laughter, cheers and fun from first-grade volcano scientists in Ms. Clark's class at Matthew Paterson Elementary School in Carmel/Kent.

The excitement was bubbling throughout a recent lesson on rocks and volcanoes, during which students created and painted a paper mâché volcano in the classroom. The end goal? To make it erupt!

Before the eruption proceedings began, the students reviewed their knowledge of different types of rocks – igneous, sedimentary and metamorphic.

Igneous rocks are formed "when a volcano erupts," said Layla E.

Sedimentary rocks are formed "when all of the minerals in the water squish together and turn into a rock," added Hunter B.

Metamorphic rocks are created through extremely elevated temperatures and pressure. However, there was no pressure on the students, as they all excelled in the lesson review.

When the time came for the eruptions to begin, the students gathered around the classroom table for prime viewing. To the students' delight, there was enough baking soda and vinegar for not one, not two, but three eruption attempts that day.

Each student got a turn to either hold the funnel or pour baking soda into the volcano, while the key ingredient – vinegar – was left for Ms. Clark to add.

After two fun eruptions, the last attempt of the day ended up being the most surprising of all. After several seconds of no activity, which left the students puzzled, the volcano erupted all over Ms. Clark's arm.

"The last one looked like the smoothest one," said Hunter B. "It looked like one of those water things that squirts very high – a geyser, I think it is called."

"I liked the third eruption because it went all down the volcano to the ground and made it like a bubble bath," said Tahj V.

"It was funny when Jacob said it's not doing anything, and then it actually did," said Emily P. "The last one was so surprising, and it almost touched my nose!"

As part of the lesson, the students are practicing their nonfiction writing skills by creating "how-to" guides for building a volcano. The guides are complete instructions with an ingredient list for anyone interested in also becoming a volcano scientist.